

ÖZLEM AYDUK

CONTACT INFORMATION

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POSITIONS HELD

Chair, Department of Psychology, UC-Berkeley	2023-2026
Vice-chair, Department of Psychology, UC-Berkeley	2020-2023
Professor, Department of Psychology, UC-Berkeley	2015-present
Area Head, Social-Personality Area, UC-Berkeley	2013-2016
Associate Professor, Department of Psychology, UC-Berkeley	2009-2015
Assistant Professor, Department of Psychology, UC-Berkeley	2002-2009
Post-doc, Department of Psychology, Columbia University, NY, NY	1999-2002

EDUCATION

Ph.D., Psychology, Columbia University, NY, NY	1999
M.A., Psychology, Columbia University, NY, NY	1995
B.A., Psychology, Boğaziçi University, Istanbul, Turkey	1992
B.A., Political Science, Boğaziçi University, Istanbul, Turkey	1992

HONORS & AWARDS

Elected Fellow, American Association for the Advancement of Science	2026
Diener Award in Personality Psychology, Society for Personality & Social Psychology	2022
Social Sciences Distinguished Teaching Award, UC-Berkeley	2021
Distinguished Research Fellow, Sabancı University, Turkey	2020-2022
Faculty Leadership Academy Fellow, 2021 Cohort	2020-2021
Distinguished Service Award, Society for Personality & Social Psychology	2019
Thomas and Ruth Ann Hornaday Chair in Psychology	2019-2024
Elected Fellow, Society for Personality & Social Psychology	2016
Elected Fellow, American Psychological Society	2014
Elected Fellow, Society of Experimental Social Psychology	2008
Hellman Faculty Fellow	2004
Delta Kappa Gamma World Fellowship	1993-1994
Fulbright Fellow	1993-1997

Faculty Fellowship, Columbia University, NY, NY

1993-1998

GRANT SUPPORT

Project Title: Relationships & Social Cognition
Role: Principal Investigator
Source: University of California, Berkeley (Spark Grant)
Amount: \$7500
Dates of project: 7/2023-6/2024

Project Title: Relationships & Social Cognition
Role: Principal Investigator
Source: University of California, Berkeley (Spark Grant)
Amount: \$7500
Dates of project: 7/2023-6/2024

Project Title: Interpersonal and intrapersonal mechanisms in improving mentoring relationships for URM students in STEM fields.
Role: Principal Investigator (co-PI: Rodolfo Mendoza-Denton)
Source: NSF
Amount: \$498,710
Dates of project: 9/2013-8/2016

Project Title: Collaborative Research: Directed Reading Program Network
Role: Social Science Research Consultant (PI: Staffilani)
Source: NSF
Amount: \$ 35,000
Dates of project: 9/2017-9/2018

Project Title: Predoctoral Training Consortium in Affective Science (T32, MH020006)
Role: Training Faculty (PI: Sheri Johnson)
Source: National Institute of Mental Health
Amount: \$ 684,332
Dates of project: 7/2014-7/2018

Project Title: Reducing neural and immune threat reactivity during intergroup mentoring in STEM.
Role: Principal Investigator (co-I: Jordan Leitner)
Source: NSF
Amount: \$209,949
Dates of project: 9/2015-4/2017

Project Title: Cultivating Young Minds: Training self-distancing to promote self-control, emotional intelligence, and academic performance
Source: Character Lab
Role: Co-Principal Investigator (co-PI: Ethan Kross)
Amount: \$250,000
Dates of project: 8/2013-11/2015

Project Title: From good intentions to virtue: Training self-distancing to promote prosocial affect,

cognition and behavior.

Role: Co-Principal Investigator (co-PI: Ethan Kross)

Source: Templeton Foundation

Amount: \$130,108

Dates of project: 11/2011-11/2014

Project Title: Impact of self-distancing on virtuous behavior: An intervention study

Role: Principal Investigator

Source: University of California, Berkeley (Faculty Research Grant)

Amount: \$9000

Dates of project: 4/2011-6/2012

Project Title: Collaborative research: Self-control in the life course: A multi-level analysis

Role: Principal Investigator, Contact PI (Yuichi Shoda)

Source: National Science Foundation

Amount: \$180,000

Dates of project: 9/2006-8/2011

Project Title: Processes in rejection sensitivity

Role: Co-Investigator (PI: G. Downey); Principal Investigator on subcontract

Source: National Institute of Mental Health

Amount: \$1,100,000 (Berkeley subcontract: \$378,000)

Dates of project: 1/2004-12/2009

Project Title: Physiological and neural correlates of attention regulation in low self-esteem individuals

Role: Principal Investigator

Source: University of California, Berkeley (Faculty Research Grant)

Amount: \$4000

Dates of project: 7/2008-6/2009

Project Title: Continuities in children's ability to delay gratification across the life span

Role: Principal Investigator

Source: UC-Berkeley (Faculty Research Grant)

Amount: \$5,000

Dates of project: 7/2006-6/2007

Project Title: Interpersonal triggers and hormonal precursors of stress in rejection sensitive people

Role: Principal Investigator

Source: UB-Berkeley (Junior Faculty Research Grant)

Amount: \$4,000

Dates of project: 7/2005-6/2006

Project Title: Continuities in children's ability to delay gratification across the life span

Role: Principal Investigator

Source: Hellman Family Faculty Fund

Amount: \$30,000

Dates of project: 7/2004-6/2006

Project Title: Interpersonal triggers and hormonal precursors of shame and anger in rejection sensitive people.

Role: Principal Investigator

Source: UC-Berkeley (Faculty Research Grant)

Amount: \$8,200

Dates of project: 7/2003-6/2004

Project Title: The role of attention on threat cues in the rejection sensitivity dynamic.

Role: Principal Investigator

Source: UC-Berkeley (Junior Faculty Research Grant)

Amount: \$5,625

Dates of project: 11/2002-6/2003

PROFESSIONAL SERVICE

Board of Directors

Board Member, Society of Experimental Social Psychology (SESP)	2016-2018
Board Member, Society for Personality & Social Psychology (SPSP)	2018-2020

Advisory Board

Faculty of Arts & Sciences, Sabancı University, Turkey	2025
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Committee Service

Chair, Personality and Emotion Track Program Committee, APS	2011-2014
Co-Chair, Bi-annual Convention Program, ARP	2013
Member, Annual Convention Program Committee, SESP	2016
Member, Small Grants Review Panel, SPSP	2016
Member, Career Trajectory Award Selection Committee, SESP	2016
Member, Membership Selection Committee, SESP	2017
Chair, Career Trajectory Award Selection Committee, SESP	2017
Chair, Small Grants Review Panel, SPSP	2017
Chair, 2018 Dissertation Awards Committee, SESP	2018
Member, 2018 Scientific Awards Committee, SESP	2018
Co-Chair, Sexual Harassment and Sexual Violence Task Force, SPSP	2018-2019
Chair, Early Career Awards Committee for Individual Differences, APA	2020
Member, Search Committee, JPSP-ASC Editor Search, APA	2022
Member, Publications Committee, SPSP	2022-2024
Member, Diener Mid-Career Award Selection Committee, SPSP	2023, 2024
Member, Committee on Scientific Awards, APA	2025-2028

Associate Editor

Journal of Personality and Social Psychology, Section 3	2011-2015
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Editorial Board, Consulting Editor

Journal of Personality and Social Psychology, Section	2003-2009
Journal of Research in Personality	2003-2009
Journal of Personality and Social Psychology, Section 1	2017-2023
Journal of Personality and Social Psychology, Section 2	2024-present
Psychological Science	2012-present

Ad Hoc Reviewer (Journals)

Cognition & Emotion; Behavior Research & Therapy; Developmental Psychology; Emotion; Journal of Abnormal Psychology; Journal of Consulting and Clinical Psychology; Journal of Experimental Social Psychology; Journal of Personality; Personal Relationships; Personality & Social Psychology Bulletin; Psychological Review; Social & Personality Psychology Compass; European Journal of Social Psychology; Social Psychological & Personality Science; PlosOne; Social Science & Medicine; Clinical Psychological Science; Emotion; Nature Human Behavior; Perspectives in Psychological Science

Ad Hoc Reviewer (Funding Agencies)

National Science Foundation; Social Sciences and Humanities Research Council of Canada; Israeli Binational Science Foundation; Templeton Foundation; Greater Good Science Center

PUBLICATIONS

[Google Scholar H-Index](#): 59 (22399 citations)

* = student/post-doc first author mentored by me

† = peer reviewed

¹ = shared first authorship

104[†]. *Sgambati, T., *Eiora Solans, C., & Ayduk, O. (in press). Painful Politics: Negative Affect and the Role of Emotion Regulation During the 2020 U.S. Presidential Election. *Emotion*.

103[†]. *Yartsev, E. John, O. & Ayduk, O. (2025). Letting Go of the Negative, Holding on to the Positive: Within-Individual Trajectories of Affective Habituation to Negative and Positive Stimuli. *Personality & Social Psychology Bulletin*. <https://doi.org/10.1177/01461672251348486>

102[†]. *Ugurlu, O., Luerssen, A., Ocampo, J., John, O., & Ayduk, O. (2025). Developmental Trajectories and Socioemotional Correlates of Emotion Recognition in Vocal Bursts in Early Childhood. *Developmental Psychology*. <https://doi.org/10.1037/dev0001949>.

101[†]. Baldwin, C. R., Schertz, K. E., Orvell, A., Costello, C., Takahashi, S., Moser, J. S., Ayduk, O., & Kross, E. (2025). Managing Emotions in Everyday Life: Why a Toolbox of Strategies Matters. *Emotion*. <https://dx.doi.org/10.1037/emo0001492>

- 100[†]. *Jones, J., Isaacowitz, D., & Ayduk, O. (2024). Conceal and Don't Feel as Much? Experiential Effects of Expressive Suppression. *Personality & Social Psychology Bulletin*. doi: 10.1177/01461672241290397
- 99[†]. Luerssen, A., Ugurlu, O., Mauss, I. & Ayduk, O. (2024). Child inhibited temperament and caregiver distraction encouragement jointly predict children's delay of gratification competencies. *Scientific Reports*, **14**, 1798. <https://doi.org/10.1038/s41598-024-52288-w>.
98. Kross, E. & Ayduk, O. (2024). *Distancing: What It Is, How It Works, and Why It Matters*. In J. Gross & B. Ford (Eds.). *Handbook of Emotion Regulation*, 3rd Edition (pp. 505-512), Guilford Press.
- 97[†]. *Sgambati, T., & Ayduk, O. (2023). Intellectual Humility and Political Polarization: Exploration of Social Networks, Attitudes, and Affect. *Political Psychology*, *44*, 807-828. <https://doi.org/10.1111/pops.12890>
96. Kross, E., Ong, M., & Ayduk, O. (2023). Self-Reflection at Work: Why It Matters and How to Harness Its Potential and Avoid Its Pitfalls. *Annual Review of Organizational Behavior*, *10*, 441-464.
- 95[†]. Benkley, D., Willroth, E. C., Ayduk, O., John, O. P., & Mauss, I. B. (2023). Short-term implications of long-term thinking: Temporal distancing and emotional responses to daily stressors. *Emotion*, *23*, 595-599. 10.1037/emo0001140.
94. *Sgambati, T. J., & Ayduk, O. (2022). Is intellectual humility an antidote for our polarized nation? *American Journal of Health Promotion*, *36*, 1411-1414. doi.org/10.1177/08901171221125326d
- 93[†]. Orvell, A., Bruehlman-Senecal, E., Vickers, B., Kross, E., & Ayduk, O. (2022). From laboratory to daily life: Self-distancing buffers vulnerable individuals against daily rumination and depression over time. *Psychology of Consciousness: Theory, Research, and Practice*. <https://doi.org/10.1037/cns0000323>
92. Weinstein, R. S., Ayduk, O., & Johnson, S. L. (2021). *Psychology Part I: A Social History of Female Faculty in Psychology at UC Berkeley (1888-2021)*. University of California Berkeley, Department of Psychology. <https://psychology.berkeley.edu/psychology-part-iii-social-history-female-faculty-berkeley>
- Also published as:
Weinstein, R. S., Ayduk, O., & Johnson, S. L. (2023). *Psychology Part I: A Social History of Female Faculty in Psychology at UC Berkeley (1888-2021)*. University of California Berkeley, eScholarship Repository. <https://escholarship.org/content/qt6fm2w2tc/qt6fm2w2tc.pdf>
91. Weinstein, R. S., Ayduk, O., & Johnson, S. L. (2021). *Psychology Part II: Our female Ph.D. graduates at Berkeley*. University of California Berkeley Department of Psychology. <https://psychology.berkeley.edu/psychology-part-ii-our-female-phd-graduates-berkeley>.

Also published as:

Weinstein, R. S., Ayduk, O., & Johnson, S. L. (2023). *Psychology Part II: Our female Ph.D. graduates at Berkeley*. University of California Berkeley, eScholarship Repository. <https://escholarship.org/content/qt6fm2w2tc/qt6fm2w2tc.pdf>

90. Ayduk, O. & Mendoza-Denton, R. (2021). *Cognitive-Affective Processing Systems Approach to Personality Dispositions: Rejection Sensitivity as an Illustrative Case Study*. In O. John and R. Robbins (Eds.). *Handbook of Personality: Theory & Research* (4th Edition). Guilford Press.
- 89[†]. Talaifar, S., Buhrmester, M., Ayduk, O., & Swann, W. (2021). Asymmetries in mutual understanding: People with low status, power, and self-esteem understand better than they are understood. *Perspectives in Psychological Science*, *16*, 338-357.
- 88[†]. Orvell, A., Vickers, B., Drake, Verduyn, P., Ayduk, O., Moser, J., Jonides, J., & Kross, E. (2021). Does Distanced Self-Talk Facilitate Emotion Regulation Across a Range of Emotionally Intense Experiences? *Clinical Psychological Science*, *9*, 68-78.
- 87[†]. *Anderson, C. L., Chen, S., & Ayduk, O. (2020). When does changing emotions harm authenticity? Distinct reappraisal strategies differentially impact subjective and observer-rated authenticity. *Self & Identity*, *19*, 590-612.
- 86[†]. Lee, D. S., Briskin, J., Shrapnell, T., Ayduk, O., Ybarra, O., & Kross, E. (2019). When chatting about negative experiences helps—and when it hurts: Distinguishing adaptive vs. maladaptive social support in computer-mediated communications, *Emotion*, *20*, 368-375. doi: 10.1037/emo0000555
- 85[†]. Orvell, A., Ayduk, O., Moser, J., Gelman, S. A., & Kross, E. (2019). Linguistic shifts: A relatively effortless route to emotion regulation? *Current Directions in Psychological Science*, *28*(6), 567–573. doi: 10.1177/0963721419861411
84. Ayduk, O., & Mendoza-Denton, R. (2019). Walter Mischel (1930-2018). *American Psychologist*, *74*, 740-741.
- 83[†]. White, R., *Kuehn, M., Kross, E. & Ayduk, O. (2019). Focusing on the future from afar: Self-distancing from future stressors facilitates adaptive coping. *Emotion*, *19*, 903-916.
- 82[†]. Luerssen, A. & Ayduk, O. (2019). Self-esteem and anxious responses to partner feedback: Parsing anticipatory and consummatory anxiety. *Personal Relationships*, *26*, 137-157.
81. Mendoza-Denton, R., Leitner, J. B., & Ayduk, O. (2018). Personality and social interaction: Interpenetrating processes. In K. Deaux and M. Snyder (Eds.), *Oxford Handbook of Personality and Social Psychology*, 2nd Edition (pp. 513-538). New York: Oxford University Press.
- 80[†]. *Leitner, J. Ayduk, O., Boykin, M. & Mendoza-Denton, R. (2018). Reducing Negative Affect and Increasing Rapport Improve Interracial Mentorship Outcomes. *PLoS ONE*, *13*(4) <https://doi.org/10.1371/journal.pone.0194123>.
- 79[†]. Carlson, S. M., Shoda, Y., Ayduk, O., Aber, Lawrence, Schaefer C., Sethi, A., Wilson, N., Peake, P. K., & Mischel, W. (2018). Cohort Effects in Delay of Gratification. *Developmental Psychology*, *54*, 1395–1407.

78. Ayduk, O. & Kross, E. (2018). Self-Distancing: Basic Mechanisms and Clinical Implications. In D.D. Ridder, M. Adriaanse, K. Fujita (Eds.), *International Handbook of Self-Control in Health and Well-Being* (pp. 364-376). Routledge: Abingdon, UK.
- 77[†]. Kross, E., Vickers, B., Orvell, A., Gainsburg, I., Moran, T., Boyer, M., Jonides, J., Moser, J. & Ayduk, O. (2017) Third-person self-talk reduces Ebola worry and risk perception by enhancing rational thinking. *Applied Psychology: Health and Well-Being*, 9, 387-409.
- 76[†]. Felsman, P, Verduyn, P, Ayduk, O., & Kross, E. (2017). Being present: Focusing on the present predicts improvements in life satisfaction but not happiness. *Emotion*, 17, 1047-1051.
- 75[†]. Luerssen, A., *Jhita, G. J., & Ayduk, O. (2017). Putting yourself on the line: Self-esteem and expressing affection in romantic relationships. *Personality & Social Psychology Bulletin*, 43, 940-956.
- 74[†]. Moser, J., Dougherty, A., Moran, T. P., Gueverra, D., Shablack, H., Ayduk, O., Jonides, J., Berman, M. G., & Kross, E. (2017). Third person self-talk facilitates emotional control without engaging cognitive control. *Scientific Reports*, 7:4519.
Top 100 Read Articles 2017. Official Author. Scientific Reports
73. Luerssen A., & Ayduk O. (2017). Executive functions and well-being: Outcomes and mediators. In M. D. Robinson, & M. Eid (Eds.), *The Happy Mind: Cognitive Contributions to Well-Being* (pp. 59-75). Springer International Publishing.
72. Kross, E., & Ayduk, O. (2017). Self-Distancing: Theory, Research and Current Directions. In J. M. Olson (Ed.), *Advances in Experimental Social Psychology*, 55, 81-136.
- 71[†]. *Ranney, R., *Bruehlman-Senecal, E. & Ayduk, O. (2017). A brief online intervention comparing the efficacy of teaching specific reappraisal strategies. *Journal of Happiness Studies*, 18, 1319-1338.
- 70[†]. *Leitner, J., Ayduk, O., Mendoza-Denton, R., Magerman, A., Amey, R. Kross, E., & Forbes, C. (2017). Self-distancing Improves Interracial Mentorship by Decreasing Medial Prefrontal Cortex Activity During the Provision of Criticism. *Social-Cognitive & Affective Neuroscience*, 12, 534-543.
- 69[†]. *Leitner, J. B., Hehman, E., Ayduk, O., & Mendoza-Denton, R. (2016). Racial bias is associated with ingroup death rate for Blacks and Whites: Insights from Project Implicit. *Social Science & Medicine*, 170, 220-22.
- 68[†]. *Leitner, J. B., Hehman, E., Ayduk, O., & Mendoza-Denton, R. (2016). Blacks' circulatory death rate is positively related to Whites' racial bias: A nation-wide study using Project Implicit. *Psychological Science*, 27, 1299-1311.
- 67[†]. *Bruehlman-Senecal, E., Ayduk, O., John, O. (2016). Taking the Long View: Implications of Individual Differences in Temporal Distancing for Affect, Stress Reactivity, and Well-Being. *Journal of Personality & Social Psychology*, 111, 610-635.
- 66[†]. Park, J., Ayduk, O., & Kross, E. (2016). Stepping back to move forward: Self-distancing mediates the meaning-making effects of expressive writing. *Emotion*, 6, 349-364.

- 65[†]. Luerssen, A., Gyurak, A., Ayduk, O., Wendelken, C., & Bunge, S. (2015). Delay of gratification in childhood linked to cortical interactions with the nucleus accumbens. *Social Cognitive and Affective Neuroscience*, *10*, 1769-1776.
64. Ayduk, O. & Kross, E. (2015). Pronouns matter when you are psyching yourself up. *Harvard Business Review*. Feb 6, 2015.
<https://hbr.org/2015/02/pronouns-matter-when-psyching-yourself-up>
- 63[†]. *Bruehlman-Senecal, E. & Ayduk, O. (2015). This too shall pass: Temporal Distance and the Regulation of Emotions. *Journal of Personality & Social Psychology*, *108*, 356-275.
62. Mendoza-Denton, R. & Ayduk, O. (2015). Co-engagement, co-construction, co-evocation: Three principles to bridge relationships and social cognition. In M. Mikulincer, P. Shaver, E. Borgida, & J. Bargh (Eds.), *Handbook of Personality and Social Psychology* (pp. 363-384). Washington, DC: American Psychological Association.
- 61[†]. *Breines, J. & Ayduk, O. (2015). Rejection sensitivity and vulnerability to self-directed hostile cognitions following rejection. *Journal of Personality*, *83*, 1-13.
- 60[†]. Park, J., Ayduk, O., O'Donnell, L., Chun, J., Gruber, J., Kamali, M., McInnis, M., Deldin, P., & Kross, E. (2014). Regulating the High: Cognitive and Neural Processes Underlying Positive Emotion Regulation in Bipolar I Disorder. *Clinical Psychological Science*, *2*, 661-674.
- 59[†]. Kross, E., Bruehlman-Senecal, E., Park, J., Burson, A., Moser, J., Dougherty, A., & Ayduk, O. (2014). Self talk as a therapeutic mechanism. How you do it matters. *Journal of Personality & Social Psychology*, *105*, 304-324.
58. *Luerssen, A. & Ayduk, O. (2014). The role of emotion and emotion regulation in the ability to delay gratification. In J. Gross (Ed.), *Handbook of Emotion Regulation* (pp.111-125). New York: Guilford Press.
- 57[†]. Berman, M. G., Yourganov, G., Askren, M., Ayduk, O., Casey B.J., Gotlib, I. H., Kross, E., McIntosh, A. R., Strother, S., Wilson, N. L., Zayas, V., Mischel, W., Shoda, Y. & Jonides, J. (2013). Dimensionality of brain networks linked to life-long individual differences in self-control. *Nature Communications*, *4*. PMID: 23340413 [PubMed - in process]
- 56[†]. Ayduk, O., Gyurak, A., Akinola, M & Mendes, W. B. (2013). Self-verification processes revealed in implicit and behavioral responses to feedback. *Social Psychology and Personality Science*, *4*, 538-545.
- 55[†]. *Schlam, T., Wilson, N., Shoda, Y., Mischel, W., & Ayduk, O. (2013). Preschoolers' delay of gratification predicts their Body Mass 30 years later. *Journal of Pediatrics*, *162*, 90-93. PMID: PMC3504645
- 54[†]. Kross, E., Gard, D., Deldin, P., Clifton, J. & Ayduk, O. (2012). "Asking why" from a distance: Its cognitive and emotional consequences for people with Major Depressive Disorder. *Journal of Abnormal Psychology*, *121*, 559-569.

53. Mendoza-Denton, R. & Ayduk, O. (2012). Personality and social interaction: Interpenetrating processes. In K. Deaux and M. Snyder (Eds). *The Oxford Handbook of Personality and Social Psychology*. New York: Oxford University Press.
- 52[†]. *Gyurak, A., Hooker, C., Miyakawa, A., Verosky, S.C., Luerssen, A. & Ayduk, O. (2012). Individual differences in neural responses to social rejection: The joint effect of self-esteem and attentional control. *Social Cognitive and Affective Neuroscience*, 7, 322-31.
- 51[†]. Casey, B.J., Somerville, L.H., Gotlib, I. H., Ayduk, O., Franklin, N. T., Askren, M. K., Jonides, J., Berman, M. G., Wilson, N. L., Teslovich, T., Glover, G., Zayas, V., Mischel, W., & Shoda, Y. (2011). Behavioral and neural correlates of delay of gratification 40 years later. *Proceedings of the National Academy of Sciences*, 108, 14998-15003.
- 50[†]. Kross, E., Duckworth, A., Ayduk, O., & Tsukayama, E., Mischel, W. (2011). Differential Effects of Self-Distanced vs. Self-Immersed Reflection for Affect and Cognition Among Children. *Emotion*, 5, 1032-1039.
- 49[†]. Mischel, W., Ayduk, O., Berman, M., Casey, B.J., Gotlib, I., Jonides, J., Kross, E., Wilson, N., Zayas, V., & Shoda, Y. (2011). “Willpower” over the life span: Decomposing self-regulation. *Social Cognitive and Affective Neuroscience*, 6, 252-256.
- 48[†]. ¹Kross, E. & ¹Ayduk, O. (2011). Making meaning out of negative experiences by self-distancing. *Current Directions in Psychological Science*, 20, 187-191.
47. Mischel, W., & Ayduk, O. (2011). Willpower in a Cognitive-Affective Processing System: The dynamics of delay of gratification. In K. D. Vohs & R. F. Baumeister (Eds.), *Handbook of self-regulation: Research, Theory, and Applications*, 2nd ed. (pp. 83-105). New York: Guilford.
- 46[†]. ¹Ayduk, O. & ¹Kross, E. (2010). Analyzing negative experiences without ruminating: The role of self-distancing in enabling adaptive self-reflection. *Social and Personality Psychology Compass*, 4, 841-854.
- 45[†]. ¹Ayduk, O. & ¹Kross, E. (2010). From a distance: Implications of spontaneous self-distancing for adaptive self-reflection. *Journal of Personality and Social Psychology*, 98, 809-829.
- 44[†]. Hooker, C.I., Gyurak, A., Miyakawa, A., Verosky, S.C., & Ayduk, O. (2010). Neural response to rejection cues from a romantic partner predicts ability to regulate mood and behavior after an interpersonal conflict. *Biological Psychiatry*, 67, 406-413.
- 43[†]. Romero-Canyas, R., Downey, G., Berenson, K., Ayduk, O, & Kang, J. N. (2010). Rejection Sensitivity and the rejection-hostility link in romantic relationships. *Journal of Personality*, 78, 119-148.
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- 40[†]. Kross, E. & Ayduk, O. (2009). Boundary conditions and buffering effects: Does depressive symptomatology moderate the effectiveness of distanced-analysis on facilitating adaptive self-reflection? *Journal of Research in Personality*, 43, 923-927.

39. Ayduk, O. (2009). Person-Situation interaction. In D. Matsumoto (Ed.), *Cambridge Dictionary of Psychology* (pp. 400-401). Cambridge: Cambridge University Press.
38. Mischel, W. & Ayduk, O. (2009). Delay of gratification. In D. Sander & K. R. Scherer (Eds.), *Oxford companion to emotion and the affective sciences*. New York: Oxford University Press.
- 37[†]. Ayduk, O., & Kross, E. (2009). Asking ‘Why’ From a Distance Facilitates Emotional Processing: A Reanalysis of Wimalaweera and Moulds (2008). *Behaviour Research and Therapy*, *47*, 88-92.
- 36[†]. Ayduk, O., & Gyurak, A. (2008). Applying the Cognitive-Affective Systems (CAPS) approach to conceptualizing Rejection Sensitivity. *Social and Personality Psychology Compass*, *2/5*, 2016-2033.
- 35[†]. *Gyurak, A., & Ayduk, O. (2008). Resting respiratory sinus arrhythmia buffers against rejection sensitivity via emotion control. *Emotion*, *4*, 458-467.
34. Ayduk, O., & Gyurak, A. (2008). *Cognitive inhibitory control as a buffer against rejection sensitivity*. Proceedings of the 1st International Congress on Interpersonal Acceptance and Rejection.
- 33[†]. *Kross, E., & Ayduk, O. (2008). Facilitating adaptive emotional analysis: Distinguishing distanced-analysis of depressive experiences from immersed-analysis and distraction. *Personality and Social Psychology Bulletin*, *34*, 924-938.
- 32[†]. Ayduk, O., Gyurak, A., & Luerksen, A. (2008). Individual differences in the rejection-aggression link in the hot sauce paradigm: The case of Rejection Sensitivity. *Journal of Experimental Social Psychology*, *44*, 775-782.
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MANUSCRIPTS UNDER REVIEW OR IN PREPARATION

1. Sgambati, T., Eiroa-Solans, C., & Ayduk, O. (under review). *Painful Politics: Negative Affect and the Role of Emotion Regulation During the 2020 U.S. Presidential Election*.
2. Ugurlu, O., Williams, A., Leitner, J., Kross, E., & Ayduk, O. (in preparation). *Reflecting on negative memories in a foreign tongue: Implications for psychological distance and emotion regulation*.

INVITED TALKS & COLLOQUIA

- 2023 Sabancı University, Faculty of Arts & Social Sciences, Istanbul, Turkey
- 2022 University of California, San Francisco, Department of Psychiatry
- 2022 Boğaziçi University, Department of Psychology, Istanbul, Turkey

- 2021 Sabancı University, Faculty of Arts & Social Sciences, Istanbul, Turkey
- 2021 Ohio State University, Department of Psychology
- 2020 University of Seville, School of Psychology, Seville, Spain
- 2018 Faculty Lecture Series, Department of Psychology, UC-Berkeley
- 2018 Stanford University, Affective Science Colloquium, Palo Alto, CA.
- 2018 Collaborative Research Center on Volition and Cognitive Control, Technical University of Dresden, Dresden, Germany.
- 2018 Directed Reading Program in Math, Massachusetts Institute of Technology, Boston, MA.
- 2018 Keynote Address, Alliance for the Graduate Education and the Professoriate, Berkeley, CA.
- 2018 Girls' Life Skills Workshop, University of California, Berkeley, CA.
- 2017 University of Zurich, Department of Psychology, Zurich, Switzerland
- 2016 University of California, Davis, Department of Psychology
- 2016 Cologne Social Cognition Meeting, University of Cologne, Cologne, Germany
- 2015 Annual conference of the Society of Affective Science, Oakland, CA.
- 2015 University of California, Berkeley Science Network
- 2014 University of Michigan, Department of Psychology
- 2014 Society of Personality & Social Psychology, Self-regulation Preconference, Austin, TX
- 2014 University of California, Berkeley Science Network
- 2013 Booth School of Business, University of Chicago
- 2013 University of California, Santa Barbara, Department of Psychology
- 2012 Stanford University, Palo Alto, Department of Psychology
- 2011 University of California, San Francisco, Department of Psychiatry
- 2011 European Psychology Congress, Key Note Address, Istanbul, Turkey
- 2011 Society of Personality & Social Psychology, Self & Identity Preconference, San Antonio, TX
- 2008 American Psychological Society Annual Conference, San Francisco, CA.
- 2008 Institute for Personality and Social Research, University of California, Berkeley, CA.
- 2006 University of California, Davis, Department of Psychology
- 2006 Bilgi University, Department of Psychology, Istanbul, Turkey
- 2006 Stanford University, Palo Alto, Department of Psychology
- 2005 Columbia University, Department of Psychology
- 2005 Society of Personality & Social Psychology, Self & Identity Preconference, New Orleans, TN.
- 2004 Stanford University, Palo Alto, Department of Psychology
- 2004 Haas School of Business, University of California, Berkeley
- 2003 University of California, Santa Cruz, Department of Psychology
- 2002 University of Texas, Austin, Department of Psychology
- 2002 University of North Carolina, Chapel Hill, Department of Psychology

2001 The University of Hong Kong, Hong Kong, Psychology Colloquium

CONFERENCE PRESENTATIONS

1. Sgambati, T. J., Ayduk, O. (2024, May). *A Moral Misunderstanding: Misperceptions of Moral Values Among Political Partisans*. Symposium talk presented at the Association for Psychological Science Annual Conference, San Francisco, CA.
2. Lomeli, K., Sgambati, T.J., & Ayduk, O. (2024, May). *Contact with Outpartisans Predicts Misperceptions of Outpartisan Stance on Political Issues*. Poster presented at the Association for Psychological Science, San Francisco, CA.
3. Luciani, M. Sgambati, T. J., Ayduk, O. (2024, May). *Intellectual Humility Predicts Prosocial Conflict Behavior in Romantic Relationships: A Dyadic Approach*. Poster presented at the Association for Psychological Science, San Francisco, CA.
4. Sgambati, T. J., & Ayduk, O. (2023, April). *Party Differences in Political Polarization and Potential Mechanisms of Action*. Poster presented at the Western Psychological Association Annual Convention, Riverside, CA.
5. Ugurlu, O., Luerssen, A., Ocampo, J., John, O., & Ayduk, O. (March, 2023). *Children's Emotion Understanding from Vocal Bursts*. SRCD, Talk, Salt Lake City, Utah, USA.
6. Qu, D., Sgambati, T. J., & Ayduk, O. (2023, February). *Automatizing Cognitive Reappraisal Using Implementation Intentions*. Poster presented at the Society for Personality and Social Psychology Annual Convention, Atlanta, GA.
7. Ugurlu, O., Williams, A., Kross, E., Ayduk, O. (May, 2022). *Bilingualism Shapes Emotional Processes: Integrating Perspectives across Psychological Science*. Symposium Talk, APS, Chicago, IL.
8. Sgambati, T. J., Garton, C., & Ayduk, O. (2022, February). *Intellectual Humility, Heterophily, and the Reduction of Polarization*. Poster presented at the Society for Personality and Social Psychology Annual Convention, San Francisco, California.
9. Qu, D., Sgambati, T. J., & Ayduk, O. (2022, February). *Habitual Temporal Distancing During the COVID-19 Pandemic*. Poster presented at the Society for Personality and Social Psychology Annual Convention, San Francisco, California.
10. Eiroa-Solans, C., Sgambati, T. J., & Ayduk, O. (2022, February). *Situational Regulation and COVID-Related Distress*. Poster presented at the Society for Personality and Social Psychology Annual Convention, San Francisco, California.
11. Jones, J. L., & Ayduk, O. (2019, May). *Differences in memory for social feedback: Examining the roles of dispositional and situational expectations*. Paper presented in J. L. Jones & A. Luerssen (Chairs), *The self in social context: Current perspectives on how self-views moderate processes and responses during social interactions* (Symposium). Annual Convention of the Association for Psychological Science, Washington, D.C., USA.
12. Luerssen, A. & Ayduk, O. (2019, May). *Self-esteem and anxious responses to partner feedback: Parsing anticipatory and consummatory anxiety*. Paper presented in J. L. Jones & A. Luerssen (Co-Chairs), *The self in social context: Current perspectives on how self-views moderate processes and responses during social interactions* (Symposium). Annual Convention of the Association for Psychological Science, Washington, D.C., USA.

13. Ugurlu, O., Williams, A., Leitner, J., Kross, E., Ayduk, O. (2019, March). *Regulating emotions in a foreign tongue: Reflecting on negative experiences in a second language*. Paper presented at the Bay Area Affective Science Meeting, San Francisco State University, San Francisco, CA.
14. Ayduk, O. (2019, March). SPSP 2018 Climate Survey: Results & Next Steps. Paper presented in O. Ayduk & J. Garcia (Co-Chairs), *SPSP 2018 Climate Survey* (Town Hall Meeting). Annual Convention of the Society for Social and Personality Psychology, Portland, WA, USA.
15. Ayduk, O. (2018, March). Emotion-regulation and rapport as mechanisms for improving mentorship outcomes in intergroup interactions. *Key Note Address* presented at the National Research Conference of the Alliance for Graduate Education & the Professoriate, Berkeley, CA, USA.
16. Luerssen, A. & Ayduk, O. (2018, March). Self-Esteem and Emotional Responses to Social Feedback – Parsing Anticipatory and Consummatory Emotion. Paper presented in D. Ren and M. Pfundmair (Chairs), *Responses to Social Exclusion in Various Contexts* (Symposium). Annual Convention of the Society for Personality and Social Psychology, Atlanta, GA, USA.
17. Ayduk, O., Bruehlman-Senecal, E., & John, O. (2017, July). This too shall pass: Temporal distance and the regulation of emotional distress. Paper presented in A. Scholl (Chair), *Transcending the present: How temporal perspectives alter emotion, cognition, and behavior*. Symposium conducted at the 18th General Meeting of the European Association of Social Psychology, Granada, Spain.
18. Ayduk, O. (2016, June). *Self-distancing: Strategies, outcomes & mediators*. Invited paper presented at the 2016 Cologne Social Cognition Meeting Series on Self-Regulation and Self-Control, Cologne, Germany.
19. Ayduk, O. & Bruehlman-Senecal, E. (2015, July). This too shall pass: Temporal distance and the regulation of emotional distress. Paper presented in O. Ayduk & E. Kross (Co-Chairs), *New directions in research on the emotion regulatory functions of psychological distance*. Symposium conducted at the 14th European Congress of Psychology, Milan, Italy.
20. Luerssen, A., Gyurak, A., Wendelken, C., Ayduk, Ö., & Bunge, S. (2015, May). Delay of gratification in childhood linked to cortical interactions with the nucleus accumbens. Paper presented in A. Luerssen & G. Pandey (Co-Chairs), *Delay of gratification: Contemporary perspectives on a classic construct* (Symposium). Annual Meeting of the Association for Psychological Science, New York City, NY, USA.
21. Ayduk, O., (2015, April). *Implications of third-person self-talk for emotion regulation*. Invited paper presented at the annual conference of the Society of Affective Science. Oakland, CA.
22. Ayduk, O., Kross, E. & Moser, J. (2015, February). *Self-talk as a regulatory mechanism: How you do it matters*. Paper presented at the annual meeting of the Society for Personality and Social Psychology. Long Beach, CA.
23. Kross, E., Ayduk, O., & Moser, J. (2015, February). Emotion regulation without cognitive control: The role of self-talk. Paper presented at the annual meeting of the Society for Personality and Social Psychology. Long Beach, CA.
24. Bruehlman-Senecal, E., & Ayduk, O. (2014, July). *Time heals all wounds: Temporal distance and the regulation of emotional distress*. Presentation given at the European Association of Social Psychology's General Meeting, Amsterdam, The Netherlands.

25. Ayduk, O. & Kross, E. (2014, February). *Self-talk as a regulatory mechanism: How you do it matters*. Invited paper presented at the Self-Regulation Pre-conference at the annual meeting of the Society for Personality and Social Psychology, Austin, Texas.
26. Bruehlman-Senecal, E., & Ayduk, O. (2014, February). *Taking the broad view: The emotion-regulatory benefits of temporal distancing from stressful life events*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
27. Kuehn, M., Kross, E., & Ayduk, O. (2014, February). Don't worry, self distance: The effects of self-distancing from future worries and ongoing stressors. Poster presented at the 15th annual meeting of the Society for Personality and Social Psychology, Austin, Texas.
28. Davis, T. S., Mauss, I. B., Sullivan, G. J., Ayduk, O. (2014, Feb). Retail therapy: Implications of shopping for emotion regulation. Poster presented at the 15th annual meeting of the Society for Personality and Social Psychology, Austin, Texas.
29. Ayduk, O, Kross, E., & Moser, J. (2013, September). Self-distancing: Adaptive and maladaptive functions. Paper presented in O. Ayduk & E. Kross (Co-Chairs), *Divergent and convergent perspectives on psychological distance: Meaning, functions, and implications*. Symposium conducted at the annual meeting of the Society of Experimental Social Psychology (SESP), Berkeley, CA.
30. Kross, E., & Ayduk, O. (2013, September). Self-talk as a regulatory mechanism: Implications for affect, behavior and personal narratives. Paper presented in D. Sherman (Chair), *Narrative and Intervention: How Story Shaping Affects and Reflects Important Life Outcomes*. Symposium conducted at the annual meeting of the Society of Experimental Social Psychology (SESP), Berkeley, CA.
31. Ayduk, O. & Gyurak, A. (2013, May). Paradoxical Benefits of Resource Depletion for Rejection Sensitivity. Paper presented in D. Mischowski & J. Crocker (Co-chairs), *Affective & Cognitive Mechanisms Underlying the effects of social exclusion*. Symposium conducted at the annual meeting of the American Psychological Society (APS), Washington, DC.
32. Bruehlman-Senecal, E., & Ayduk, O. (2013, May). This too shall pass: The emotion regulatory benefits of temporal distancing from stressful events. Paper presented in S. S. Rude (Chair), *Emotion Regulation: Exploring the Benefits of 'Big Picture' Appraisal*. Symposium conducted at the annual meeting of the American Psychological Society (APS), Washington, DC.
33. Luerssen, A. & Ayduk, O. (2013, January). *Self-esteem influences affective responses to compliments from romantic partners*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
34. Bruehlman-Senecal, E., & Ayduk, O. (2013, January). *This too shall pass: The emotion regulatory benefits of temporal distancing from stressful events*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
35. Ayduk, O. (2011, July). Making meaning out of negative experiences by self-distancing. Invited State-of-the-Art presentation at the annual convention of the European Psychology Congress, Istanbul, Turkey.
36. Bruehlman-Senecal, E., Ayduk, O., & Kross, E. (2011, January). The benefits of a self-distanced perspective extend beyond the context in which it is evoked. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
37. Kross, E., Ayduk, O., & Burson, A. (2011, January). From affect to behavior: The behavioral implications of self-distancing. Paper presented in L. Van Boven (Co-Chair) and E. Kross (Co-

Chair), *Perspectives on psychological distance's phenomenological foundations*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology (SPSP), San Antonio, TX.

38. Ayduk, O., Gyurak, A., & Luerssen, A. (2011, January). "Who am I and what do I want in life?" Implications of rejection for self-concept clarity for rejection sensitive individuals. Paper presented in L. M. Jeremka (Co-Chair) and N. Collins (Co-Chair), *Connect or protect? New insights into motivated responses to social exclusion*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology (SPSP), San Antonio, TX, USA.
39. Ayduk, O. & Kross, E. (2010, November). "Distance from the self and constructive behaviors towards partners: Implications of spontaneous self-distancing for interpersonal behavior." Paper presented in B. Wisco (Co-chair) and L. Hilt (Co-chair), *Getting Unstuck: Alternatives to Ruminative Self-Focus*. Symposium conducted at the annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
40. Gyurak, A., Hooker, C. & Ayduk, O. (2010, February). *Individual differences in regulation of ruminative responses to rejection – a joint fMRI and daily-diary investigation*. Paper presentation at the annual meeting of the Society for Personality and Social Psychology (SPSP), Las Vegas, NV, USA.
41. Gyurak, A. Ayduk, O. & Gross, J. (2010, January). *Training executive functions. Emotion regulatory and affective consequences*. Poster presentation at the Genetic and Experiential Influences on Executive Function Conference, Boulder, CO, USA.
42. Gyurak, A., Hooker, C. & Ayduk, O. (2009, May). Attenuating Reactivity to Rejection Among Low Self-Esteem Individuals: The Role of Attentional Control – Paper presentation at the annual meeting of the Association for Psychological Science (APS), San Francisco, CA, USA.
43. Hooker, C., Gyurak, A., Verosky, S., Miyakawa, A., & Ayduk, O. (2008, June). *Ventrolateral prefrontal cortex activity to emotional cues from partner predicts ability to regulate mood after an interpersonal conflict*. Paper presented at the annual meeting of the Social and Affective Neuroscience Society, Boston, MA.
44. Kross, E. & Ayduk, O. (2008, May). Enabling adaptive "working through". Paper presented in V. Zayas and E. Kross (Co-Chairs), *Rejection and social threat: Psychological and physiological responses and their regulation*. Symposium conducted at the annual meeting of the Association for Psychological Science (APS), Chicago, Illinois.
45. Gyurak, A. & Ayduk, O. (2008, May) Startle responses to social rejection: The joint effect of self-esteem and attention control. Paper presented in V. Zayas & E. Kross (co-chairs), *Rejection and Social-Threat: Psychological and Physiological Responses and Their Regulation*. Symposium conducted at the annual meeting of the American Psychological Society, Chicago, IL.
46. Kross, E. & Ayduk, O. (2008). Demystifying the 'working-through' paradox: Psychological and physiological processes and outcomes distinguishing reflective processing of negative emotions from rumination. Paper presented in D. Pereira (chair), *Health Behaviors*. Symposium conducted at the annual meeting of the American Psychosomatic Society, Baltimore, MD.
47. Ayduk, O. & Kross, E. (2008, January). Distinguishing adaptive and maladaptive self-reflection in coping with negative experiences: Self-distancing facilitates adaptive patterns of physiological reactivity. Paper presented in E. Kross (Chair) and O. Ayduk (co-chair), *Bridging the mind and body: Unpacking the effects of worry and rumination on physical health*. Symposium conducted

at the annual meeting of the Society for Personality and Social Psychology (SPSP), Albuquerque, NM.

48. Kross, E. & Ayduk, O., & (2007, November). Psychological and physiological processes distinguishing adaptive and maladaptive self-reflection. Paper presented in E.A.P. Haigh (Chair) and D.M. Fresco (Co-Chair), *A melancholy of mine own: Basic mechanisms, functions, and consequences of ruminative self-reflection*. Symposium conducted at the annual meeting of the Association for Cognitive and Behavioral Therapies (ABCT), Philadelphia, Pennsylvania.
49. Kross, E., Ayduk, O., & Mischel, W. (2007, January). Enabling adaptive “working through”. Paper presented in L. Libby (Chair) and R. Eibach (Co-Chair), *Perspectives on the self: Social psychological implications of point of view in mental imagery*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology (SPSP), Memphis, Tennessee.
50. Kross, E., Ayduk, O., & Mischel, W. (2006, September). Enabling adaptive “working-through”: Short-term and delayed outcomes distinguishing reflective processing of negative emotions from rumination. Paper presented in A. Fishbach (Chair) and N Liberman (Co-Chair), *A self regulatory perspective on priming*. Symposium presentation at the annual meeting of Society of Experimental Social Psychology, Philadelphia, PA.
51. Ayduk, O. & Kross, E. (2006, November). When asking “why” doesn’t hurt: Distinguishing reflective processing of negative emotions from rumination. Paper presented in J. Joorman (Chair), *Taking a closer look at rumination and emotion regulation: Adaptive vs. maladaptive components, relation to emotional disorders, and implications for interventions*. Symposium presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
52. Ayduk, O. (2006, June). Cognitive control as a buffer against rejection sensitivity. Paper presented in O. Ayduk (Chair), *Processes in rejection sensitivity: Origins, consequences, and neural correlates*. Symposium presentation at the annual meeting of the International Society for Interpersonal Rejection and Acceptance, Istanbul, Turkey.
53. Gorchoff, S. Chen, S. & Ayduk, O. (2006). *Engagement without enjoyment. The effect of attachment avoidance on exploration-related affect, motivation, and behavior*. Poster presented at the annual meeting of Society of Personality and Social Psychology, Palm Springs, CA.
54. Mischel, W., Ayduk, O., & Kross, E. (2006, January). Demystifying Willpower: Hot/cool System Interactions in Self-Regulation. Paper presented in A. Fishbach and Y. Trope, (Chairs), *Self-control processes: New theoretical and Empirical Directions*. Symposium presentation at the annual meeting of the Society of Personality and Social Psychology, Palm Springs, CA.
55. Kross, E., Ayduk, O., & Mischel, W. (2006, January). When asking why doesn't hurt: Psychological mechanisms distinguishing reflective versus ruminative processing of negative emotions. Paper presented in O. Ayduk and E. Kross (Chairs), *Adaptive versus Maladaptive processing of negative Emotions: A multi-level Analysis*. Symposium presentation at the annual meeting of the Society of Personality and Social Psychology, Palm Springs, CA.
56. Ayduk, O., Gyurak, A. & Castriotta, N. (2006). The effect of cognitive control on automatic emotion regulation in rejection sensitivity. Paper presented in I. Mauss (Chair), *Automatic Processes in Emotion Regulation*. Symposium presentation at the annual meeting of the Society of Personality and Social Psychology, Palm Springs, CA.

57. Kross, E., Hatzenbuehler, M., Ayduk, O., & Mischel, W. (2005). *When asking "why" doesn't always hurt: Psychological Mechanisms underlying cool emotional processing*. Poster presented at the annual meeting of Society of Personality and Social Psychology, New Orleans, TN.
58. Chen, S., Ayduk, O., & Gorchoff, S. (2005, January). Attachment anxiety and exploration: Approach- and avoidance-related construals of novel activities. Paper presented in J. Beer (Chair), *Self-regulation across the stages of social interaction*. Symposium conducted at the annual meeting of the Society of Personality and Social Psychology, New Orleans, TN.
59. Gorchoff, S., Ayduk, O. & Chen, S. (2004, January). *Attachment anxiety and exploration: Threat and personal growth perceptions of novel activities*. Poster presented at the sixth annual meeting of the Society for Personality and Social Psychology, Austin, TX.
60. Kross, E., Ayduk O., & Mischel, W. (2004). *The rumination buffering effects of mindfulness*. Poster presented at the sixth annual meeting of the Society for Personality and Social Psychology, Austin, TX.
61. Kross, E., Ayduk, O. & Mischel, W. (2003). *Hot/cool dynamics in anger regulation: Interaction of psychological distancing and emotional processing*. Poster presented at the annual meeting of Society of Personality and Social Psychology, Los Angeles, CA.
62. Ayduk, O. & Velilla, E. (2003, March). Implications of Rejection Sensitivity and Self Regulation for Relational Vulnerabilities. In G. Downey & N. Crick (Chairs), *Relational and Regulatory Vulnerabilities: Implications for a Gender-Sensitive Approach to Psychopathology*. Symposium conducted at the biennial meeting of the Society for Research in Child Development, Tampa, Florida.
63. Ayduk, O. & Rodriguez, M. (2003, March). Delay of gratification in Latino and African-American children's academic and social development. Paper presented in D. Newman (Chair), *Exploring personality processes in minority children's development*. Symposium conducted at the biennial meeting of the Society for Research in Child Development, Tampa, Florida.
64. Ayduk, O., Mendoza-Denton, R., & Downey, G. (2001, March). The role of attentional control in regulating the interpersonal self. Paper presented in W. Mischel (Chair) and O. Ayduk (co-chair), *Early antecedents and long-term consequences of self-regulation*. Symposium conducted at the biennial meeting of the Society for Research in Child Development, Minneapolis, Minnesota.
65. Ayduk, O., & Downey, G. (2000, October). Rejection Sensitivity and female aggression in close relationships. Paper presented in M. Moretti (Chair), *Gender, Attachment and Aggression. Symposium conducted at the 47th annual meeting of the American Academy of Child and Adolescent Psychiatry*, New York, NY.
66. May, D., Ayduk, O., Higgins, T., & Downey, G. (2000). *Effective prevention self-regulation impacts strategic expressions of hostility for rejection sensitive people*. Paper presented at the 12th annual convention of the American Psychological Society, Miami, Florida.
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