

**ÖZLEM AYDUK**  
*Curriculum Vitae*

**CONTACT INFORMATION**

University of California  
Department of Psychology  
2121 Berkeley Way West  
Berkeley, CA 94720-1650  
e-mail: [ayduk@berkeley.edu](mailto:ayduk@berkeley.edu)  
<https://psychology.berkeley.edu/people/ozlem-ayduk>  
<https://www.ocf.berkeley.edu/~rascl/>

**POSITIONS HELD**

Professor, Department of Psychology, UC-Berkeley	2015-present
Associate Professor, Department of Psychology, UC-Berkeley	2009-2015
Assistant Professor, Department of Psychology, UC-Berkeley	2002-2009
Post-doc, Department of Psychology, Columbia University, NY, NY	1999-2002

**EDUCATION**

Ph.D., Psychology, Columbia University, NY, NY	1999
M.A., Psychology, Columbia University, NY, NY	1995
B.A., Psychology, Boğaziçi University, Istanbul, Turkey	1992
B.A., Political Science, Boğaziçi University, Istanbul, Turkey	1992

**HONORS & AWARDS**

Social Sciences Distinguished Teaching Award, UC-Berkeley	2021
Faculty Leadership Academy Fellow, 2021 Cohort	2020-2021
Distinguished Service Award, Society for Personality & Social Psychology	2019
Thomas and Ruth Ann Hornaday Chair in Psychology	2019-2024
Fellow, Society for Personality & Social Psychology	2016
Fellow, American Psychological Society	2014
Fellow, Society of Experimental Social Psychology	2008
Hellman Faculty Fellow	2004
Delta Kappa Gamma World Fellowship	1993-1994
Fulbright Fellow	1993-1997
Faculty Fellowship, Columbia University, NY, NY	1993-1998

## GRANT SUPPORT

**Project Title:** Interpersonal and intrapersonal mechanisms in improving mentoring relationships for URM students in STEM fields.

**Role:** Principal Investigator (co-PI: Rodolfo Mendoza-Denton)

**Source:** NSF

**Amount:** \$498,710

**Dates of project:** 9/2013-8/2016

**Project Title:** Collaborative Research: Directed Reading Program Network

**Role:** Social Science Research Consultant (PI: Staffilani)

**Source:** NSF

**Amount:** \$ 35,000

**Dates of project:** 9/2017-9/2018

**Project Title:** Predoctoral Training Consortium in Affective Science (T32, MH020006)

**Role:** Training Faculty (PI: Sheri Johnson)

**Source:** National Institute of Mental Health

**Amount:** \$ 684,332

**Dates of project:** 7/2014-7/2018

**Project Title:** Reducing neural and immune threat reactivity during intergroup mentoring in STEM.

**Role:** Principal Investigator (co-I: Jordan Leitner)

**Source:** NSF

**Amount:** \$209,949

**Dates of project:** 9/2015-4/2017

**Project Title:** Cultivating Young Minds: Training self-distancing to promote self-control, emotional intelligence, and academic performance

**Source:** Character Lab

**Role:** Co-Principal Investigator (co-PI: Ethan Kross)

**Amount:** \$250,000

**Dates of project:** 8/2013-11/2015

**Project Title:** From good intentions to virtue: Training self-distancing to promote prosocial affect, cognition and behavior.

**Role:** Co-Principal Investigator (co-PI: Ethan Kross)

**Source:** Templeton Foundation

**Amount:** \$130,108

**Dates of project:** 11/2011-11/2014

**Project Title:** Impact of self-distancing on virtuous behavior: An intervention study

**Role:** Principal Investigator

**Source:** University of California, Berkeley (Faculty Research Grant)

**Amount:** \$9000

**Dates of project:** 4/2011-6/2012

**Project Title:** Collaborative research: Self-control in the life course: A multi-level analysis

**Role:** Principal Investigator, Contact PI (Yuichi Shoda)

**Source:** National Science Foundation

**Amount:** \$180,000

**Dates of project:** 9/2006-8/2011

**Project Title:** Processes in rejection sensitivity

**Role:** Co-Investigator (PI: G. Downey); Principal Investigator on subcontract

**Source:** National Institute of Mental Health

**Amount:** \$1,100,000 (Berkeley subcontract: \$378,000)

**Dates of project:** 1/2004-12/2009

**Project Title:** Physiological and neural correlates of attention regulation in low self-esteem individuals

**Role:** Principal Investigator

**Source:** University of California, Berkeley (Faculty Research Grant)

**Amount:** \$4000

**Dates of project:** 7/2008-6/2009

**Project Title:** Continuities in children's ability to delay gratification across the life span

**Role:** Principal Investigator

**Source:** UC-Berkeley (Faculty Research Grant)

**Amount:** \$5,000

**Dates of project:** 7/2006-6/2007

**Project Title:** Interpersonal triggers and hormonal precursors of stress in rejection sensitive people

**Role:** Principal Investigator

**Source:** UB-Berkeley (Junior Faculty Research Grant)

**Amount:** \$4,000

**Dates of project:** 7/2005-6/2006

**Project Title:** Continuities in children's ability to delay gratification across the life span

**Role:** Principal Investigator

**Source:** Hellman Family Faculty Fund

**Amount:** \$30,000

**Dates of project:** 7/2004-6/2006

**Project Title:** Interpersonal triggers and hormonal precursors of shame and anger in rejection sensitive people.

**Role:** Principal Investigator

**Source:** UC-Berkeley (Faculty Research Grant)

**Amount:** \$8,200

**Dates of project:** 7/2003-6/2004

**Project Title:** The role of attention on threat cues in the rejection sensitivity dynamic.

**Role:** Principal Investigator

**Source:** UC-Berkeley (Junior Faculty Research Grant)

**Amount:** \$5,625

**Dates of project:** 11/2002-6/2003

## **PROFESSIONAL SERVICE**

### **Board of Directors**

Board Member, Society of Experimental Social Psychology (SESP)	2016-2018
Board Member, Society for Personality & Social Psychology (SPSP)	2018-2020

### **Committee Service**

Chair, Personality and Emotion Track Program Committee, APS	2011-2014
Co-Chair, Bi-annual Convention Program, ARP	2013
Member, Annual Convention Program Committee, SESP	2016
Member, Small Grants Review Panel, SPSP	2016
Member, Career Trajectory Award Selection Committee, SESP	2016
Member, Membership Selection Committee, SESP	2017
Chair, Career Trajectory Award Selection Committee, SESP	2017
Chair, Small Grants Review Panel, SPSP	2017
Chair, 2018 Dissertation Awards Committee, SESP	2018
Member, 2018 Scientific Awards Committee, SESP	2018
Co-Chair, Sexual Harassment and Sexual Violence Task Force, SPSP	2018-2019
Chair, Early Career Awards Committee for Individual Differences, APA	2020

### **Associate Editor**

Journal of Personality and Social Psychology, Section 3	2011-2015
---	-----------

### **Editorial Board, Consulting Editor**

Journal of Personality and Social Psychology, Section	2003-2009
Journal of Research in Personality	2003-2009
Journal of Personality and Social Psychology, Section 1	2017-present
Psychological Science	2012-present

### **Ad Hoc Reviewer (Journals)**

Cognition & Emotion; Behavior Research & Therapy; Developmental Psychology; Emotion; Journal of Abnormal Psychology; Journal of Consulting and Clinical Psychology; Journal of Experimental Social Psychology; Journal of Personality; Personal Relationships; Personality & Social Psychology Bulletin; Psychological Review; Social & Personality Psychology Compass; European Journal of Social Psychology; Social Psychological & Personality Science; PlosOne; Social Science & Medicine; Clinical Psychological Science; Emotion; Nature Human Behavior; Perspectives in Psychological Science

### **Ad Hoc Reviewer (Funding Agencies)**

National Science Foundation; Social Sciences and Humanities Research Council of Canada; Israeli Binational Science Foundation; Templeton Foundation; Greater Good Science Center

## PUBLICATIONS

[Google Scholar H-Index](#): 49 (14955 citations)

\* = student/post-doc first author mentored by me

† = peer reviewed

<sup>1</sup> = shared first authorship

90. Ayduk, O. & Mendoza-Denton, R. (2021). *Cognitive-Affective Processing Systems Approach to Personality Dispositions: Rejection Sensitivity as an Illustrative Case Study*. In O. John and R. Robbins (Eds.). *Handbook of Personality: Theory & Research* (4<sup>th</sup> Edition). Guilford Press.
- 89<sup>†</sup>. Talaifar, S., Buhrmester, M., Ayduk, O., & Swann, W. (2000). Asymmetries in mutual understanding: People with low status, power, and self-esteem understand better than they are understood. *Perspectives in Psychological Science*.
- 88<sup>†</sup>. Orvell, A., Vickers, B., Drake, Verduyn, P., Ayduk, O., Moser, J., Jonides, J., & Kross, E. (2020). Does Distanced Self-Talk Facilitate Emotion Regulation Across a Range of Emotionally Intense Experiences? *Clinical Psychological Science*.
- 87<sup>†</sup>. Orvell, A., Ayduk, O., Moser, J., Gelman, S. A., & Kross, E. (2019). Linguistic shifts: A relatively effortless route to emotion regulation? *Current Directions in Psychological Science*. doi: 10.1177/0963721419861411
- 86<sup>†</sup>. Lee, D. S., Briskin, J., Shrapnell, T., Ayduk, O., Ybarra, O., & Kross, E. (2019). When chatting about negative experiences helps—and when it hurts: Distinguishing adaptive vs. maladaptive social support in computer-mediated communications, *Emotion*. doi: 10.1037/emo0000555
- 85<sup>†</sup>. \*Anderson, C. L., Chen, S., & Ayduk, O. (2020). When does changing emotions harm authenticity? Distinct reappraisal strategies differentially impact subjective and observer-rated authenticity. *Self & Identity*, 19, 590-612.
84. Ayduk, O., & Mendoza-Denton, R. (2019). Walter Mischel (1930-2018). *American Psychologist*, 74, 740-741.
- 83<sup>†</sup>. White, R., \*Kuehn, M., Kross, E. & Ayduk, O. (2019). Focusing on the future from afar: Self-distancing from future stressors facilitates adaptive coping. *Emotion*, 19, 903-916.
- 82<sup>†</sup>. Luerksen, A. & Ayduk, O. (2019). Self-esteem and anxious responses to partner feedback: Parsing anticipatory and consummatory anxiety. *Personal Relationships*, 26, 137-157.
81. Mendoza-Denton, R., Leitner, J. B., & Ayduk, O. (2018). Personality and social interaction: Interpenetrating processes. In K. Deaux and M. Snyder (Eds.), *Oxford Handbook of Personality and Social Psychology*, 2<sup>nd</sup> Edition (pp. 513-538). New York: Oxford University Press.

- 80<sup>†</sup>. \*Leitner, J. Ayduk, O., Boykin, M. & Mendoza-Denton, R. (2018). Reducing Negative Affect and Increasing Rapport Improve Interracial Mentorship Outcomes. *PLoS ONE*, *13*(4) <https://doi.org/10.1371/journal.Pone.0194123>.
- 79<sup>†</sup>. Carlson, S. M., Shoda, Y., Ayduk, O., Aber, Lawrence, Schaefer C., Sethi, A., Wilson, N., Peake, P. K., & Mischel, W. (2018). Cohort Effects in Delay of Gratification. *Developmental Psychology*, *54*, 1395–1407.
78. Ayduk, O. & Kross, E. (2018). Self-Distancing: Basic Mechanisms and Clinical Implications. In D.D. Ridder, M. Adriaanse, K. Fujita (Eds.), *International Handbook of Self-Control in Health and Well-Being* (pp. 364-376). Routledge: Abingdon, UK.
- 77<sup>†</sup>. Kross, E., Vickers, B., Orvell, A., Gainsburg, I., Moran, T., Boyer, M., Jonides, J., Moser, J. & Ayduk, O. (2017) Third-person self-talk reduces Ebola worry and risk perception by enhancing rational thinking. *Applied Psychology: Health and Well-Being*, *9*, 387-409.
- 76<sup>†</sup>. Felsman, P, Verduyn, P, Ayduk, O., & Kross, E. (2017). Being present: Focusing on the present predicts improvements in life satisfaction but not happiness. *Emotion*, *17*, 1047-1051.
- 75<sup>†</sup>. Luerssen, A., \*Jhita, G. J., & Ayduk, O. (2017). Putting yourself on the line: Self-esteem and expressing affection in romantic relationships. *Personality & Social Psychology Bulletin*, *43*, 940-956.
- 74<sup>†</sup>. Moser, J., Dougherty, A., Moran, T. P., Gueverra, D., Shablack, H., Ayduk, O., Jonides, J., Berman, M. G., & Kross, E. (2017). Third person self-talk facilitates emotional control without engaging cognitive control. *Scientific Reports*, *7*:4519.  
\*\*\*Top 100 Read Articles 2017. Official Author. Scientific Reports\*\*\*
73. Luerssen A., & Ayduk O. (2017). Executive functions and well-being: Outcomes and mediators. In M. D. Robinson, & M. Eid (Eds.), *The Happy Mind: Cognitive Contributions to Well-Being* (pp. 59-75). Springer International Publishing.
72. Kross, E., & Ayduk, O. (2017). Self-Distancing: Theory, Research and Current Directions. In J. M. Olson (Ed.), *Advances in Experimental Social Psychology*, *55*, 81-136.
- 71<sup>†</sup>. \*Ranney, R., \*Bruehlman-Senecal, E. & Ayduk, O. (2017). A brief online intervention comparing the efficacy of teaching specific reappraisal strategies. *Journal of Happiness Studies*, *18*, 1319-1338.
- 70<sup>†</sup>. \*Leitner, J., Ayduk, O., Mendoza-Denton, R., Magerman, A., Amey, R. Kross, E., & Forbes, C. (2017). Self-distancing Improves Interracial Mentorship by Decreasing Medial Prefrontal Cortex Activity During the Provision of Criticism. *Social-Cognitive & Affective Neuroscience*, *12*, 534-543.
- 69<sup>†</sup>. \*Leitner, J. B., Hehman, E., Ayduk, O., & Mendoza-Denton, R. (2016). Racial bias is associated with ingroup death rate for Blacks and Whites: Insights from Project Implicit. *Social Science & Medicine*, *170*, 220-22.

- 68<sup>†</sup>. \*Leitner, J. B., Hehman, E., Ayduk, O., & Mendoza-Denton, R. (2016). Blacks' circulatory death rate is positively related to Whites' racial bias: A nation-wide study using Project Implicit. *Psychological Science*, 27, 1299-1311.
- 67<sup>†</sup>. \*Bruehlman-Senecal, E., Ayduk, O., John, O. (2016). Taking the Long View: Implications of Individual Differences in Temporal Distancing for Affect, Stress Reactivity, and Well-Being. *Journal of Personality & Social Psychology*, 111, 610-635.
- 66<sup>†</sup>. Park, J., Ayduk, O., & Kross, E. (2016). Stepping back to move forward: Self-distancing mediates the meaning-making effects of expressive writing. *Emotion*, 6, 349-364.
- 65<sup>†</sup>. Luerssen, A., Gyurak, A., Ayduk, O., Wendelken, C., & Bunge, S. (2015). Delay of gratification in childhood linked to cortical interactions with the nucleus accumbens. *Social Cognitive and Affective Neuroscience*, 10, 1769-1776.
64. Ayduk, O. & Kross, E. (2015). Pronouns matter when you are psyching yourself up. *Harvard Business Review*. Feb 6, 2015.  
<https://hbr.org/2015/02/pronouns-matter-when-psyching-yourself-up>
- 63<sup>†</sup>. \*Bruehlman-Senecal, E. & Ayduk, O. (2015). This too shall pass: Temporal Distance and the Regulation of Emotions. *Journal of Personality & Social Psychology*, 108, 356-275.
62. Mendoza-Denton, R. & Ayduk, O. (2015). Co-engagement, co-construction, co-evocation: Three principles to bridge relationships and social cognition. In M. Mikulincer, P. Shaver, E. Borgida, & J. Bargh (Eds.), *Handbook of Personality and Social Psychology* (pp. 363-384). Washington, DC: American Psychological Association.
- 61<sup>†</sup>. \*Breines, J. & Ayduk, O. (2015). Rejection sensitivity and vulnerability to self-directed hostile cognitions following rejection. *Journal of Personality*, 83, 1-13.
- 60<sup>†</sup>. Park, J., Ayduk, O., O'Donnell, L., Chun, J., Gruber, J., Kamali, M., McInnis, M., Deldin, P., & Kross, E. (2014). Regulating the High: Cognitive and Neural Processes Underlying Positive Emotion Regulation in Bipolar I Disorder. *Clinical Psychological Science*, 2, 661-674.
- 59<sup>†</sup>. Kross, E., Bruehlman-Senecal, E., Park, J., Burson, A., Moser, J., Dougherty, A., & Ayduk, O. (2014). Self talk as a therapeutic mechanism. How you do it matters. *Journal of Personality & Social Psychology*, 105, 304-324.
58. \*Luerssen, A. & Ayduk, O. (2014). The role of emotion and emotion regulation in the ability to delay gratification. In J. Gross (Ed.), *Handbook of Emotion Regulation* (pp.111-125). New York: Guilford Press.
- 57<sup>†</sup>. Berman, M. G., Yourganov, G., Askren, M., Ayduk, O., Casey B.J., Gotlib, I. H., Kross, E., McIntosh, A. R., Strother, S., Wilson, N. L., Zayas, V., Mischel, W., Shoda, Y. & Jonides, J. (2013). Dimensionality of brain networks linked to life-long individual differences in self-control. *Nature Communications*, 4. PMID: 23340413 [PubMed - in process]
- 56<sup>†</sup>. Ayduk, O., Gyurak, A., Akinola, M & Mendes, W. B. (2013). Self-verification processes revealed in implicit and behavioral responses to feedback. *Social Psychology and Personality Science*, 4, 538-545.

- 55<sup>†</sup>. \*Schlam, T., Wilson, N., Shoda, Y., Mischel, W., & Ayduk, O. (2013). Preschoolers' delay of gratification predicts their Body Mass 30 years later. *Journal of Pediatrics*, *162*, 90-93. PMID: PMC3504645
- 54<sup>†</sup>. Kross, E., Gard, D., Deldin, P., Clifton, J. & Ayduk, O. (2012). "Asking why" from a distance: Its cognitive and emotional consequences for people with Major Depressive Disorder. *Journal of Abnormal Psychology*, *121*, 559-569.
53. Mendoza-Denton, R. & Ayduk, O. (2012). Personality and social interaction: Interpenetrating processes. In K. Deaux and M. Snyder (Eds). *The Oxford Handbook of Personality and Social Psychology*. New York: Oxford University Press.
- 52<sup>†</sup>. \*Gyurak, A., Hooker, C., Miyakawa, A., Verosky, S.C., Luerssen, A. & Ayduk, O. (2012). Individual differences in neural responses to social rejection: The joint effect of self-esteem and attentional control. *Social Cognitive and Affective Neuroscience*, *7*, 322-31.
- 51<sup>†</sup>. Casey, B.J., Somerville, L.H., Gotlib, I. H., Ayduk, O., Franklin, N. T., Askren, M. K., Jonides, J., Berman, M. G., Wilson, N. L., Teslovich, T., Glover, G., Zayas, V., Mischel, W., & Shoda, Y. (2011). Behavioral and neural correlates of delay of gratification 40 years later. *Proceedings of the National Academy of Sciences*, *108*, 14998-15003.
- 50<sup>†</sup>. Kross, E., Duckworth, A., Ayduk, O., & Tsukayama, E., Mischel, W. (2011). Differential Effects of Self-Distanced vs. Self-Immersed Reflection for Affect and Cognition Among Children. *Emotion*, *5*, 1032-1039.
- 49<sup>†</sup>. Mischel, W., Ayduk, O., Berman, M., Casey, B.J., Gotlib, I., Jonides, J., Kross, E., Wilson, N., Zayas, V., & Shoda, Y. (2011). "Willpower" over the life span: Decomposing self-regulation. *Social Cognitive and Affective Neuroscience*, *6*, 252-256.
- 48<sup>†</sup>. <sup>1</sup>Kross, E. & <sup>1</sup>Ayduk, O. (2011). Making meaning out of negative experiences by self-distancing. *Current Directions in Psychological Science*, *20*, 187-191.
47. Mischel, W., & Ayduk, O. (2011). Willpower in a Cognitive-Affective Processing System: The dynamics of delay of gratification. In K. D. Vohs & R. F. Baumeister (Eds.), *Handbook of self-regulation: Research, Theory, and Applications*, 2<sup>nd</sup> ed. (pp. 83-105). New York: Guilford.
- 46<sup>†</sup>. <sup>1</sup>Ayduk, O. & <sup>1</sup>Kross, E. (2010). Analyzing negative experiences without ruminating: The role of self-distancing in enabling adaptive self-reflection. *Social and Personality Psychology Compass*, *4*, 841-854.
- 45<sup>†</sup>. <sup>1</sup>Ayduk, O. & <sup>1</sup>Kross, E. (2010). From a distance: Implications of spontaneous self-distancing for adaptive self-reflection. *Journal of Personality and Social Psychology*, *98*, 809-829.
- 44<sup>†</sup>. Hooker, C.I., Gyurak, A., Miyakawa, A., Verosky, S.C., & Ayduk, O. (2010). Neural response to rejection cues from a romantic partner predicts ability to regulate mood and behavior after an interpersonal conflict. *Biological Psychiatry*, *67*, 406-413.
- 43<sup>†</sup>. Romero-Canyas, R., Downey, G., Berenson, K., Ayduk, O., & Kang, J. N. (2010). Rejection Sensitivity and the rejection-hostility link in romantic relationships. *Journal of Personality*, *78*, 119-148.



- 42<sup>†</sup>. Berenson, K., Gyurak, A., Ayduk, O., Downey, G., Garner, M. J., Mogg, K., Bradley, B. J., & Pine, D. (2009). Rejection sensitivity and disruption of attention by social threat cues. *Journal of Research in Personality*, *43*, 1064-1072.
- 41<sup>†</sup>. Ayduk, O., Gyurak, A. & Luerssen, A. (2009). Rejection Sensitivity Moderates the Impact of Rejection on Self-Concept Clarity. *Personality and Social Psychology Bulletin*, *35*, 1467-1478.
- 40<sup>†</sup>. Kross, E. & Ayduk, O. (2009). Boundary conditions and buffering effects: Does depressive symptomatology moderate the effectiveness of distanced-analysis on facilitating adaptive self-reflection? *Journal of Research in Personality*, *43*, 923-927.
39. Ayduk, O. (2009). Person-Situation interaction. In D. Matsumoto (Ed.), *Cambridge Dictionary of Psychology* (pp. 400-401). Cambridge: Cambridge University Press.
38. Mischel, W. & Ayduk, O. (2009). Delay of gratification. In D. Sander & K. R. Scherer (Eds.), *Oxford companion to emotion and the affective sciences*. New York: Oxford University Press.
- 37<sup>†</sup>. Ayduk, O., & Kross, E. (2009). Asking ‘Why’ From a Distance Facilitates Emotional Processing: A Reanalysis of Wimalaweera and Moulds (2008). *Behaviour Research and Therapy*, *47*, 88-92.
- 36<sup>†</sup>. Ayduk, O., & Gyurak, A. (2008). Applying the Cognitive-Affective Systems (CAPS) approach to conceptualizing Rejection Sensitivity. *Social and Personality Psychology Compass*, *2/5*, 2016-2033.
- 35<sup>†</sup>. \*Gyurak, A., & Ayduk, O. (2008). Resting respiratory sinus arrhythmia buffers against rejection sensitivity via emotion control. *Emotion*, *4*, 458-467.
34. Ayduk, O., & Gyurak, A. (2008). *Cognitive inhibitory control as a buffer against rejection sensitivity*. Proceedings of the 1<sup>st</sup> International Congress on Interpersonal Acceptance and Rejection.
- 33<sup>†</sup>. \*Kross, E., & Ayduk, O. (2008). Facilitating adaptive emotional analysis: Distinguishing distanced-analysis of depressive experiences from immersed-analysis and distraction. *Personality and Social Psychology Bulletin*, *34*, 924-938.
- 32<sup>†</sup>. Ayduk, O., Gyurak, A., & Luerssen, A. (2008). Individual differences in the rejection-aggression link in the hot sauce paradigm: The case of Rejection Sensitivity. *Journal of Experimental Social Psychology*, *44*, 775-782.
- 31<sup>†</sup>. Ayduk, O., & Kross, E.\* (2008). Enhancing the pace of recovery: Self-distanced analysis of negative experiences reduces blood pressure reactivity. *Psychological Science*, *19*, 229-231.
- 30<sup>†</sup>. Ayduk, O., Zayas, V., Downey, G., Cole, A. B., Shoda, Y., & Mischel, W. (2008). Rejection Sensitivity and Executive Control: Joint predictors of Borderline Personality features. *Journal of Research in Personality*, *42*, 151-168.
29. Ayduk, O., & Gyurak, A. (2008). Relationship Satisfaction. In W. A. Darity (Ed.), *International Encyclopedia of the Social Sciences*, Vol. 7, 2<sup>nd</sup> ed. (pp. 151-152). Detroit: Macmillian Reference.
28. Ayduk, O. (2008, January). The processing dynamics of Rejection Sensitivity: Theory and empirical evidence. *Interpersonal Acceptance*, *2*, 5-6.

- 27<sup>†</sup>. \*Gyurak, A., & Ayduk, O. (2007). Defensive physiological reactions to rejection: The effect of self-esteem and attention control on startle responses. *Psychological Science*, *18*, 886-892.
- 26<sup>†</sup>. Ayduk, O., Rodriguez, M., Shoda, Y., Mischel, W. & Wright, J. (2007). Verbal intelligence and self-regulatory competencies: Joint predictors of boys' aggression. *Journal of Research in Personality*, *41*, 374-388.
25. Ayduk, O. (2007). Delay of Gratification in Children. Contributions to Social-Personality Psychology. In G. Downey, Y. Shoda, & C. Cervone (Eds), *Persons in Context: Constructing a Science of the Individual* (pp. 97-109). Guilford Press.
24. Mischel, W., Shoda, Y., & Ayduk, O. (2007). *Introduction to personality: Toward an integrative science of the person* (8<sup>th</sup> Edition). NY: Wiley
- 23<sup>†</sup>. Eigsti, I. M., Zayas, V. Michel, W., Shoda, Y., Ayduk, O., Dadlani, M. B., Davidson, M. C., & Casey, B. J. (2006). Predicting cognitive control from preschool to late adolescence and young adulthood. *Psychological Science*, *17*, 478-484.
- 22<sup>†</sup>. \*Kross, E., Ayduk, O. & Mischel, W. (2005). When asking "why" doesn't hurt: Distinguishing rumination from reflective processing of negative emotions. *Psychological Science*, *16*, 709-715.
- 21<sup>†</sup>. Rodriguez, M., Ayduk, O., Aber, L. J., Mischel, W., Sethi, A., & Shoda, Y. (2005). A contextual approach to the development of self-regulatory competencies: The role of maternal unresponsivity and toddlers' negative affect in stressful situations. *Social Development*, *14*, 136-157.
20. Pietrzak, J., Downey, G., & Ayduk, O. (2005). Rejection Sensitivity as an interpersonal vulnerability. In M. W. Baldwin (Ed.), *Interpersonal Cognition* (pp. 62-84). New York: Guilford Press.
- 19<sup>†</sup>. Downey, G., Mougios, V., Ayduk, O., London, B., & Shoda, Y. (2004). Rejection Sensitivity and the Defensive Motivational System: Insights from the Startle Response to Rejection Cues. *Psychological Science*, *15*, 668-673.
18. Downey, G., Irwin, L., Ramsey, M., & Ayduk, O. (2004). Rejection sensitivity and girls' aggression. In M. Moretti, C. Odgers, & M. A. Jackson (Eds.), *Girls' aggression: Contributing factors and intervention principles* (pp. 7-26). Washington, D.C.: American Psychological Association Press.
17. Mischel, W. & Ayduk, O. (2004). Willpower in a cognitive-affective processing system: The dynamics of delay of gratification. In R. Baumeister and K. Vohs (Eds.), *Handbook of self-regulation: Research, theory, and applications* (pp. 99-129). New York: Guilford.
16. Morf, C. & Ayduk, O. (Eds.) (2004). *Current directions in personality psychology*. New Jersey: Pearson Prentice Hall.
- 15<sup>†</sup>. Ayduk, O., May, D., Downey, G., & Higgins, T. (2003). Tactical differences in coping with rejection sensitivity: The role of prevention pride. *Personality and Social Psychology Bulletin*, *29*, 435-448.
14. Mischel, W., Ayduk, O., & Mendoza-Denton, R. (2003). Sustaining delay of gratification over time: A hot-cool systems perspective. In G. Loewenstein, D. Read, & R. Baumeister (Eds.), *Time and decision* (pp. 175-200). New York: Russel Sage Foundation.

- 13<sup>†</sup>. Zayas, V., Shoda, Y., & Ayduk, O. (2002). Personality in context: An interpersonal systems perspective. *Journal of Personality*, 70, 851-900.
- 12<sup>†</sup>. Ayduk, O., Mischel, W., & Downey, G. (2002). Attentional mechanisms linking rejection to hostile reactivity: The role of “hot” vs. “cool” focus. *Psychological Science*, 13, 443-448.
- 11<sup>†</sup>. Mischel, W., & Ayduk, O. (2002). Self-regulation in a cognitive-affective personality system: Attentional control in the service of the self. *Self & Identity*, 1, 113-120.
10. Ayduk, O. & Mischel, W. (2002). When smart people behave stupidly: Inconsistencies in social and emotional intelligence. In R. J. Sternberg (Ed.), *Why smart people can be so stupid?* (pp. 86-105). New Haven, CT: Yale University Press.
- 9<sup>†</sup>. Ayduk, O., Downey, G., Kim, M. (2001). Rejection sensitivity and depressive symptoms in women. *Personality and Social Psychology Bulletin*, 27, 868-877.
- 8<sup>†</sup>. Higgins, E. T., Friedman, R. S., Harlow, R. E., Chen-Idson, L., Ayduk, O., & Taylor, A. (2001). Achievement orientations from subjective histories of success: Promotion pride versus prevention pride. *European Journal of Social Psychology*, 3, 3-23.
- 7<sup>†</sup>. Mendoza-Denton, R., Ayduk, O., Mischel, W., Shoda, Y., & Testa, A. (2001). Person x Situation interactionism in self-encoding (I am... when... ): Implications for affect regulation and social information processing. *Journal of Personality and Social Psychology*, 80, 533-544.
6. Levy, S.R., Ayduk, O., & Downey, G. (2001). Rejection sensitivity: Implications for interpersonal and inter-group processes. In Mark Leary (Ed.), *Interpersonal rejection* (pp. 251-289). New York: Oxford University Press.
- 5<sup>†</sup>. Ayduk, O., Mendoza-Denton, R., Mischel, W., Downey, G., Peake, P., & Rodriguez, M. (2000). Regulating the interpersonal self: Strategic self-regulation for coping with rejection sensitivity. *Journal of Personality and Social Psychology*, 79, 776-792.
- 4<sup>†</sup>. Downey, G., Feldman, S., & Ayduk, O. (2000). Rejection sensitivity and male violence in romantic relationships. *Personal Relationships*, 7, 45-61.
- 3<sup>†</sup>. Ayduk, O., Downey, G., Testa, A., Yen, Y., & Shoda, Y. (1999). Does rejection elicit hostility in rejection-sensitive women? *Social Cognition*, 17, 245-271.
2. Mendoza-Denton, R., Shoda, Y., Ayduk, O., & Mischel, W. (1999). Applying cognitive-affective systems theory to cultural differences in social behavior. In W. L. Lonner, D. L. Dinnel, D. K. Forgas, S. A. Hayes (Eds.). *Merging past, present, and future: Selected papers from the 14th International Congress of the International Association for Cross-Cultural Psychology* (pp. 205-217). Lisse, Netherlands: Swets & Zeitlinger.
- 1<sup>†</sup>. Mendoza-Denton, R., Ayduk, O., Shoda, Y., & Mischel, W. (1997). A cognitive-affective processing system analysis of reactions to the O.J. Simpson verdict. *Journal of Social Issues*, 53, 563-581.

#### MANUSCRIPTS UNDER REVIEW OR IN PREPARATION

1. Orvell, A., Bruehlman-Senecal, E., Vickers, B., Kross, E., & Ayduk, O (under review). *From laboratory to daily life: Self-distancing buffers vulnerable individuals against daily rumination*

*and depression over time.*

2. Williams, A., Ugurlu, O., Leitner, J., Kross, E., Mendoza-Denton, R., & Ayduk, O. (in preparation). Reflecting on negative memories in a foreign tongue: Implications for psychological distance and emotion regulation. Invited submission to *Affective Science: Special Issue on Language and Emotion*.
3. Orvell, A., Chandhok, S. Vickers, B., Ayduk, O., & Kross, E. (in preparation). Look who's talking: Spontaneous use of immersed vs. distanced self-talk in daily life. Invited submission to *Affective Science*.
4. Jones, J. L., & Ayduk, O. (in preparation). *Emotion-related effects of reappraisal and suppression: Within-subject evidence of regulation-related changes in negative emotion*.
5. Jones, J. L., & Ayduk, O. (in preparation). *Differences in memory for social feedback: Event-related correlates of encoding and retrieval processes in rejection sensitive individuals*.
6. Jones, J. L., & Ayduk, O. (in preparation). *Self-Talk and Self-Esteem: Do Non-First Person Parts of Speech Influence Affective Components of the Self-Concept?*
7. Yartsev, E. & Ayduk, O. (in preparation). *Letting Go of the Negative, Holding on to the Positive: Within-Individual Differences in Affective Habituation to Negative and Positive Stimuli*.
8. Ugurlu, O., Luerssen, A., & Ayduk, O. (in preparation). *Parenting and children's self-control: Does maternal engagement predict better or worse self-control in children?*
9. Ugurlu, O., Luerssen, A., & Ayduk, O. (in preparation). *Role of emotion recognition in the development of empathy in children*.

## INVITED TALKS & COLLOQUIA

- 2021 Sabancı University, Faculty of Arts & Social Sciences, Istanbul, Turkey
- 2021 Ohio State University, Department of Psychology
- 2020 University of Seville, School of Psychology, Seville, Spain
- 2018 Faculty Lecture Series, Department of Psychology, UC-Berkeley
- 2018 Stanford University, Affective Science Colloquium, Palo Alto, CA.
- 2018 Collaborative Research Center on Volition and Cognitive Control, Technical University of Dresden, Dresden, Germany.
- 2018 Directed Reading Program in Math, Massachusetts Institute of Technology, Boston, MA.
- 2018 Keynote Address, Alliance for the Graduate Education and the Professoriate, Berkeley, CA.
- 2018 Girls' Life Skills Workshop, University of California, Berkeley, CA.
- 2017 University of Zurich, Department of Psychology, Zurich, Switzerland
- 2016 University of California, Davis, Department of Psychology
- 2016 Cologne Social Cognition Meeting, University of Cologne, Cologne, Germany

- 2015 Annual conference of the Society of Affective Science, Oakland, CA.
- 2015 University of California, Berkeley Science Network
- 2014 University of Michigan, Department of Psychology
- 2014 Society of Personality & Social Psychology, Self-regulation Preconference, Austin, TX
- 2014 University of California, Berkeley Science Network
- 2013 Booth School of Business, University of Chicago
- 2013 University of California, Santa Barbara, Department of Psychology
- 2012 Stanford University, Palo, Alto, Department of Psychology
- 2011 University of California, San Francisco, Department of Psychiatry
- 2011 European Psychology Congress, Key Note Address, Istanbul, Turkey
- 2011 Society of Personality & Social Psychology, Self & Identity Preconference, San Antonio, TX
- 2008 American Psychological Society Annual Conference, San Francisco, CA.
- 2008 Institute for Personality and Social Research, University of California, Berkeley, CA.
- 2006 University of California, Davis, Department of Psychology
- 2006 Bilgi University, Department of Psychology, Istanbul, Turkey
- 2006 Stanford University, Palo Alto, Department of Psychology
- 2005 Columbia University, Department of Psychology
- 2005 Society of Personality & Social Psychology, Self & Identity Preconference, New Orleans, TN.
- 2004 Stanford University, Palo Alto, Department of Psychology
- 2004 Haas School of Business, University of California, Berkeley
- 2003 University of California, Santa Cruz, Department of Psychology
- 2002 University of Texas, Austin, Department of Psychology
- 2002 University of North Carolina, Chapel Hill, Department of Psychology
- 2001 The University of Hong Kong, Hong Kong, Psychology Colloquium

## CONFERENCE PRESENTATIONS

1. Jones, J. L., & Ayduk, O. (2019, May). Differences in memory for social feedback: Examining the roles of dispositional and situational expectations. Paper presented in J. L. Jones & A. Luerksen (Chairs), *The self in social context: Current perspectives on how self-views moderate processes and responses during social interactions* (Symposium). Annual Convention of the Association for Psychological Science, Washington, D.C., USA.
2. Luerksen, A. & Ayduk, O. (2019, May). Self-esteem and anxious responses to partner feedback: Parsing anticipatory and consummatory anxiety. Paper presented in J. L. Jones & A. Luerksen (Co-Chairs), *The self in social context: Current perspectives on how self-views moderate processes and responses during social interactions* (Symposium). Annual Convention of the Association for Psychological Science, Washington, D.C., USA.

3. Ugurlu, O., Williams, A., Leitner, J., Kross, E., Ayduk, O. (2019, March). *Regulating emotions in a foreign tongue: Reflecting on negative experiences in a second language*. Paper presented at the Bay Area Affective Science Meeting, San Francisco State University, San Francisco, CA.
4. Ayduk, O. (2019, March). SPSP 2018 Climate Survey: Results & Next Steps. Paper presented in O. Ayduk & J. Garcia (Co-Chairs), *SPSP 2018 Climate Survey* (Town Hall Meeting). Annual Convention of the Society for Social and Personality Psychology, Portland, WA, USA.
5. Ayduk, O. (2018, March). Emotion-regulation and rapport as mechanisms for improving mentorship outcomes in intergroup interactions. *Key Note Address* presented at the National Research Conference of the Alliance for Graduate Education & the Professoriate, Berkeley, CA, USA.
6. Luerssen, A. & Ayduk, O. (2018, March). Self-Esteem and Emotional Responses to Social Feedback – Parsing Anticipatory and Consummatory Emotion. Paper presented in D. Ren and M. Pfundmair (Chairs), *Responses to Social Exclusion in Various Contexts* (Symposium). Annual Convention of the Society for Personality and Social Psychology, Atlanta, GA, USA.
7. Ayduk, O., Bruehlman-Senecal, E., & John, O. (2017, July). This too shall pass: Temporal distance and the regulation of emotional distress. Paper presented in A. Scholl (Chair), *Transcending the present: How temporal perspectives alter emotion, cognition, and behavior*. Symposium conducted at the 18<sup>th</sup> General Meeting of the European Association of Social Psychology, Granada, Spain.
8. Ayduk, O. (2016, June). *Self-distancing: Strategies, outcomes & mediators*. Invited paper presented at the 2016 Cologne Social Cognition Meeting Series on Self-Regulation and Self-Control, Cologne, Germany.
9. Ayduk, O. & Bruehlman-Senecal, E. (2015, July). This too shall pass: Temporal distance and the regulation of emotional distress. Paper presented in O. Ayduk & E. Kross (Co-Chairs), *New directions in research on the emotion regulatory functions of psychological distance*. Symposium conducted at the 14<sup>th</sup> European Congress of Psychology, Milan, Italy.
10. Luerssen, A., Gyurak, A., Wendelken, C., Ayduk, Ö., & Bunge, S. (2015, May). Delay of gratification in childhood linked to cortical interactions with the nucleus accumbens. Paper presented in A. Luerssen & G. Pandey (Co-Chairs), *Delay of gratification: Contemporary perspectives on a classic construct* (Symposium). Annual Meeting of the Association for Psychological Science, New York City, NY, USA.
11. Ayduk, O., (2015, April). *Implications of third-person self-talk for emotion regulation*. Invited paper presented at the annual conference of the Society of Affective Science. Oakland, CA.
12. Ayduk, O., Kross, E. & Moser, J. (2015, February). *Self-talk as a regulatory mechanism: How you do it matters*. Paper presented at the annual meeting of the Society for Personality and Social Psychology. Long Beach, CA.
13. Kross, E., Ayduk, O., & Moser, J. (2015, February). Emotion regulation without cognitive control: The role of self-talk. Paper presented at the annual meeting of the Society for Personality and Social Psychology. Long Beach, CA

14. Bruehlman-Senecal, E., & Ayduk, O. (2014, July). *Time heals all wounds: Temporal distance and the regulation of emotional distress*. Presentation given at the European Association of Social Psychology's General Meeting, Amsterdam, The Netherlands.
15. Ayduk, O. & Kross, E. (2014, February). *Self-talk as a regulatory mechanism: How you do it matters*. Invited paper presented at the Self-Regulation Pre-conference at the annual meeting of the Society for Personality and Social Psychology, Austin, Texas.
16. Bruehlman-Senecal, E., & Ayduk, O. (2014, February). *Taking the broad view: The emotion-regulatory benefits of temporal distancing from stressful life events*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
17. Kuehn, M., Kross, E., & Ayduk, O. (2014, February). Don't worry, self distance: The effects of self-distancing from future worries and ongoing stressors. Poster presented at the 15<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, Austin, Texas.
18. Davis, T. S., Mauss, I. B., Sullivan, G. J., Ayduk, O. (2014, Feb). Retail therapy: Implications of shopping for emotion regulation. Poster presented at the 15<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, Austin, Texas.
19. Ayduk, O, Kross, E., & Moser, J. (2013, September). Self-distancing: Adaptive and maladaptive functions. Paper presented in O. Ayduk & E. Kross (Co-Chairs), *Divergent and convergent perspectives on psychological distance: Meaning, functions, and implications*. Symposium conducted at the annual meeting of the Society of Experimental Social Psychology (SESP), Berkeley, CA.
20. Kross, E., & Ayduk, O. (2013, September). Self-talk as a regulatory mechanism: Implications for affect, behavior and personal narratives. Paper presented in D. Sherman (Chair), *Narrative and Intervention: How Story Shaping Affects and Reflects Important Life Outcomes*. Symposium conducted at the annual meeting of the Society of Experimental Social Psychology (SESP), Berkeley, CA.
21. Ayduk, O. & Gyurak, A. (2013, May). Paradoxical Benefits of Resource Depletion for Rejection Sensitivity. Paper presented in D. Mischowski & J. Crocker (Co-chairs), *Affective & Cognitive Mechanisms Underlying the effects of social exclusion*. Symposium conducted at the annual meeting of the American Psychological Society (APS), Washington, DC.
22. Bruehlman-Senecal, E., & Ayduk, O. (2013, May). This too shall pass: The emotion regulatory benefits of temporal distancing from stressful events. Paper presented in S. S. Rude (Chair), *Emotion Regulation: Exploring the Benefits of 'Big Picture' Appraisal*. Symposium conducted at the annual meeting of the American Psychological Society (APS), Washington, DC.
23. Luerssen, A. & Ayduk, O. (2013, January). *Self-esteem influences affective responses to compliments from romantic partners*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
24. Bruehlman-Senecal, E., & Ayduk, O. (2013, January). *This too shall pass: The emotion regulatory benefits of temporal distancing from stressful events*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

25. Ayduk, O. (2011, July). Making meaning out of negative experiences by self-distancing. Invited State-of-the-Art presentation at the annual convention of the European Psychology Congress, Istanbul, Turkey.
26. Bruehlman-Senecal, E., Ayduk, O., & Kross, E. (2011, January). The benefits of a self-distanced perspective extend beyond the context in which it is evoked. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
27. Kross, E., Ayduk, O., & Burson, A. (2011, January). From affect to behavior: The behavioral implications of self-distancing. Paper presented in L. Van Boven (Co-Chair) and E. Kross (Co-Chair), *Perspectives on psychological distance's phenomenological foundations*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology (SPSP), San Antonio, TX.
28. Ayduk, O., Gyurak, A., & Luerssen, A. (2011, January). "Who am I and what do I want in life?" Implications of rejection for self-concept clarity for rejection sensitive individuals. Paper presented in L. M. Jeremka (Co-Chair) and N. Collins (Co-Chair), *Connect or protect? New insights into motivated responses to social exclusion*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology (SPSP), San Antonio, TX, USA.
29. Ayduk, O. & Kross, E. (2010, November). "Distance from the self and constructive behaviors towards partners: Implications of spontaneous self-distancing for interpersonal behavior." Paper presented in B. Wisco (Co-chair) and L. Hilt (Co-chair), *Getting Unstuck: Alternatives to Ruminative Self-Focus*. Symposium conducted at the annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
30. Gyurak, A., Hooker, C. & Ayduk, O. (2010, February). *Individual differences in regulation of ruminative responses to rejection – a joint fMRI and daily-diary investigation*. Paper presentation at the annual meeting of the Society for Personality and Social Psychology (SPSP), Las Vegas, NV, USA.
31. Gyurak, A. Ayduk, O. & Gross, J. (2010, January). *Training executive functions. Emotion regulatory and affective consequences*. Poster presentation at the Genetic and Experiential Influences on Executive Function Conference, Boulder, CO, USA.
32. Gyurak, A., Hooker, C. & Ayduk, O. (2009, May). Attenuating Reactivity to Rejection Among Low Self-Esteem Individuals: The Role of Attentional Control – Paper presentation at the annual meeting of the Association for Psychological Science (APS), San Francisco, CA, USA.
33. Hooker, C., Gyurak, A., Verosky, S., Miyakawa, A., & Ayduk, O. (2008, June). *Ventrolateral prefrontal cortex activity to emotional cues from partner predicts ability to regulate mood after an interpersonal conflict*. Paper presented at the annual meeting of the Social and Affective Neuroscience Society, Boston, MA.
34. Kross, E. & Ayduk, O. (2008, May). Enabling adaptive "working through". Paper presented in V. Zayas and E. Kross (Co-Chairs), *Rejection and social threat: Psychological and physiological responses and their regulation*. Symposium conducted at the annual meeting of the Association for Psychological Science (APS), Chicago, Illinois.
35. Gyurak, A. & Ayduk, O. (2008, May) Startle responses to social rejection: The joint effect of self-esteem and attention control. Paper presented in V. Zayas & E. Kross (co-chairs), *Rejection*



*and Social-Threat: Psychological and Physiological Responses and Their Regulation.*

Symposium conducted at the annual meeting of the American Psychological Society, Chicago, IL.

36. Kross, E. & Ayduk, O. (2008). Demystifying the ‘working-through’ paradox: Psychological and physiological processes and outcomes distinguishing reflective processing of negative emotions from rumination. Paper presented in D. Pereira (chair), *Health Behaviors*. Symposium conducted at the annual meeting of the American Psychosomatic Society, Baltimore, MD.
37. Ayduk, O. & Kross, E. (2008, January). Distinguishing adaptive and maladaptive self-reflection in coping with negative experiences: Self-distancing facilitates adaptive patterns of physiological reactivity. Paper presented in E. Kross (Chair) and O. Ayduk (co-chair), *Bridging the mind and body: Unpacking the effects of worry and rumination on physical health*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology (SPSP), Albuquerque, NM.
38. Kross, E. & Ayduk, O., & (2007, November). Psychological and physiological processes distinguishing adaptive and maladaptive self-reflection. Paper presented in E.A.P. Haigh (Chair) and D.M. Fresco (Co-Chair), *A melancholy of mine own: Basic mechanisms, functions, and consequences of ruminative self-reflection*. Symposium conducted at the annual meeting of the Association for Cognitive and Behavioral Therapies (ABCT), Philadelphia, Pennsylvania.
39. Kross, E., Ayduk, O., & Mischel, W. (2007, January). Enabling adaptive “working through”. Paper presented in L. Libby (Chair) and R. Eibach (Co-Chair), *Perspectives on the self: Social psychological implications of point of view in mental imagery*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology (SPSP), Memphis, Tennessee.
40. Kross, E., Ayduk, O., & Mischel, W. (2006, September). Enabling adaptive “working-through”: Short-term and delayed outcomes distinguishing reflective processing of negative emotions from rumination. Paper presented in A. Fishbach (Chair) and N Liberman (Co-Chair), *A self regulatory perspective on priming*. Symposium presentation at the annual meeting of Society of Experimental Social Psychology, Philadelphia, PA.
41. Ayduk, O. & Kross, E. (2006, November). When asking “why” doesn’t hurt: Distinguishing reflective processing of negative emotions from rumination. Paper presented in J. Joorman (Chair), *Taking a closer look at rumination and emotion regulation: Adaptive vs. maladaptive components, relation to emotional disorders, and implications for interventions*. Symposium presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
42. Ayduk, O. (2006, June). Cognitive control as a buffer against rejection sensitivity. Paper presented in O. Ayduk (Chair), *Processes in rejection sensitivity: Origins, consequences, and neural correlates*. Symposium presentation at the annual meeting of the International Society for Interpersonal Rejection and Acceptance, Istanbul, Turkey.
43. Gorchhoff, S. Chen, S. & Ayduk, O. (2006). *Engagement without enjoyment. The effect of attachment avoidance on exploration-related affect, motivation, and behavior*. Poster presented at the annual meeting of Society of Personality and Social Psychology, Palm Springs, CA.

44. Mischel, W., Ayduk, O., & Kross, E. (2006, January). Demystifying Willpower: Hot/cool System Interactions in Self-Regulation. Paper presented in A. Fishbach and Y. Trope, (Chairs), *Self-control processes: New theoretical and Empirical Directions*. Symposium presentation at the annual meeting of the Society of Personality and Social Psychology, Palm Springs, CA.
45. Kross, E., Ayduk, O., & Mischel, W. (2006, January). When asking why doesn't hurt: Psychological mechanisms distinguishing reflective versus ruminative processing of negative emotions. Paper presented in O. Ayduk and E. Kross (Chairs), *Adaptive versus Maladaptive processing of negative Emotions: A multi-level Analysis*. Symposium presentation at the annual meeting of the Society of Personality and Social Psychology, Palm Springs, CA.
46. Ayduk, O., Gyurak, A. & Castriotta, N. (2006). The effect of cognitive control on automatic emotion regulation in rejection sensitivity. Paper presented in I. Mauss (Chair), *Automatic Processes in Emotion Regulation*. Symposium presentation at the annual meeting of the Society of Personality and Social Psychology, Palm Springs, CA.
47. Kross, E., Hatzenbuehler, M., Ayduk, O., & Mischel, W. (2005). *When asking 'why' doesn't always hurt: Psychological Mechanisms underlying cool emotional processing*. Poster presented at the annual meeting of Society of Personality and Social Psychology, New Orleans, TN.
48. Chen, S., Ayduk, O., & Gorchoff, S. (2005, January). Attachment anxiety and exploration: Approach- and avoidance-related construals of novel activities. Paper presented in J. Beer (Chair), *Self-regulation across the stages of social interaction*. Symposium conducted at the annual meeting of the Society of Personality and Social Psychology, New Orleans, TN.
49. Gorchoff, S., Ayduk, O. & Chen, S. (2004, January). *Attachment anxiety and exploration: Threat and personal growth perceptions of novel activities*. Poster presented at the sixth annual meeting of the Society for Personality and Social Psychology, Austin, TX.
50. Kross, E., Ayduk O., & Mischel, W. (2004). *The rumination buffering effects of mindfulness*. Poster presented at the sixth annual meeting of the Society for Personality and Social Psychology, Austin, TX.
51. Kross, E., Ayduk, O. & Mischel, W. (2003). *Hot/cool dynamics in anger regulation: Interaction of psychological distancing and emotional processing*. Poster presented at the annual meeting of Society of Personality and Social Psychology, Los Angeles, CA.
52. Ayduk, O. & Velilla, E. (2003, March). Implications of Rejection Sensitivity and Self Regulation for Relational Vulnerabilities. In G. Downey & N. Crick (Chairs), *Relational and Regulatory Vulnerabilities: Implications for a Gender-Sensitive Approach to Psychopathology*. Symposium conducted at the biennial meeting of the Society for Research in Child Development, Tampa, Florida.
53. Ayduk, O. & Rodriguez, M. (2003, March). Delay of gratification in Latino and African-American children's academic and social development. Paper presented in D. Newman (Chair), *Exploring personality processes in minority children's development*. Symposium conducted at the biennial meeting of the Society for Research in Child Development, Tampa, Florida.
54. Ayduk, O., Mendoza-Denton, R., & Downey, G. (2001, March). The role of attentional control in regulating the interpersonal self. Paper presented in W. Mischel (Chair) and O. Ayduk (co-chair),

- Early antecedents and long-term consequences of self-regulation.* Symposium conducted at the biennial meeting of the Society for Research in Child Development, Minneapolis, Minnesota.
55. Ayduk, O., & Downey, G. (2000, October). Rejection Sensitivity and female aggression in close relationships. Paper presented in M. Moretti (Chair), *Gender, Attachment and Aggression. Symposium conducted at the 47th annual meeting of the American Academy of Child and Adolescent Psychiatry*, New York, NY.
  56. May, D., Ayduk, O., Higgins, T., & Downey, G. (2000). *Effective prevention self-regulation impacts strategic expressions of hostility for rejection sensitive people.* Paper presented at the 12th annual convention of the American Psychological Society, Miami, Florida.
  57. Mendoza-Denton, R., Ayduk, O., Mischel, W & Shoda, Y. (2000). *Implications of P x S interactionism in self-encoding for affect regulation and social perception.* Paper presented at the 12th annual convention of the American Psychological Society, Miami, Florida.
  58. Schlam, T., Ayduk, O., & Mischel, W. (2000). *Stroop task as a measure of attentional control.* Paper presented at the 12th annual convention of the American Psychological Society, Miami, Florida.
  59. Ayduk, O., Downey, G., & Mischel, W. (2000). Rejection sensitivity and activation of anger: Cognitive-attentional and motivational factors in anger control. Paper presented in M. Baldwin (Chair), *Rejection and acceptance: A closer look.* Symposium conducted at the first annual conference of the Society for Personality and Social Psychology, Nashville, Tennessee.
  60. Ayduk, O. & Testa, A. (1999, March). Female aggression in close relationships: A reaction to interpersonal rejection. Paper presented in M. Moretti, (Chair), *Girls' aggression.* Symposium conducted at the biennial meeting of the Society for Research in Child Development, Albuquerque, New Mexico.
  61. Downey, G., Freitas, A., & Ayduk, O. (1998). *The self-fulfilling prophecy in close relationships: Do young women who expect rejection get rejected by their partners?* Paper presented at the Seventh Biennial Meeting of the Society for Research on Adolescence, San Diego, California.
  62. Mendoza-Denton, R., Shoda, Y., Ayduk, O., & Mischel, W. (1998). Applying CAPS theory to cultural differences in social behavior. Paper presented in R. Mendoza-Denton (Chair), *The cultural mediation of self-concept and personality II.* Symposium conducted at the 14th Congress of the International Association for Cross-Cultural Psychology, Bellingham, WA.
  63. Ayduk, O., Mendoza-Denton, R., Downey, G., Mischel, W., Peake, P., & Rodriguez, M. (1998, May). *Self-regulation as a protective factor in the face of interpersonal stress: The case of rejection sensitivity.* Paper presented in G. Downey (Chair) and O. Ayduk (co-chair), *Self-regulation under psychological stress.* Symposium conducted at the 10th annual meeting of the American Psychological Society, Washington, D.C.
  64. Downey, G., Freitas, A., & Ayduk, O. (1997). Rejection sensitivity and women's intimate relationships. Paper presented in R. Baumeister (Chair), *Relationship cognitions.* Symposium conducted at the annual meeting of Society for Experimental Social Psychology.

65. Downey, G., Freitas, A., & Ayduk, O. (1997). *The intergenerational transmission of relationship frames: A working model of working models*. Paper presented at the 9th annual meeting of the American Psychological Society, Washington, D.C.
66. Mischel, W., Mendoza-Denton, R., & Ayduk, O. (1997). *Harnessing self-regulatory competencies to promote long-term positive developmental outcomes*. Paper presented at the 105th annual convention of the American Psychological Association, Chicago, Illinois.