The Clinical & Counseling Psychology Summer Minor
About the minor:

- Minor allows students to explore the diverse career paths of clinical and counseling psychology.

- The curriculum focuses on basic psycho-biological and sociocultural mechanisms that underlie common mental health problems across the lifespan.

- Provides an overview of major theories and issues/debates in applied mental health professions across different practice settings.
Requirements

- ONLY in the summer
- Minimum 5 courses, at least 15 upper division units
- 2 Core + at least 3 electives.
- Core 1 Psychology: Psych 130M – Psychology Across the Lifespan (3 units)
- Core 2: Psych 170 – Clinical & Counseling Professions (3 units)
- Psych 1/W1: General Psychology (Recommended, not required)
- Electives 1, 2, 3 (listed below)

Elective Options:
- a. Psych 139 – Clinical Case Studies (3 units)
- b. Psych 138 – Global Mental Health (3 units)
- c. Psych 137 – Mind-Body Health (3 units)
- d. Psych 136 – Human Sexuality (3 units)
- e. Psych TBD – Psychological Research on Children of Immigrants (3 units)
Psych 130M
Psychopathology Across the Life Span

Class Number 15300
TU, TH 4:30 – 5:29 pm
3 Units

This is an introductory course to developmental and adult psychopathology.

Email: psychminor@berkeley.edu

Psych 170
Clinical and Counseling Professions: Practice & Research

Class Number 15301
M, W, F 10:00 – 12:29 pm
3 Units

This course aims to provide an overview of major issues, debates, and tensions in the applied mental health field.

Email: psychminor@berkeley.edu
Psych 138
Global Mental Health

Class Number 14380
M, W 1:30 – 5:29 pm
3 Units

Global mental health seeks to alleviate suffering caused by mental disorders globally.

Email: psychminor@berkeley.edu
ELECTIVES

Psych 136
Human Sexuality

Class Number 14054
T, TH 1:00 – 4:59 pm
3 Units

This course explores the biological, social, and clinical issues in sexuality.

Email: psychminor@berkeley.edu

Psych 139
Case Studies in Clinical Psychology

Class Number 14205
T, TH 9:00 – 12:59 PM
3 Units

This course is for students who are curious about clinical psychology and who seek to explore real world cases and examples of mental health diagnoses.

Email: psychminor@berkeley.edu
Psych 437
Mind–Body and Health

Class Number 14376
T, TH 6:00 – 6:59 pm
3 Units

Course explores psychosomatics or mind–body interactions in a dozen diseases/disorders from recurrent ailments and chronic diseases to "terminal" diseases; also included are specific disorders of appetite, sleep, and sexual functioning.

Email: psychminor@berkeley.edu
Sample Syllabi

- Psych 1 General Psychology
- Psych 2 Principles of Psychology
- Psych 101 Research and Data Analysis in Psychology
- Psych 102 Methods for Research in Psychological Sciences (Fall only)
- Psych 110 Introduction to Biological Psychology
- Psych 111 Human Neuroanatomy
- Psych C113 Biological Clocks
- Psych 114 Biology of Learning
- Psych 115 Introduction to Brain Imaging Analysis Methods
- Psych C116 Hormones and Behavior
- Psych 117 Human Neuropsychology
- Psych C120 Basic Issues in Cognition
- Psych 121 Animal Cognition
- Psych 124 The Evolution of Human Social Behavior
- Psych 125 The Developing Brain
- Psych C126 Perception
- Psych C127 Cognitive Neuroscience
- Psych 130 Clinical Psychology
- Psych 131 Developmental Psychopathology
- Psych 132 Psychopathology of Child
Schedule for Summer 2022

Overall Schedule

Week 1 (05/23/2022 - 05/30/2022)

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Session A

Session D

Session E
Schedule for Summer 2022

**Session A**

- **PSYCH 170** - 2.5 hr three times per week
- **PSYCH 138** - 4 hrs two times per week
- **PSYCH 130M** - 4 hrs two times per week

*for every 1 hr of class you have to do 3 hrs of coursework*
Schedule for Summer 2022

Session D & E

- PSYCH 139 - 4hr twice a week
- PSYCH 136 - 4 hr twice a week
- PSYCH 137 (E) - 15 hrs a week, 2 set times
Campus Map

- Etcheverry Hall
- Lewis Hall
- McConne Hall
- Social Sciences Building
Scholarships:

- Summer minor students are eligible for the Summer Sessions $1,500 scholarship
- ***only available to declared full-time UC Berkeley undergraduate students
- Complete all classes with a 2.0 GPA or higher in 2 consecutive summers or less
- Contact Berkeley summer sessions for financial aid for international students

https://summer.berkeley.edu/special-programs/summer-minors
• For matriculated students, you must declare before your expected graduation term (EGT)
  ◦ i.e. current seniors must apply a semester before graduating!

• For non-matriculated students, applications must be submitted before you begin the program (May)

When to apply
FAQs:

- Do these courses contribute to the psychology major as well?
  Yes, but no more than one can overlap between your major and minor

- Can you take classes to satisfy the minor during the academic year instead of the summer?
  Technically no, all minor courses are only offered in the summer (130M is the exception)

- Can these elective classes or core classes be cross-listed with other classes that we have taken within the Psychology major?
  No, only the electives offered can be taken for the minor

- Will we have to be on campus for this minor? Or can we be online?
  Yes, most courses are offered in person

- Can this substitute for a masters?
  No, but it may help with grad prep

- Will slides + resources be made available after the presentation?
  The slides will be posted on our website shortly. You can also email us at psychminor@berkeley.edu for any further information or guidance.
A note on program rigor...

- This is entirely dependent on your own personal capabilities, time management skills, and other time commitments.
- What are your priorities?
- It is possible to complete it the minor in the summer. But be aware that if you plan to do so it will take a majority of your summer. Remember, you are taking 5 classes and completing them in 6 weeks, classes that usually take 15 weeks to finish in a normal semester.
- Communicate with your professors and advisors if you have any concerns about completing the minor in time.
Drop in hours: Thursdays 1-4 PM w/ Jennifer
Zoom ID: 930 6413 8093
Make an Appointment via CalCentral

email psychminor@berkeley.edu for alternative times
Questions?