

# The Clinical & Counseling Psychology Summer Minor

# About the minor:

- Minor allows students to explore the diverse career paths of clinical and counseling psychology.
- The curriculum focuses on basic psycho-biological and sociocultural mechanisms that underlie common mental health problems across the lifespan.
- Provides an overview of major theories and issues/debates in applied mental health professions across different practice settings

The screenshot shows the Berkeley Psychology website. At the top, a navigation bar includes links for 'Celebrating 100 Years', 'Make a Gift', 'Newsletters', 'About', 'Participate', 'Events', and 'Videos'. Below this is a dark blue header with the 'Berkeley Psychology' logo and a secondary navigation bar with links for 'RESEARCH', 'PEOPLE', 'GRADUATE', 'UNDERGRADUATE', 'CLINIC', 'RESOURCES', 'POSTBAC', 'DIVERSITY', and 'GIVE'. The main content area has a yellow header for 'Minor Requirements'. The text describes the Clinical & Counseling Psychology summer minor, focusing on psycho-biological and sociocultural mechanisms. To the right of the text is an image of two people talking, with a 'MENTAL HEALTH' sign and a brain diagram. Below the text is a dark blue sidebar with links for 'Requirements', 'Advising', 'Information Sessions', and 'Financial Resources'. On the far right, a blue sidebar titled 'Undergraduate' lists various resources, with 'Minor Requirements' highlighted. At the bottom right, contact information for Undergraduate Student Services is provided, including the address, phone number (510-643-8114), and email (psychsso@berkeley.edu).

Celebrating 100 Years Make a Gift Newsletters About Participate Events Videos

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RESEARCH PEOPLE GRADUATE UNDERGRADUATE CLINIC RESOURCES POSTBAC DIVERSITY GIVE

## Minor Requirements

The Clinical & Counseling Psychology summer minor allows students to explore the diverse career paths of clinical and counseling psychology. The curriculum focuses on basic psycho-biological and sociocultural mechanisms (e.g., neurobiology, social relationships, culture/race/ethnicity) that underlie common mental health problems across the life span. It also provides an overview of major theories and issues/debates in applied mental health professions across different practice settings (e.g., schools, independent practice, hospitals, and industry).

Requirements  
Advising  
Information Sessions  
Financial Resources

### Undergraduate

- Academic Overview
- Academic Advising
- Major Requirements
- Minor Requirements**
- Enrollment & Course Information
- Research & Discovery
- Weekly Opportunities
- Career Paths
- Resources

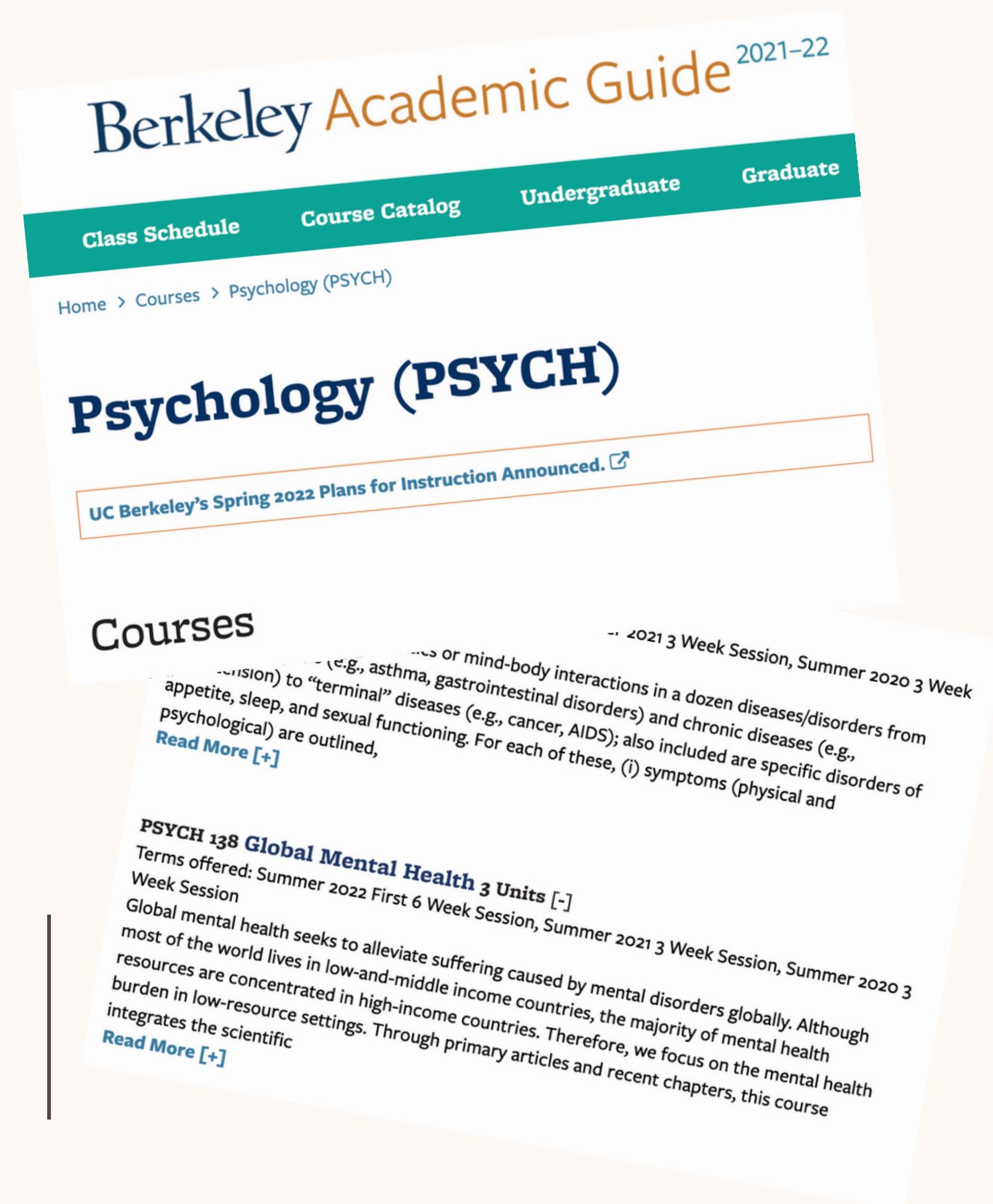
### Undergraduate Student Services

Room 2210, 2121 Berkeley Way  
University of California, Berkeley  
Berkeley, CA 94720-1650

**PHONE**  
510-643-8114

**EMAIL**  
psychsso@berkeley.edu





# Requirements

- ONLY in the summer
- Minimum 5 courses, at least 15 upper division units
- 2 Core + at least 3 electives.
- Core 1 Psychology: Psych 130M – Psychology Across the Lifespan (3 units)
- Core 2: Psych 170 – Clinical & Counseling Professions (3 units)
- Psych 1/W1: General Psychology (Recommended, not required)
- Electives 1, 2, 3 (listed below)

## Elective Options:

- a. Psych 139 – Clinical Case Studies (3 units)
- b. Psych 138 – Global Mental Health (3 units)
- c. Psych 137 – Mind-Body Health (3 units)
- d. Psych 136 – Human Sexuality (3 units)
- e. Psych TBD – Psychological Research on Children of Immigrants (3 units)

# CORE CLASSES



## **Psych 130M** **Psychopathology Across the** **Life Span**

Class Number 15300  
TU, TH 1:30 – 5:29 pm  
3 Units

This is an introductory course to developmental and adult psychopathology.

Email: [psychminor@berkeley.edu](mailto:psychminor@berkeley.edu)

*Session A*



## **Psych 170** **Clinical and Counseling Professions:** **Practice & Research**

Class Number 15301  
M, W, F 10:00 – 12:29 pm  
3 Units

This course aims to provide an overview of major issues, debates, and tensions in the applied mental health field.

Email: [psychminor@berkeley.edu](mailto:psychminor@berkeley.edu)

*Session A*



# ELECTIVES



**Psych 138**  
**Global Mental Health**

Class Number 14380  
M, W 1:30 – 5:29 pm  
3 Units

Global mental health seeks to alleviate suffering caused by mental disorders globally.

Email: [psychminor@berkeley.edu](mailto:psychminor@berkeley.edu)

*Session A*

# ELECTIVES

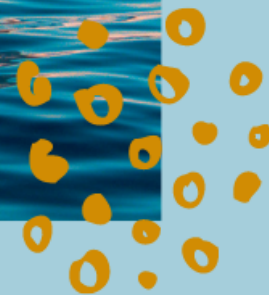


## **Psych 136** **Human Sexuality**

Class Number 14054  
T, TH 1:00 – 4:59 pm  
3 Units

This course explores the biological, social, and clinical issues in sexuality.

Email: [psychminor@berkeley.edu](mailto:psychminor@berkeley.edu)



*Session D*



## **Psych 139** **Case Studies in Clinical Psychology**

Class Number 14205  
T, TH 9:00 – 12:59 PM  
3 Units

This course is for students who are curious about clinical psychology and who seek to explore real world cases and examples of mental health diagnoses.

Email: [psychminor@berkeley.edu](mailto:psychminor@berkeley.edu)

*Session D*



# ELECTIVES

(online)

## **Psych 137** **Mind–Body and Health**

Class Number 14376

T, TH 6:00 – 6:59 pm

3 Units

Course explores psychosomatics or mind–body interactions in a dozen diseases/disorders from recurrent ailments and chronic diseases to “terminal” diseases; also included are specific disorders of appetite, sleep, and sexual functioning.

Email: [psychminor@berkeley.edu](mailto:psychminor@berkeley.edu)

*Session E*



# COURSE SYLLABI



The screenshot shows the Berkeley Psychology website. At the top is the Berkeley Psychology logo with the University of California text. Below the logo is a dark blue navigation bar with a menu icon on the left and a search icon on the right. A yellow banner below the navigation bar contains the text "Sample Syllabi". Below the banner is a list of psychology courses.

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## Sample Syllabi

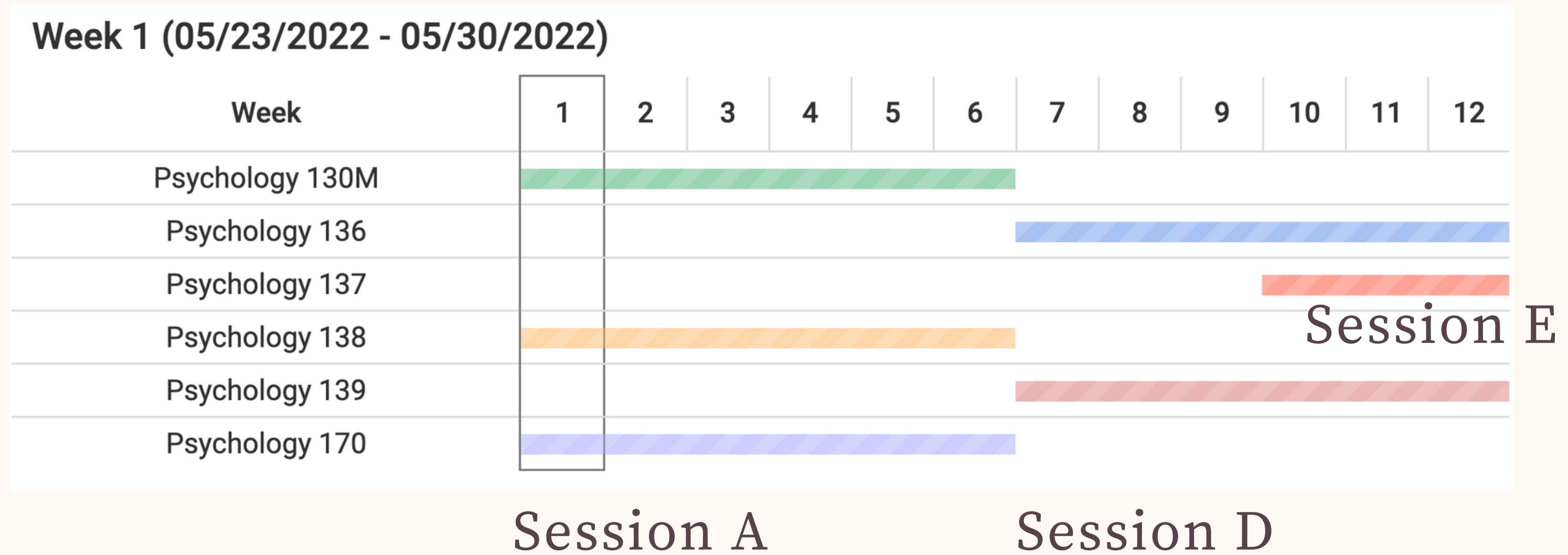
- Psych 1 General Psychology
- Psych 2 Principles of Psychology
- Psych 101 Research and Data Analysis in Psychology
- Psych 102 Methods for Research in Psychological Sciences (Fall only)
- Psych 110 Introduction to Biological Psychology
- Psych 111 Human Neuroanatomy
- Psych C113 Biological Clocks
- Psych 114 Biology of Learning
- Psych 115 Introduction to Brain Imaging Analysis Methods
- Psych C116 Hormones and Behavior
- Psych 117 Human Neuropsychology
- Psych C120 Basic Issues in Cognition
- Psych 121 Animal Cognition
- Psych 124 The Evolution of Human Social Behavior
- Psych 125 The Developing Brain
- Psych C126 Perception
- Psych C127 Cognitive Neuroscience
- Psych 130 Clinical Psychology
- Psych 131 Developmental Psychopathology
- Psych 132 Development of Sleep

<https://psychology.berkeley.edu/students/undergraduate-program/sample-syllabi>

















# Schedule for Summer 2022

## Overall Schedule



# Schedule for Summer 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
8am					
8:15					
8:30					
8:45					
9am					
9:15					
9:30					
9:45					
10am	 <b>Psychology-170</b>  Social Sciences Building 126		 <b>Psychology-170</b>  Social Sciences Building 126		 <b>Psychology-170</b>  Social Sciences Building 126
10:15					
10:30					
10:45					
11am					
11:15					
11:30					
11:45					
12pm					
12:15					
12:30					
12:45					
1pm					
1:15					
1:30	 <b>Psychology-138</b>  Etcheverry 3106	 <b>Psychology-130M</b>  Social Sciences Building 166	 <b>Psychology-138</b>  Etcheverry 3106	 <b>Psychology-130M</b>  Social Sciences Building 166	
1:45					
2pm					
2:15					
2:30					
2:45					
3pm					
3:15					
3:30					
3:45					
4pm					
4:15					
4:30					
4:45					
5pm					
5:15					
5:30					
5:45					

## Session A

- PSYCH 170 - 2.5 hr three times per week
- PSYCH 138 - 4 hrs two times per week
- PSYCH 130M - 4 hrs two times per week

\*for every 1 hr of class you have to do 3 hrs of coursework



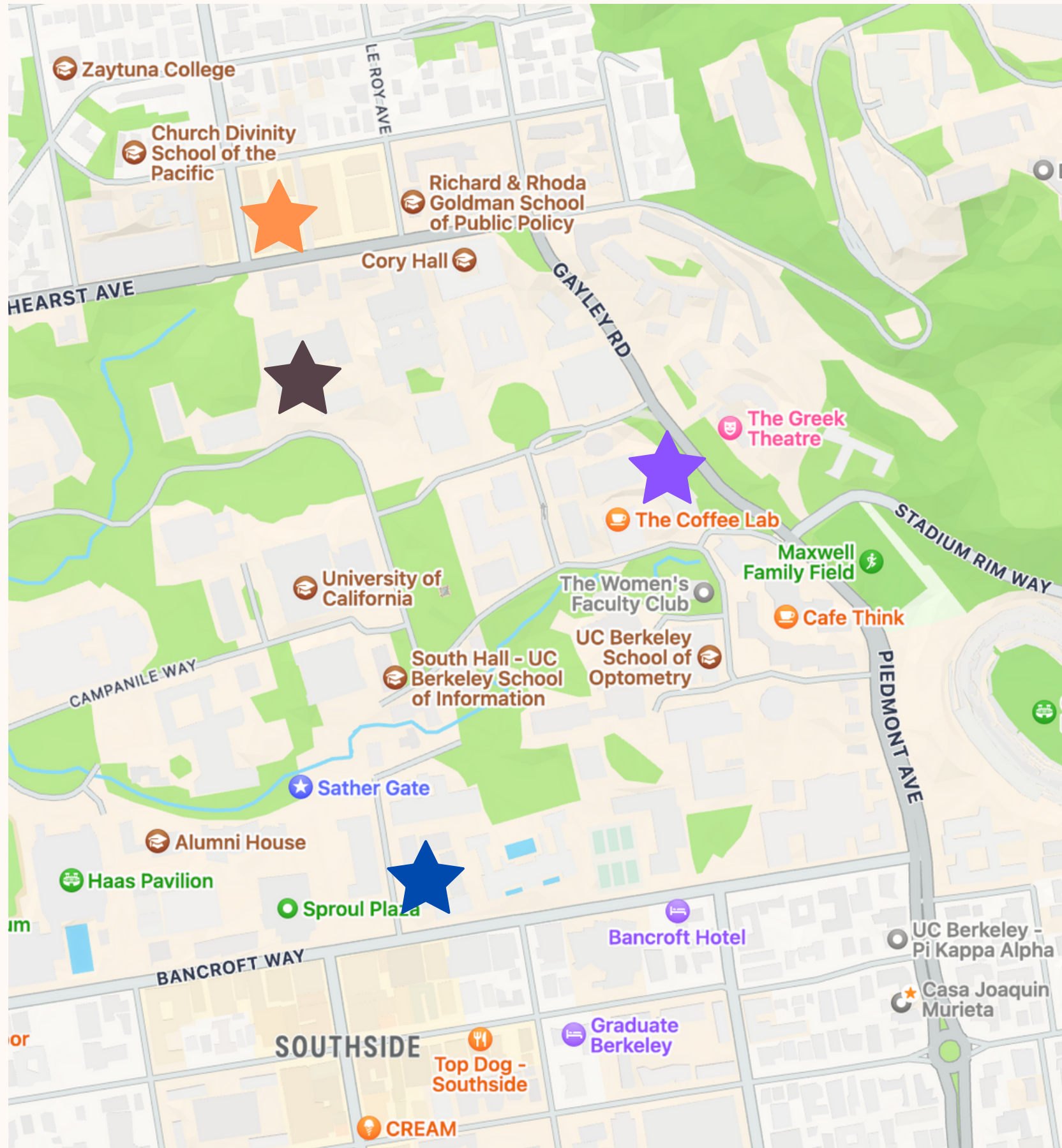
# Schedule for Summer 2022

## Session D & E

- PSYCH 139 - 4hr twice a week
- PSYCH 136 - 4 hr twice a week
- PSYCH 137 (E) - 15 hrs a week, 2 set times

	Monday	Tuesday	Wednesday	Thursday	Friday
8am					
8:15					
8:30					
8:45					
9am		Psychology-139 McCone 141		Psychology-139 McCone 141	
9:15					
9:30					
9:45					
10am					
10:15					
10:30					
10:45					
11am					
11:15					
11:30					
11:45					
12pm					
12:15					
12:30					
12:45					
1pm		Psychology-136 Lewis 9		Psychology-136 Lewis 9	
1:15					
1:30					
1:45					
2pm					
2:15					
2:30					
2:45					
3pm					
3:15					
3:30					
3:45					
4pm	PSYCH 137 (E)	PSYCH 137 (E)	PSYCH 137 (E)	PSYCH 137 (E)	PSYCH 137 (E)
4:15					
4:30					
4:45					
5pm					
5:15					
5:30					
5:45					
6pm		Psychology-137 Internet/Online		Psychology-137 Internet/Online	
6:15					
6:30					
6:45					
7pm					

# Campus Map



- ★ Etcheverry Hall
- ★ Lewis Hall
- ★ McCone Hall
- ★ Social Sciences Building



# Scholarships:

- Summer minor students are eligible for the Summer Sessions \$1,500 scholarship
- \*\*\*only available to declared full-time UC Berkeley undergraduate students
- Complete all classes with a 2.0 GPA or higher in 2 consecutive summers or less
- Contact Berkeley summer sessions for financial aid for international students

<https://summer.berkeley.edu/special-programs/summer-minors>

[Home](#) » [Summer Special Programs](#) » Summer Minors @ Berkeley



A summer minor can enrich your area of study and give you the freedom to develop the skills in a subject you love. Upon graduation, you will demonstrate a breadth of knowledge that can help you stand out from the crowd. And if you're considering graduate school, a minor can bolster your application.

💰 UC Berkeley students can earn a summer minor in the subjects below. **\$1,500 scholarships are available to matriculated UC Berkeley students.** [Learn More.](#)

**Visiting domestic and international students** can earn a **certificate** in the subjects below. Visit the minor/certificate pages below to learn more about eligibility requirements and the courses available.



- For matriculated students, you must declare before your expected graduation term (EGT)
  - i.e. current seniors must apply a semester before graduating!
- For non-matriculated students, applications must be submitted before you begin the program (May)

## When to apply





# FAQs:

- Do these courses contribute to the psychology major as well?

Yes, but no more than one can overlap between your major and minor

- Can you take classes to satisfy the minor during the academic year instead of the summer?

Technically no, all minor courses are only offered in the summer (130M is the exception)

- Can these elective classes or core classes be cross-listed with other classes that we have taken within the Psychology major?

No, only the electives offered can be taken for the minor

- Will we have to be on campus for this minor? Or can we be online?

Yes, most courses are offered in person

- Can this substitute for a masters?

No, but it may help with grad prep

- Will slides + resources be made available after the presentation?

The slides will be posted on our website shortly. You can also email us at [psychminor@berkeley.edu](mailto:psychminor@berkeley.edu) for any further information or guidance.



# A note on program rigor...

- This is entirely dependent on your own personal capabilities, time management skills, and other time commitments.
- What are your priorities?
- It is possible to complete it the minor in the summer. But be aware that if you plan to do so it will take a the majority of your summer. Remember, you are taking 5 class and completing them in 6 weeks, classes that usually take 15 weeks to finish in a normal semester.
- Communicate with your professors and advisors if you have any concerns about completing the minor in time.



## ADVISING

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- Drop in hours: Thursdays  
1-4 PM w/ Jennifer
- Zoom ID: 930 6413 8093
- Make an Appointment via  
CalCentral
- email  
psychminor@berkeley.edu  
for alternative times

Questions?