EMERGING ADULTHOOD

PSYCH 144 (3 units)

Course Description
This course will explore the unique biological, cognitive, social, personality and identity development of individuals aged 18 to 29. As this is an experiential course, students are expected to apply their learning through active engagement in the course material.

Goals
By the end of the term, students will:

- Develop knowledge of past and present theories of human development as they relate to individuals aged 18-29
- Be able to identify key characteristics of the Emerging Adulthood stage of human development
- Apply course material through introspection, self-exploration, and intentional goal setting

Evaluation
Final grades will be based on your performance on the three exams, two short papers, attendance/participation in discussion activities and a course final. The following grading system will be used:

- A: 940 pts. and above
- A-: 891 - 939 pts.
- B+: 860 - 890 pts.
- B: 830 - 859 pts.
- B-: 800 - 829 pts.
- C+: 760 - 799 pts.
- C: 730 - 759 pts.
- C-: 700 - 729 pts.
- D: 630 - 699 pts.
- F: below 630 pts.

You can take this course for a Pass/Fail grade. To receive a "Pass" you must complete the course with a C or better. Instructors are forbidden from changing grades unless there has been an error. Please do not ask me to do what cannot be done.
Required Texts


The required reading for this course includes the texts listed above as well as occasional supplemental materials reflecting current research of related topics. Supplemental readings will be posted on bCourses.

Milestones

August 24 Instruction Begins September 14
Paper Option 1 Due September 21 Exam 1
October 17 Paper Option 2 Due
October 19 Exam 2
November 14 Paper Option 3 Due
November 16 Exam 3
November 24-25 Thanksgiving Break
November 30 Paper Option 4 Due
December 5-9 Reading, Review and Recitation
December 12 Course Final 8-11 am
Students may earn up to 1000 points during the course of the semester. The point distribution per assignment is as follows:

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points</th>
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<tbody>
<tr>
<td>Exam 1</td>
<td>100</td>
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<tr>
<td>Exam 2</td>
<td>150</td>
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<tr>
<td>Exam 3</td>
<td>200</td>
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<tr>
<td>Paper 1</td>
<td>75</td>
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<td>Paper 2</td>
<td>75</td>
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<tr>
<td>Participation</td>
<td>200</td>
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<tr>
<td>RPP</td>
<td>50</td>
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<tr>
<td>Final Paper</td>
<td>150</td>
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Total: 1000 pts.

**Exams:** Exams will be held during the course lecture period and will include both multiple choice and short answer items. Students will be required to bring one 882e scantron per exam, and short answer responses will be written on paper provided by the instructor.

**Papers:** Paper prompts will be posted to bCourses at least two weeks prior to their due dates.

**Participation:** Lecture and discussion section attendance is mandatory and roll will be taken at random for credit.

**RPP:** Please see Research Participation Pool (RPP) requirements below.

**Final Paper:** The final course paper will be submitted in person during the scheduled final exam period.

**Academic Integrity**

All individual work is expected to be your own, and plagiarism is plainly unacceptable. Please see me if you have questions about this issue. “Consulting” other students during the midterms will result in an automatic ‘F.’ Review the University’s academic integrity policy at [https://teaching.berkeley.edu/academic-integrity](https://teaching.berkeley.edu/academic-integrity) for more information.

**Research Participation Pool (RPP)**

In addition to course requirements used for evaluation, you are required to participate in psychology research projects for a total of three hours. Participation requires students to complete a prescreening survey and create an Experimetrix account during the first two weeks of the term ([https://experimetrix2.com/Berkeley/](https://experimetrix2.com/Berkeley/)).

**Tentative Schedule**

Week 1: Introductions and Announcements
Week 2: Course and Developmental Psych Overview
Week 3: Holiday and the New Stage
Week 4: The EA Experience and New Liabilities
Week 5: Administrative Holiday; Exam 1
Week 6: The Brain
Week 7: The Brain and the Body
Week 8: Parent-Child Relationships; Love and Sex
Week 9: Partnership and Marriage; Exam 2
Week 10: College and Moratorium; Guest Lecture
Week 11: Career and Identity
Week 12: Career and Identity II
Week 13: The role of Media; Exam 3
Week 14: Religion and Beliefs
Week 15: Social Class; Wrong Turns and Resilience
Week 16: RRR Week, no lecture. Review sessions will be held during discussion sections.

Course Final: Wednesday May 11 7-10 pm

**Statement of Accommodation**

If you qualify for classroom accommodations because of a disability, please get an Accommodation Authorization from the Disabled Students Program (DSP) office and submit it to me in person outside of class (e.g., office hours) within the first two weeks of the semester. Contact DSP at 510-642-6376, or dsp@berkeley.edu for more information on the requirements and/or processes.

**Please note if you are under the age of 18, we can not ask you to participate in the research studies without the written**
permission of a parent or guardian. In this case, please talk to the professor who will assign a paper alternative.**
<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
<th>Readings</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Course Overview</td>
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<tr>
<td>2</td>
<td>Theories of Development</td>
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<td><strong>EA as a new stage</strong></td>
<td>Annett, J.J. (2015), 1 - 29</td>
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<td><strong>The EA Experience</strong></td>
<td>Annett, J.J. (2015), 30 - 48</td>
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<td>Please check bCourses for additional readings</td>
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<td>5</td>
<td>Administrative Holiday Exam 1</td>
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<td>6</td>
<td>Parent / Child Relationships</td>
<td>Annett, J.J. (2015), 49 - 82</td>
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<td>Love and Sex I</td>
<td>Annett, J.J. (2015), 83 - 113</td>
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<td>Snyder, A.R. (2006)</td>
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<td>Jay M. (2012), Chapter 2.1 and 2.2</td>
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<td>Jay, M. (2012), Chapter 2.3, 2.4 and 2.5</td>
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<td>8</td>
<td>Partnership and Marriage</td>
<td>Annett, J.J. (2015), 114 - 141</td>
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<td><strong>Exam 2</strong></td>
<td>Annett, J.J. (2015), 142 - 168</td>
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<td>College and Moratorium</td>
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<td>Career and Identity I</td>
<td>Annett, J.J. (2015), 169 - 193</td>
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<td>Career and Identity II</td>
<td>Jay, M. (2012), Chapter 1.1 through 1.5</td>
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<td>13</td>
<td>The Role of Media Exam 3</td>
<td>Annett, J.J. (2015), 194 - 210</td>
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<td>Religion and Beliefs</td>
<td>Annett, J.J. (2015), 211 - 243</td>
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<td>15</td>
<td>Social Class</td>
<td>Annett, J.J. (2015), 244 - 265</td>
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<td>Wrong turns and Resilience</td>
<td>Annett, J.J. (2015), 266 - 310</td>
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<td>Please check bCourses for additional readings</td>
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<tr>
<td>16</td>
<td>RRR Week</td>
<td>No Readings</td>
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