



UC BERKELEY PSYCHOLOGY



Information Session for the Undergraduate Major

Advising at UC Berkeley

Psychology Major	<ul style="list-style-type: none">• 2121 Berkeley Way West (Room 2210)
College of Letters & Science	<ul style="list-style-type: none">• 206 Evans Hall• 146 Dwinelle Hall
Cal Student Central	<ul style="list-style-type: none">• 120 Sproul Hall• Registration, Financial Aid etc.
Other Advising Resources	<ul style="list-style-type: none">• Career Center – 2440 Bancroft Way• Career Counseling Library – 2220 Bancroft Way• EOP Advising – 119 Cesar E. Chavez Student Center

Psychology Student Services Office



Psych Major Advisors & Peer Advisors are here to help!

Contact Information

Psychology Student Services Office

psychsso@berkeley.edu

Email

(510) 643 – 8114

Phone

psychology.berkeley.edu

Website

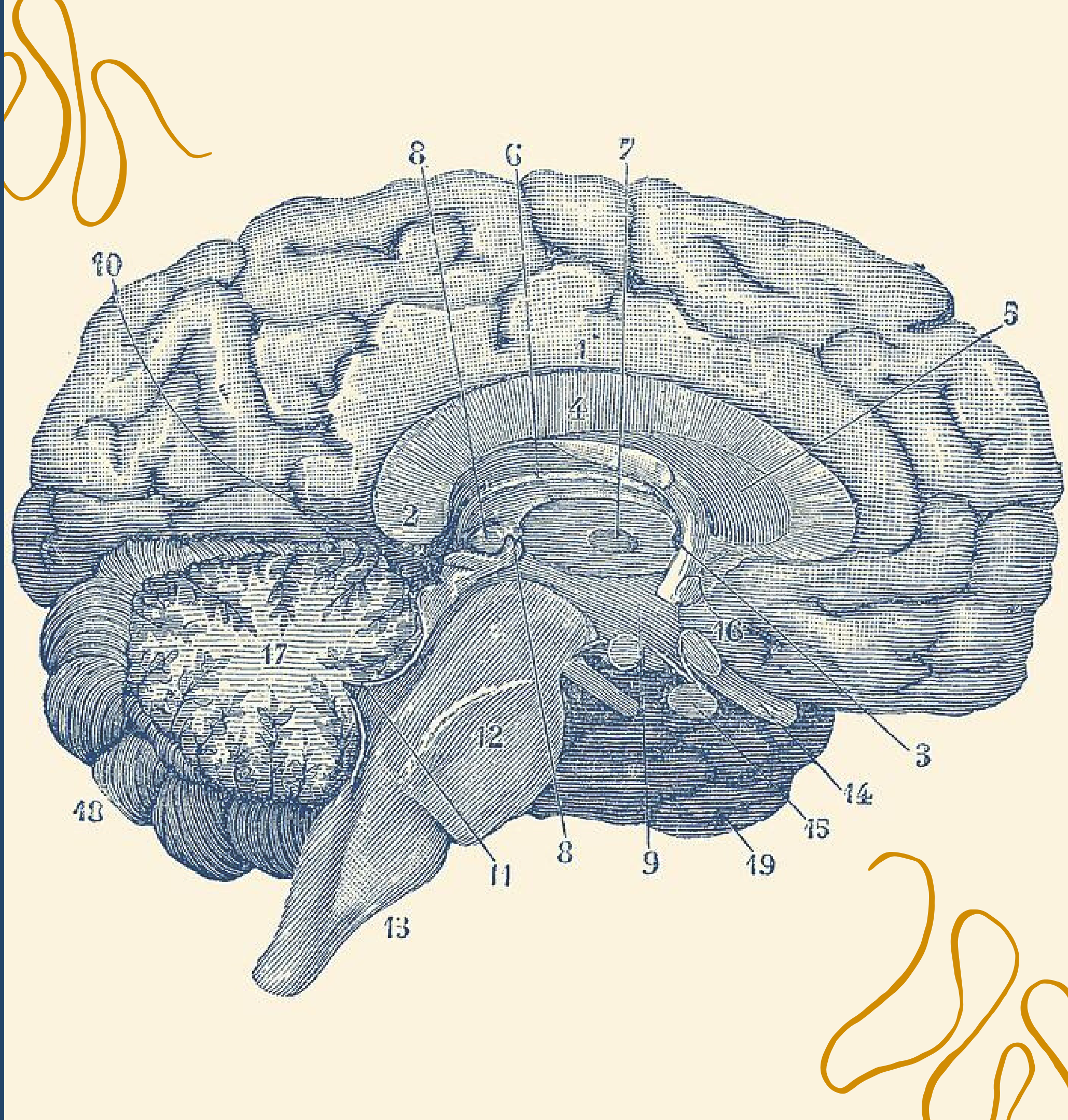
Additional Questions: Make an appointment online!



ADMISSION TO THE MAJOR

Psychology as a Major

- Capped major
- Guaranteed admissions criteria



Guaranteed Admissions

1

**Complete 8
prerequisite courses**

3

GPA Requirement

2

Window of Eligibility


4

**Submit application
by deadline**

All applications will be considered even if they fall outside of the guaranteed admissions window



Completion of the 8 Prerequisites

- Combination of UC Berkeley courses, AP exams, and/or transferable coursework
 - All coursework must be taken for a letter grade
 - Consult with a major advisor for courses taken from another 4-year institution or outside of California
 - Use [assist.org](https://www.assist.org) website to check for articulation agreement with California Community colleges
- 

Window of Eligibility

STUDENTS ADMITTED AS A FRESHMAN

- Your eligibility to apply begins on your 3rd semester
- Your window for guaranteed admission ends on either:
 - Your 5th semester, regardless of how many units you have accumulated;
 - OR
 - During the semester in which you earn 80 units IN PROGRESS
 - Your units for that semester are factored in the calculation
 - High school enrichment units and AP credits are not used for calculation

JUNIOR TRANSFER STUDENTS

- Your eligibility for guaranteed admission begins and ends during your first semester at UC Berkeley

3.0 GPA in the Prerequisites

- ONLY prerequisite courses count for the GPA calculation
- Course grades transferred from community college or another institution are counted towards the calculation
- AP scores are not used towards your GPA
- GPA calculator is available in the Psychology website under “Major Requirements”



Submitting the Online Application

Admission to the University is independent from your admission to the major:

- May submit online application while enrolled in last prerequisite course(s)
- Application can be found:
<https://psychology.berkeley.edu/students/undergraduate-program/apply-major>

Three parts of the application

- Student information
- Courses and grades
- Unofficial transcript

Submission deadlines

- Fall App - 1st Friday of October
- Spring App - 1st Friday of March
- Summer App - 1st Friday of July



PREREQUISITES

Tier I: Prerequisites
(total of 8)

Prerequisite Overview





Prerequisites for Psychology

To verify course articulation from California community college, please visit: assist.org



- **General Psychology (1 course)**

- UC Berkeley: Psychology 1
- Other Institution: General Psychology or Intro to Psychology
- AP Psychology with a score of 4 or 5

- **Biological Science (1 courses)**




- UC Berkeley: Anthropology 1, Biology 1A, IB 31, or MCB 32 or C64/MCB C64
- Other Institution: Physical Anthropology; Biological Anthropology; Physiology; Cellular and Molecular Biology; Emotions, Learning, and the Brain; General Biology for biology/STEM majors
- AP Biology with a score of 4 or 5

- **Neuropsychology (1 course)**

- UC Berkeley: MCB C61/Psych C61 or Psychology 110
 - Other Institution: Biological Psychology
 - Disclaimer: Not all CC offer this course – Transfers can take this prereq during 1st semester at Cal
- 
- 



Prerequisites for Psychology

- 
- **Social Sciences (2 courses from different departments)**
 - UC Berkeley: Anthropology 3/3AC; Sociology 1, 3/3AC; Linguistics 5; Philosophy 3, 4, 5, 12A, or 12B; Political Science 1, 2, or 4
 - Other Institution: Intro to Sociology; Cultural Anthropology; Social Anthropology; Nature of Mind; Intro to Logic
 - AP US Government or AP Comparative Government with a score of 4 or 5
 - Some restrictions in the Social Science Area:
 - Intro to Philosophy and Ethics/Moral Philosophy DOES NOT satisfy this requirement.
 - May not use any course from the Political Science Department as your second social science course if AP score is used.
- 
- 



Prerequisites for Psychology



- **Quantitative Area (2 courses)**
 - UC Berkeley: Any TWO courses from:
 - Math 10A, Math 10B, Math 1A, Math 1B, Math 54 or Math 55
 - Stats 2 or 20 or 21
 - Stats C8 – Stats w/ Programming
 - Other Institution: Calculus I; Calculus II; Intro to Statistics; Discrete Math
- Some restrictions in the Quantitative Area:
 - Math 16A & 16B may not be used to fulfill any of your quantitative requirements
 - Students may not use any AP Exam scores to fulfill any of your quantitative requirements





Prerequisites for Psychology



- **Psychology 101: Psychology Research and Data (1 course) - Must be taken only at UC Berkeley**
 - UC Berkeley: Psych 101 or 101D
 - Transfer Students: Must be taken during your FIRST semester
 - Covers essential concepts in the scientific method and in statistics
- Some notices in the Psychology Research and Data area:
 - Course contains exposure to basic programming
 - Psych 101 - uses R software
 - Psych 101D – uses Python software
 - Psych 101/D is a prerequisite for a REQUIRED course in the Honors Program (Psych 102)





UPPER DIVISION

Tier II: Survey (total of 5)
Tier III: Electives (total of 3)

Upper-Division Requirements

- A minimum of 8 upper-division courses
 - 5 survey courses (Tier II)
 - 3 Psychology Electives (Tier III)
- Community College courses are considered lower-division, and they DO NOT satisfy the upper-division requirements



Tier II: Survey Courses (5 Total)

Tier II Survey courses: 5 courses total At least ONE in each area:

	Biological	Cognitive / Development	Social / Personality	Clinical
Tier II: Survey Courses	Psych 114	Psych C120	Psych 150	Psych 130
	Psych 117	Psych C126	Psych 156	Psych 131
	Psych 124	Psych 140	Psych 160	Psych 134
	Psych 125	Psych C143	Psych <u>166 AC</u>	Psych 135
	Psych C127	Psych 147	Psych 180	

*See Psychology Major requirements website for latests updates

Tier III: Psych Electives (3 Total)

- Select three courses from upper-division psychology courses numbered 104-182
- Each course must be at least 3.0 units
- Any EXCESS Tier II: Survey Courses will count
- Psych 197, 198, 199, and Honors courses do not count towards the requirements
- The course number 192 is used to designate a new class and may apply toward one of the electives.

UD Coursework Completed Elsewhere

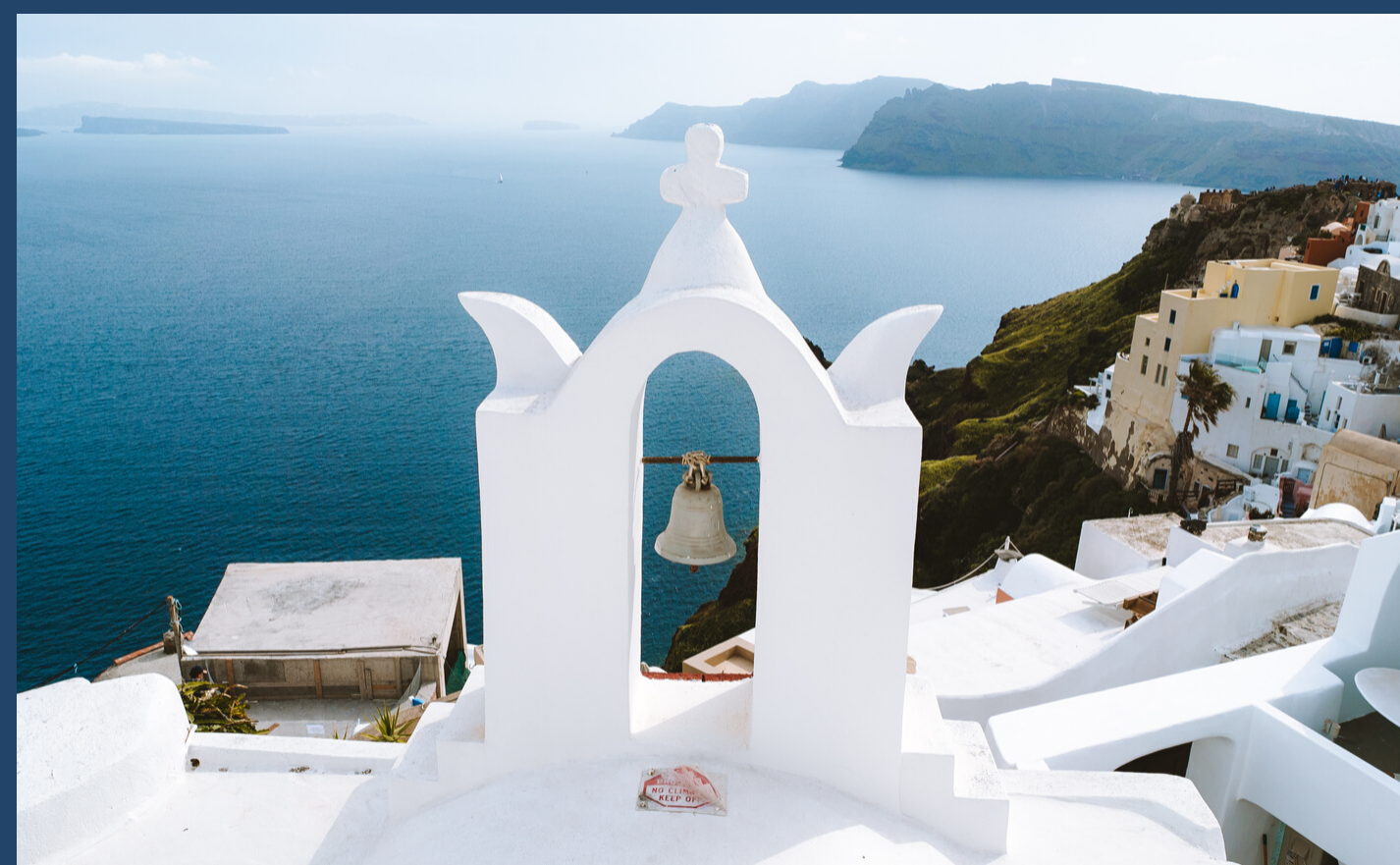
- Maximum of 2 upper-division courses (either tier II or tier III) not hosted by the UCB Psychology Department are accepted
- Examples:
 - Courses taken at UCB but not sponsored by Psych department
 - Legal Studies 181
 - Courses taken from another 4-year institution:
 - UCLA Courses during Summer Sessions
 - Courses offered by UC Extension
 - UC Berkeley Extension: Psych X140
 - Courses taken through Study Abroad Program



STUDY ABROAD

Berkeley Study Abroad

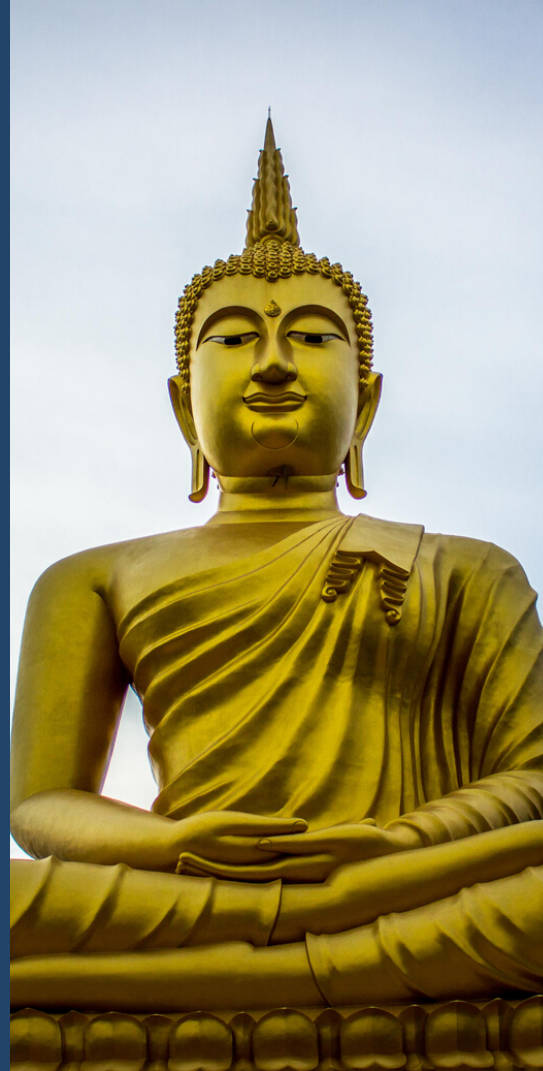
- First stop: Berkeley Study Abroad Office (160 Stephens Hall)
 - Inquire about the requirements about the country
 - Inquire about the deadlines
 - Applications are typically due about a year in advance!
- Next stop: Your Psychology major advisor!
 - Psychology outlined a list of pre-approved courses on the website
 - If the course is not listed, you may submit a syllabus review form for course evaluation



Berkeley Study Abroad

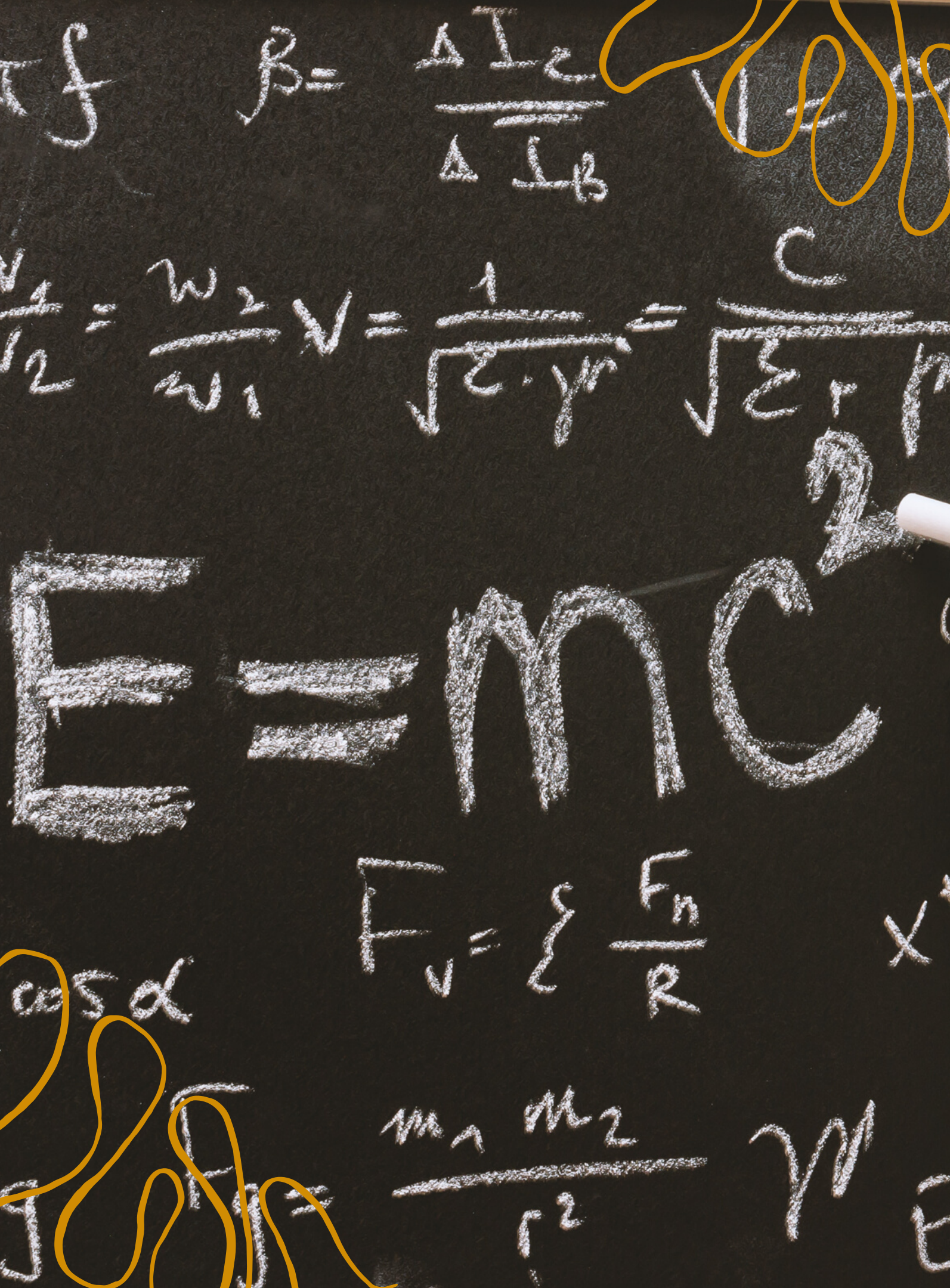
- A maximum 2 upper-division courses outside of Psychology department are allowed towards your major
 - More information in upper-division video
- Must be offered through the Psych Department (or related department) of the host institution
- Must be at least 2.7 semester units
- Similar course titles does not mean they're equivalent
 - E.g. Developmental Psychology from UK may not be equivalent to UCB Psych 140
- Submit a Syllabus Review form to petition for course equivalency
- Take a course that you will not find at UC Berkeley!





Bon Voyage!





DOUBLE MAJORS & MINORS

Double Major with Psychology

- Common double majors and possible overlapping courses:
 - Molecular & Cell Biology: MCB 160
 - Economics: Econ 119
 - Cognitive Science: Psych C127
- You may also consider other majors outside the College of Letters and Science
 - Simultaneous Degrees
 - For more information please speak to an L&S Advisor



Double Major with Psychology

Psych UD	Cog Sci UD
<p>10 upper-division courses</p> <ul style="list-style-type: none">• Psych 110 (Prerequisite)• Psych 101 (Prerequisite)• 5 Tier II• 3 Tier III	<p>9 upper-division courses</p> <ul style="list-style-type: none">• Refer to department website
<p>Total courses for both majors: $10 \text{ Psych} + 9 \text{ CogSci} - 2 \text{ overlap} = 17$ upper-division courses</p>	

- Maximum 2 upper-division courses may double count between majors
- You may overlap as many lower-division requirements

Psychology and a Minor

- No Minor in Psychology
- Maximum 1 course may double count between the major and minor
- Common minors and possible overlapping courses:
 - Education: Psych 140
 - Disabilities Studies: Psych 131
- Also: Pre-med track (not a minor)
 - Bio 1A, MCB 32, Math 10A, and Math 10B
- List of Minors in L&S
 - Check out the Berkeley Academic Guide



RESEARCH

Figuring out what interests you



- Psych department website to look at research options
- Talk to fellow students to find out to learn about their roles as research assistants (RAs)
- Find a handful of professors whose research sounds interesting and check out their lab websites
- Consider taking advantage of other Psych-related department research, like Sociology or Haas Organizational Psychology
- Participate in RPP for a taste of the research conducted in the Psych department

Psychology Department Research Opportunities

- Psych 199 – Research assistantship
 - Positions posted at the beginning of every semester on bulletin board and on the Weekly Opportunities page
 - May also contact lab at the end of preceding semester or summer to inquire
- You are allowed to receive up to 3 units of P/NP for being a research assistant
 - 1 unit per each 3 hours of work
- TONS of opportunities through the Weekly Opportunities page
 - Psychology website > Undergraduate > Weekly Opportunities
- A minimum of 2 units as a prerequisite for Honors

URAP Research Opportunities

- Check URAP website for project descriptions, info sessions, and application deadlines
 - urap.berkeley.edu
- Consider working with a faculty member from other disciplines like Computer Science, Anthropology, etc.
- Questions? Email urap@berkeley.edu
- A minimum of 2 units as a prerequisite for Honors



HONORS PROGRAM

The Psychology Honors Program

- A program for students who excel academically who are interested in being recognized as receiving Departmental Honors
- Departmental distinction is independent from the college honors
- Contingent upon having a 3.5 GPA in the major and an overall 3.3 GPA by graduation
- Contingent upon the completion and submission of a senior thesis
- For detailed information about the honors program, please visit our website



Overall Honors Requirements

- Required to apply for Honors:
 - 2 units of research prior to semester of Senior year
 - Must find faculty sponsorship affiliated with UC Berkeley
- Required to be granted Honors:
 - 3.5 GPA in the Psychology major by graduation
 - Prerequisites included in calculation
 - 3.3 GPA overall by graduation
 - Honors level will be determined by faculty members upon submission of the final thesis
 - Completion of Honors courses for a letter-grade



Honors Course Requirements

- At least 1 semester of research participation either through URAP or Psych 199
 - Enrolled with a minimum of 2 units
- Psych 102 - Methods for Research in Psychological Sciences
 - Fall only course
 - Psych 101 as prerequisite
- Courses for credit:
 - Psych H195A/B (REQUIRED): Units for thesis
 - Psych H194A/B (REQUIRED): Honors seminar

ALL courses listed above must be taken for a LETTER-GRADE, and they DO NOT satisfy your Psychology major requirements

Advice from Current Honors Students

- Start developing your ideas over summer, and consider beginning to learn R through resources like DataCamp
- Asking someone to be your mentor is not as intimidating as it seems at first!
- Don't settle for working on a project you're not interested in, because you'll be spending a year on the project
- Consider taking Psychology 102 prior to your senior year
- Make sure your faculty sponsor (or mentor) has time for you and can be appropriately attentive to your needs



FIRST SEMESTER FRESHMAN

University and College of Letters & Science Requirements

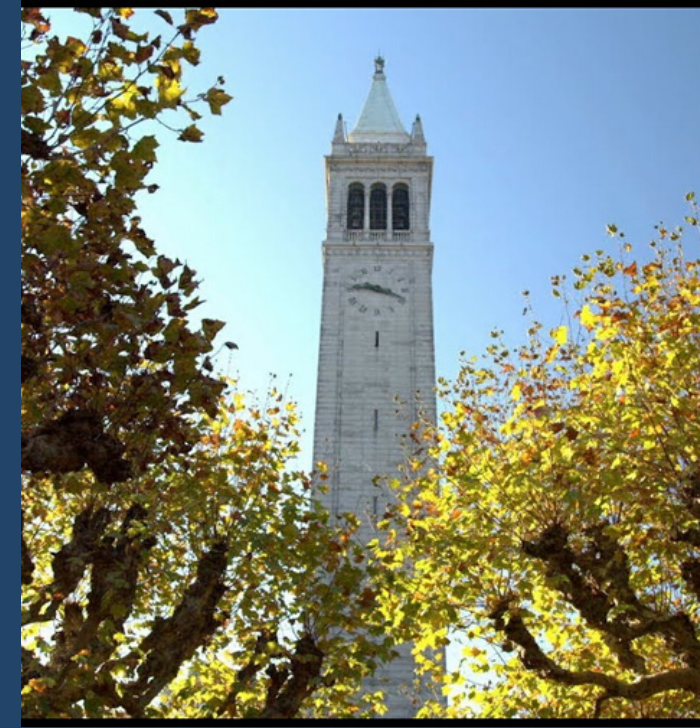
- Entry Level Writing Requirement
 - If you have not fulfilled this requirement, you may satisfy this requirement AND first R&C requirement by taking College Writing R1A
- Reading and Composition (Part A and Part B)
 - Any course that has an R prefix(ex: College Writing R1A and African American Studies R1B)
- American Cultures
 - Any course with an AC suffix (ex: Anthropology 3AC)
- American History and American Institutions
- Quantitative Reasoning Breadth
- Foreign Language

This is not an extensive list. For more information, please refer to <https://ls.berkeley.edu/advising/degree-requirements>

7 Course Breadth Requirements

- Arts and Literature
- Biological Science
- Historical Studies
- International Studies
- Philosophy and Values
- Physical Science
- Social and Behavioral Sciences

For comprehensive list, please refer the College of Letters and Science website or see a college adviser in 206 Evans



General Tips for Scheduling Classes

- To earn your B.A., you need to successfully complete a minimum of 120 units
- Must sign up for at least 13 units to be a full-time student
- Must also satisfy all of your L&S requirements by graduation
- For the Psychology major, there is a strict timeline for declaration
 - Students are eligible to apply between their 3rd, 4th or 5th semester as a UC Berkeley student for the Psychology major guaranteed admissions window
- Plan accordingly & get involved!

Explore during your First Year

- Pre-Med/Health Track
 - See Career Center
 - Watch “Freshman: First Semester Planning – Pre-Health” video
- Student Clubs
 - PsiChi
 - Cal Rec Sports
 - Student-to-Student Peer Counseling (SSPC)
- Research & Honors Thesis
- Take Fun Decals
- Freshman and Sophomore Seminars
- Externships and Internship Opportunities





FIRST SEMESTER TRANSFER

General Tips for Scheduling Classes

- PRIORITIZE YOUR REMAINING PREREQUISITE(S)!!
 - Psych 101 MUST be in your schedule!
 - Neuropsychology prereq if not offered in Community College
- Stay on track with Campus and College of Letters and Science requirements
 - American cultures must be completed by the time you graduate
 - LS Requirement: Take 6 Upper Division Units outside of your major
- You need a minimum of 13 units to be a full-time student
- Consider taking DeCal: visit decal.berkeley.edu
- Don't be overly ambitious with your schedule
- We recommend no more than 2-3 CORE courses on your first semester.
 - CORE courses include prerequisites, major/minor requirements, and premed courses
- Consider non-Psych courses as Pass/No Pass grading option

My First Semester at Cal

- Fall 2017
 - Psych 101: Research and Data Analysis in Psychology (4 Units)
 - Psych 150: Psychology of Personality (3 Units)
 - Chicano 130: Mexican and Chicano Art History (3 Units)
 - Transfer Center Transition Course (1 Unit)
 - EOP Internship (1 Unit)

Total: 13 Units



First Year Example

First Semester	Second Semester
<p>OPTION 1</p> <ul style="list-style-type: none">• Psych 101 (4 units)• Remaining Prereq (4-8 units)• Non-Psych Course (3-4 units)**• DeCal/Research (2-4 units)	<ul style="list-style-type: none">• 2-3 Psych Upper-Division (6-9 units)• Non-Psych Course (3-4 units)• DeCal/Research (2-4 units)
<p>OPTION 2</p> <ul style="list-style-type: none">• Psych 101 (4 units)• 1-2 Psych Upper-Division (6-9 units)• DeCal/Research/Non-Psych Course (1-4 units)	<ul style="list-style-type: none">• 2-3 Psych Upper-Division (6-9 units)• Non-Psych Course (3-4 units)• DeCal/Research/Non-Psych Course (2-4 units)

**Depending on the number of prerequisites needed

Transfer Resources

- Psychology Department
 - Decal: Personal Development in Psychology
 - Peer Advisor Workshops
- Transfer Center, Re-entry Student Program, Student Parent Center
 - Transition Course (1 Unit P/NP)
- Student Learning Center and D-Lab
 - Academic support in writing, STEM subjects, data analysis in research, etc.
- Tang Center
 - CAPS, Health Coach, Drops in counseling

Explore during your First Year

- Visualize how to utilize your time here ahead of time
- Check in closely with Departmental Advisors and College Advisors (L&S) for your progress to graduation
- Get involved in research early!
- Connect with the Career Center
- Go to office hours of professors and GSIs
- Find your community
- Be open and follow your curiosity!
- Keep balance and self-care





NEW TRANSFER
WITH
HONORS THESIS
SCHEDULING

Honors Requirements

- Required to apply for Honors:
 - 2 units of research
 - Faculty sponsorship affiliated with Department
- Coursework Requirements:
 - Psych 102 – Fall only course
 - Psych 101 as prerequisite
 - Psych H195A/B (REQUIRED): Units for thesis
 - Psych H194A/B (REQUIRED): Honors seminar

ALL courses listed above must be taken for a LETTER-GRADE, and they DO NOT satisfy your Psychology major requirements



Honors Transfer Scheduling

Fall Admit

	Fall Semester	Spring Semester
1st Year	<ul style="list-style-type: none">• Psych 101 (4 units)• Remaining Prereq (4-8 units)• 1-2 Psych Upper-Division (3-6 units)• Research: Psych 199/ URAP Research (1-2 units)	<ul style="list-style-type: none">• 2-3 Psych Upper-Division (6-9 units)• Non-Psych Course (3-4 units)• DeCal/Research (2-4 units)• Research: Psych 199/URAP Research (1-2 Units)
2nd Year	<ul style="list-style-type: none">• 1-2 Psych Upper-Division (6-9 units)• Non-Psych Course (3-4 units)• Psych 102 - Fall Only• Psych H194 A - Seminar• Psych H195 A - Units for thesis	<ul style="list-style-type: none">• 1-2 Psych Upper-Division (6-9 units)• Non-Psych Course (3-4 units)• Psych H194 B - Seminar• Psych H195 B - Units for thesis

Everyones path is different. Please consult an advisor for guidance

Honors Transfer Scheduling

Spring Admit

	Spring Semester	Fall Semester
1st Year	<ul style="list-style-type: none">• Psych 101 (4 units)• Remaining Prereq (4-8 units)• 1-2 Psych Upper-Division (3-6 units)• Research: Psych 199/ URAP Research (1-2 units)	<ul style="list-style-type: none">• 1-2 Psych Upper-Division (6-9 units)• Non-Psych Course (3-4 units)• Psych 102 - Fall Only• Psych H194 A - Seminar• Psych H195 A - Units for thesis
2nd Year	<ul style="list-style-type: none">• 1-2 Psych Upper-Division (6-9 units)• Non-Psych Course (3-4 units)• Psych H194 B - Seminar• Psych H195 B - Units for thesis	<ul style="list-style-type: none">• 2-3 Psych Upper-Division (6-9 units)• Non-Psych Course (3-4 units)• DeCal/Research (2-4 units)• Research: Psych 199/URAP Research (1-2 Units)

Everyones path is different. Please consult an advisor for guidance



Requirements for Granting Honors

- Required to be granted Honors:
 - 3.5 GPA in the Psychology major by graduation
 - Prerequisites included in calculation
 - 3.3 GPA overall by graduation
 - Honors level will be determined by faculty members upon submission of the final thesis
 - Completion of Honors courses for a letter-grade





CAREERS IN PSYCHOLOGY

What can I do with a Psychology degree?

MYTH: Your major must align with your career

- What do employers and graduate programs look for?
- Skills you gain through:
 - Internships / Externship
 - Employment / Volunteer Opportunities
 - Student Organizations
 - Teaching / Decal Facilitation
 - Research

Example Careers With a Bachelor Degree

- Research Lab Manager
- Software Engineer
- Human Resources Generalist
- Legal Assistant / Paralegal
- Elementary School Teacher
- Behavioral Coach
- Youth Counselors
- Data Analyst
- Family Support Counselor





Psychology Alumni in Graduate Programs

- PhD in Psychology
- Doctor of Psychology, Psy.D.
- Masters of Marriage & Family Therapy
- Doctor and Masters of Education
- Masters in Social Work
- Occupational Therapy
- Medical School / Physician Assistant
- Law School
- Masters in Business Administration
- Masters of Science in Speech-Language Pathology



Career Advising Resources

Psychology Department

- Peer advisor workshops
- Social Media
 - IG @psychologypeeradvisoratcal
 - FB @UCB Psych Peers
- Weekly Opportunities

Career Center

- Visit: <https://career.berkeley.edu>
- Drop-in and appointment advising available
- Join the email list through handshake.berkeley.edu

Career Counseling Library

- Collection of books, files, directories and electronic resources
- Explore majors, careers and graduate programs”
- Visit: <https://uhs.berkeley.edu/career-library>

Contact Information

Psychology Student Services Office

psychsso@berkeley.edu

(510) 643 – 8114

Psychology.berkeley.edu

Additional Questions: Make an appointment online!