
UNIVERSITY OF CALIFORNIA
BERKELEY

Term TBD
Times TBD
LOCATION: TBD

Instructor: TBD
email: TBA
** Please write Psych 144 in the subject
line phone: TBA
Office: TBD
Office Hours: TBD

EMERGING ADULTHOOD

PSYCH 144 (3 units)

Course Description

This course will explore the unique biological, cognitive, social, personality and identity development of individuals aged 18 to 29. As this is an experiential course, students are expected to apply their learning through active engagement in the course material.

Goals

By the end of the term, students will:

- Develop knowledge of past and present theories of human development as they relate to individuals aged 18-29
- Be able to identify key characteristics of the Emerging Adulthood stage of human development
- Apply course material through introspection, self-exploration, and intentional goal setting

Evaluation

Final grades will be based on your performance on the three exams, two short papers, attendance / participation in discussion activities and a course final. The following grading system will be used:

A	940 pts. and above
A -	891 - 939 pts.
B+	860 - 890 pts.
B	830 - 859 pts.
B-	800 - 829 pts.
C+	760 - 799 pts.
C	730 - 759 pts.
C-	700 - 729 pts.
D	630 - 699 pts.
F	below 630 pts.

You can take this course for a Pass/Fail grade. To receive a "Pass" you must complete the course with a C or better. Instructors are forbidden from changing grades unless there has been an error. Please do not ask me to do what cannot be done.

Required Texts

- Arnett, J.J. (2015). *Emerging Adulthood: The winding road from late teens through the twenties..* (2nd Ed.). New York: Oxford University Press.
- Jay, M. (2012). *The defining decade: Why your twenties matter and how to make the most of them now.* New York: The Machete Group.

The required reading for this course includes the texts listed above as well as occasional supplemental materials reflecting current research of related topics. Supplemental readings will be posted on bCourses.

Milestones

TBD	Instruction Begins
TBD	Paper Option 1 Due
TBD	Exam 1
TBD	Paper Option 2 Due
TBD	Exam 2
TBD	Paper Option 3 Due
TBD	Exam 3
TBD	Thanksgiving Break
TBD	Paper Option 4 Due
TBD	Reading, Review and Recitation
TBD	Course Final 8-11 am

Students may earn up to 1000 points during the course of the semester. The point distribution per assignment is as follows:

Exam 1	100 pts
Exam 2	150 pts
Exam 3	200 pts
Paper 1	75 pts
Paper 2	75 pts
Participation	200 pts
RPP	50 pts
Final Paper	150 pts

Total: 1000 pts.

Exams: Exams will be held during the course lecture period and will include both multiple choice and short answer items. Students will be required to bring one 882e scantron per exam, and short answer responses will be written on paper provided by the instructor.

Papers: Paper prompts will be posted to bCourses at least two weeks prior to their due dates.

Participation: Lecture and discussion section attendance is mandatory and roll will be taken at random for credit.

RPP: Please see Research Participation Pool (RPP) requirements below.

Final Paper: The final course paper will be submitted in person during the scheduled final exam period.

Academic Integrity

All individual work is expected to be your own, and plagiarism is plainly unacceptable. Please see me if you have questions about this issue. "Consulting" other students during the midterms will result in an automatic 'F.' Review the University's academic integrity policy at <https://teaching.berkeley.edu/academic-integrity> for more information.

Research Participation Pool (RPP)

In addition to course requirements used for evaluation, you are required to participate in psychology research projects for a total of three hours. Participation requires students to complete a prescreening survey and create an Experimentrix account during the first two weeks of the term (<https://experimentrix2.com/Berkeley/>).

Please note if you are under the age of 18, we can not ask you to participate in the research studies without the written permission of a parent or guardian. In this case, please talk to the professor who will assign a paper alternative.

Tentative Schedule

Week 1: Introductions and Announcements

Week 2: Course and Developmental Psych Overview

Week 3: Holiday and the New Stage

Week 4: The EA Experience and New Liabilities

Week 5: Administrative Holiday; Exam 1

Week 6: The Brain

Week 7: The Brain and the Body

Week 8: Parent-Child Relationships; Love and Sex

Week 9: Partnership and Marriage; Exam 2

Week 10: College and Moratorium; Guest Lecture

Week 11: Career and Identity I

Week 12: Career and Identity II

Week 13: The role of Media; Exam 3

Week 14: Religion and Beliefs

Week 15: Social Class; Wrong Turns and Resilience

Week 16: RRR Week, no lecture. Review sessions will be held during discussion sections.

Course Final: TBD

Statement of Accommodation

If you qualify for classroom accommodations because of a disability, please get an Accommodation Authorization from the Disabled Students Program (DSP) office and submit it to me in person outside of class (e.g., office hours) within the first two weeks of the semester. Contact DSP at 510-642-6376, or dsp@berkeley.edu for more information on the requirements and/or processes.

Course Readings

Week	Topic	Readings
1	Course Overview	No Readings
2	Theories of Development	No Readings
3	EA as a new stage	Annett, J.J. (2015), 1 - 29 Jay, M. (2012) Preface and Introduction Please check bCourses for additional readings
4	The EA Experience The Brain and the Body	Annett, J.J. (2015), 30 - 48 Jay, M. (2012) Chapter 3: The Brain and the Body Please check bCourses for additional readings
5	Administrative Holiday Exam 1	No Readings
6	Parent / Child Relationships Love and Sex I	Annett, J.J. (2015), 49 - 82 Annett, J.J. (2015), 83 - 113 Snyder, A.R. (2006)
7	Love and Sex II	Fisher, H. (2006) Jay M. (2012), Chapter 2.1 and 2.2 Jay, M. (2012), Chapter 2.3, 2.4 and 2.5 Please check bCourses for additional readings
8	Partnership and Marriage	Annett, J.J. (2015), 114 - 141 Joyner, K. & Campa, M. (2006) Please check bCourses for additional readings
9	Exam 2 College and Moratorium	Annett, J.J. (2015), 142 - 168 Please check bCourses for additional readings
11	Career and Identity I	Annett, J.J. (2015), 169 - 193 Please check bCourses for additional readings
12	Career and Identity II	Jay, M. (2012), Chapter 1.1 through 1.5 Please check bCourses for additional readings
13	The Role of Media Exam 3	Annett, J.J. (2015), 194 - 210 Please check bCourses for additional readings
14	Religion and Beliefs	Annett, J.J. (2015), 211 - 243 Please check bCourses for additional readings
15	Social Class Wrong turns and Resilience	Annett, J.J. (2015), 244 - 265 Annett, J.J. (2015), 266 - 310 Please check bCourses for additional readings
16	RRR Week	No Readings