Title: Self Development and the Politics of Leadership, 1-2 Units

Schedule: Tuesdays 3:00pm – 4:00pm

Facilitator: Tania Mora

Course Description:

This class will provide a number of tools for becoming a better community leader and successfully advocate for underrepresented groups by learning the psychological aspects of power, recognizing one's own biases, and utilizing self-reflection to understand the politics of trauma and the power of nonviolent social change.