

# HUMAN EMOTION

**Instructor:**

TBD

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**Text:** Understanding Emotions, 3<sup>rd</sup> Edition. Dacher Keltner, Keith Oatley, & Jennifer Jenkins. Wiley Press and articles posted on B-Space

**Goals and procedures.** The goal of this course is to introduce you to the major theories, issues, and methods in the scientific study of emotion.

**Content areas of course.** The course will set the stage for specific scientific literatures by considering evolutionist and cultural approaches to emotion. The next part of the course will be devoted to the study of different emotion systems – communication, brain function, peripheral physiology, language and representation – and the theoretical debates at play in the study of those systems. We then will consider the social dimensions to emotions, and how they form our relationships, and develop over time. Following this, we will look at individual differences in emotion and how they shape personality and psychopathology. You will be required to do an annotated bibliography, summarizing in brief form 10 to 15 articles related to an area of interest of yours.

## SCHEDULE FOR CLASS READINGS

- September 2: Introduction to Human Emotion
- September 9: Historical Overview, Approaches: **Chapter 1**
- September 16: Evolution and Culture: **Chapter 2, 3**
- September 23: Expression: **Chapter 4**
- September 30: Embodied Physiology **Chapter 5**
- October 7: Away
- October 14: Affective Neuroscience: **Chapter 6**
- October 21: Appraisal, Representation: **Chapter 7**
- October 28: Development, Social Relationships: **Chapter 8, Chapter 9**
- November 4: Emotion and Cognition: **Chapter 10**
- November 11: Holiday
- November 18: Individual Differences, Emotion Regulation: **Chapter 11**
- November 25: Emotions and Mental Health: **Chapter 12, 13**
- December 2: Consciousness, Narrative, Therapy: **Chapter 14**