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GFA COVID-19 Response Opportunity

Govern for America is looking for people to join our COVID-19 Response Corps, a group of dedicated people motivated to help our government respond to one of the greatest challenges of our time. Please fill out this interest form for the chance to be matched with a COVID-19 response project.

Never before has the need for talent in government been so apparent. To meet the challenge of this moment, governments at all levels need talented, committed people to support critical projects. These projects may be virtual and will vary according to government needs and your skills and interests.

Processing Transfer Credit at this Time

At this time, students should be advised to request that transcripts be sent electronically (if the transfer institution needs an email address, they should use busops@berkeley.edu). We are continuing to post transfer credit via this method.

A reminder that we cannot receive transcripts from students via email, they must come directly from the transfer institution. Alternatively, if an advisor receives an official transcript, they could send a pdf to busops@berkeley.edu.

If an electronic option is not available, we suggest that students postpone the request to send until after Shelter in Place (right now, April 7th). At this time, there is no one available to scan hard copy transcripts in Sproul due to Shelter in Place. And it might not be advisable for documents to linger with mail services. My hope is that as we know more about the extent of our time away from campus, and how in person services will be handled, we'll have better guidance on when to send so that action can be taken closer to receipt of the documents.
Latinx Center of Excellence La Red de Apoyo Mentoring Program

La Red de Apoyo Mentorship Program, managed by the Latinx Center of Excellence (LCOE) at Berkeley Social Welfare, pairs graduate Latinx MSW student with current UCB undergrads interested in exploring a career in social work. The mentorship program is part of a larger effort to recruit Latinx undergraduate students to Berkeley Social Welfare's MSW and Ph.D. program, with special attention to students interested in community behavioral health. Besides building connections with graduate Latinx students on campus, mentees will receive support and encouragement to reach their academic and professional goals.

*Unless otherwise stated, all meetings and check ins during the Fall semester are expected to be virtual. While we expect to resume in person gatherings in the Spring semester, we will continue to follow the guidelines set forth by public health and University officials.*

MENTEE ELIGIBILITY REQUIREMENTS
- Be currently enrolled as an undergraduate student at UC Berkeley
- Demonstrate interest in graduate school and the social work practice
- Connect with mentor at least once per month (phone/video call or email communication) for the entire academic year (September '20- May '21)
- Attend periodic program meetings including orientation, graduate school workshops (2-3 per semester), and community building activities
- Complete pre- and post- service surveys in a timely manner. To support these evaluation and reporting efforts, applicants will be asked to provide a permanent and a secondary email address and phone number. A paid summer internship in Behavioral Health with one of our partners might be available for eligible Juniors. All mentees who meet the eligibility criteria will be required to submit an application. More details will be forthcoming.
L&S Virtual Front Desk

Virtual Front Desk is a resource for students, staffed by the L&S Peer Advisers.

Students will now be able to access the L&S Advising Office's front desk services virtually by logging on to Virtual Front Desk Google Hangouts. The peers will be able to assist students with quick questions, help identify petitions and forms (and how to submit), support navigating which campus office to contact with questions, and explain how to make an L&S college advising appointment if students have difficulty.
Topics you can get help with through L&S Advising's Virtual Front Desk:

- Clarification on L&S College policies and procedures
- Help choosing petitions and forms (and guidance in submission)
- Support navigating which campus office to contact with questions
- Guidance in whether to make an L&S College Advising appointment or to use a different resource

Please note that this service is an open format, which allows students to join in and leave at their convenience. Students, therefore, will be able to hear questions posed by other students.

On the Virtual Front Desk webpage, you will find a calendar that indicates the hours. The calendar will be updated daily, depending on changes in peer availability.

This Virtual Front Desk service is in addition to the Google Hangout services that the peers are already providing in the evenings. For more information about those services, please review Virtual Office Hours w/ Peer Advisers.
UCB Undocumented Student Program Student Panel

Undocumented Students Program
Student Panel
August 14, 2020 | 1:30 - 2:30 PM
Join us to learn about USP services and Undocumented students' experience at Cal!
RSVP: https://bit.ly/3OtAIgX

UC Berkeley Labor Center COVID-19 Resources

The Labor Center has compiled resource lists for understanding new COVID-19 federal legislation and federal and state policy and assistance available to those affected by the pandemic. In the coming weeks and months, we will continue to review and update these pages with information on new COVID-19 legislation, regulations, analysis, and tools.
Student to Student Peer Counseling is a group of student counselors providing free, one-on-one, confidential, walk-in services to UC Berkeley students. As peer counselors, we provide a supportive atmosphere where students can openly talk about their feelings. All of us are extensively trained to cover a broad spectrum of topics, ranging anywhere from stress to suicidal thoughts, and are here to offer nonjudgmental, empathetic ears for whatever you’re going through. We know that COVID-19 related events are stressful and anxiety-inducing, and want to be there for the UC Berkeley community should anyone need a space to talk openly about how they’re doing and to develop their own solutions to problems and uncertainties. Please note that all our services are completely free and confidential.

Recently we have shifted to taking appointments via Zoom. You can make an appointment at https://sspc.berkeley.edu/appointments/, and we’ll send you an email with the meeting link once you’re scheduled. For more information, visit our website at sspc.berkeley.edu or send us an email at sspcemail@gmail.com. Hope everyone’s taking reasonable precautions and staying safe during these challenging times.
UC Berkeley/LBNL, surveying the STEM community

You are invited to participate in a research study about the impacts of COVID-19 on STEM students and professionals, including folks from education, policy, and other related fields. You must be 18 or older to participate.

This study was developed by researchers at UC Berkeley, in order to find out how COVID-19 has impacted people personally, academically, or professionally. The survey will only take 15 minutes to complete, but we hope this information will help to inform schools, programs, and organizations about what’s going on and what people need.

We understand that this is a difficult and unusual time for everyone, and your well-being is our top priority. With this survey, our overall goal is to learn about your experiences, and we hope that the results from this study can be helpful in providing support where/when it is most needed. Your stories matter, and we appreciate your time.

Please note that participation in research is completely voluntary, and your responses will be anonymous (unless you volunteer your contact info).

Follow this link to the Survey:
https://berkeley.qualtrics.com/jfe/form/SV_79WyNOkXobABlm5

Questions? Contact us at STEMCOVID19study@gmail.com.
City of Berkeley: COVID-19 Testing by appointment

Available to anyone who lives or works in Berkeley experiencing any of these symptoms:

- Fever
- Cough
- Shortness of breath
- Chills
- Repeated shaking with chills
- Headache
- Sore throat
- Muscle pain
- New loss of taste or smell

Call 510 981-5380 to schedule an appointment.

Screening & appointment line operates Monday-Friday 9am-4pm.

CITYOFBERKELEY.INFO/COVID19-TEST

ASU Certificate in Addiction & Substance Use Related Disorders

Our Online Graduate Certificate in Addiction and Substance-Use Related Disorders prepares students to be a Licensed Substance Abuse Counselor. (In 40+ States, some states have additional requirements.) We designed the curriculum to match those requirements and to prepare the students for the real world.
Adulting Course on Udemy

We, Belle Lau and Jenny Zhou, are the creators of the Adulting course at UC Berkeley. Because of the widespread attention and interest that we have garnered since starting the class, we decided to create an online version of the course on a learning platform called Udemy. We want to be able to help people not just at Berkeley, but outside the community, learn how to care for one’s self and be self-reliant.

You can visit tinyurl.com/AdultingCourse to enroll for a low price of $29.99 for 33 lectures of content plus additional self-help resources. Note, this course is targeted at those in high school and above, but anyone who is willing to learn is more than welcome to take the course.

To learn more about what the class offers, please visit the attached infographic or the LA Times article here: https://www.latimes.com/california/story/2019-12-10/adulting-is-hard-uc-berkeley-has-a-class-for-that.

SLC Writing Program

Dear writers,

Here, at the SLC Writing Program, we’re passionate about the writing process. From the “Aha” moments of reaching a topic we want to explore to the rocky roads of refining an idea to a concrete thesis statement, we’re thrilled by the adventure of academic writing. The only thing that excites us more than delving into writing, is partnering with you to do the same.

Whether you’re just starting your summer courses, drafting midterm papers, or looking to get ahead on final projects, rest assured we’re here to help you reignite your excitement for your writing. So, book an Appointment today to gain inspiration for your topic by talking out your work with an encouraging peer.
Don’t see a time that fits your schedule? Don’t fret! Add your name to the waitlist and you’ll be notified of new openings. While you’re at it, like us on Facebook to keep up-to-date on our announcements and services.

Warmly,

SLC Writing Program

**SLC Language Exchange Program**

The [SLC Language Exchange Program](#) is excited to announce the launch of our virtual services for Summer 2020! We provide a space for students to enhance their language skills and engage with the rich cultural and linguistic diversity of our global campus. Joining our program is a great way for students to further practice the conversation skills they are learning in their language classes while making meaningful connections with our passionate community of language enthusiasts.
**SLC Language Exchange Program**

As you explore summer classes online, we know you’ll have more opportunities to write about the exciting new things you’re learning. So, what better way to get a headstart on your papers than to log into a conversation with one of our friendly peers? As you map out your next assignment, build in time to talk out your ideas, strengthen the clarity of your analysis, and review the organization of your drafts with a knowledgeable peer to make your writing flourish.

Whether you’re working towards your final papers or you just received your first prompt, you can [book](#) a same-day Appointment or [request](#) a Weekly tutor to partner with you for the summer.
We hope to see you in the writing lounge soon!

Are your midterm papers piling up? Are you struggling to get over writer's block? Or, do you have so many ideas that you’re unsure where to go in your essay?

Well, we’re here to tell you, talking out your writing with our tutors can help! No need to have a full draft, just come in with your assignment and ideas, and we’ll work with you to break through those blocks and focus your perspective. Through one-to-one conversations, we’ll share tools to strengthen your arguments, deepen your analysis, and enhance the quality of your paper.

So, don’t wait! Book a 50-minute Appointment to chat with us today or get a head start on your projects by booking a slot for next week. If you’re looking for more consistent support, check out our Weekly format. Our tutors are eager to partner with you as early as today.
UCB Undergrad Research Apprenticeship Program (URAP)

URAP plans to have an application cycle this fall (with the expectation that the status of some projects may be subject to change). Open projects will be posted in the second half of July. Please check the Announcements section on the main URAP website at urap.berkeley.edu. Info sessions will be held every day during the first week of classes; the schedule will be posted in the Resources section. The Fall 2020 application will be open August 19th–August 31st.

Office of Undergraduate Research and Scholarship (OURS) Workshops

These online workshops will be especially useful for undergraduates, but are open to all UC Berkeley students (undergraduate, graduate, and visiting scholars) regardless of academic discipline. Please click on the links below for information on workshop and info session content.

How to Email a Professor to Get a Positive Response (ONLINE)
August 11 | 4:30 p.m.-5:30 p.m. | Register here

How to Write a Research Proposal (ONLINE)
August 18 | 10 a.m. -11 a.m. | Register here

Getting Started in Undergrad Research and Finding a Mentor (ONLINE)
August 21 | 3-4 p.m. | Virtual--Zoom link TBA
August 25 | 10-11 a.m. | Virtual--Zoom link TBA
August 25 | 1-2 p.m. | Virtual--Zoom link TBA
URAP Info Session (ONLINE)
August 25 | 11 a.m.-12 p.m.
August 26 | 1-2 p.m.
August 28 | 10-11 a.m.

Berkeley Scientific Journal Application Open!
Fall 2020: Transfer Student Center Transition Course

**Fall 2020 Transition Courses**

**Letters & Science 198: Transitioning to Cal: An Introduction to the Research University for Transfers**

*One unit; Pass/Not Pass*

**Course Description:** This class is designed to help facilitate your transition by improving your knowledge of the research university and its resources, assisting you in identifying key academic skills and strategies for academic success, and by fostering a sense of community. The course will focus on academic strategies for upper division course work with particular emphasis on time management skills, critical reading, exam preparation, and writing skills. You will learn about various campus resources and opportunities that are available to you as a Cal student. Participation, group work, and class discussion are an integral part of this course.

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<thead>
<tr>
<th>Section</th>
<th>Days</th>
<th>Time</th>
<th>Format</th>
<th>Class Nbr.</th>
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Psychology.org

The educational and professional success of UC Berkeley students interested in the mental health field directly translates into the support of mental health wellness in our communities — especially in these unprecedented and uncertain times. Our team at Psychology.org created a resource to help students determine which mental health career path is most appropriate for their unique interests and goals. To provide a clear guide outlining multiple paths we partnered with licensed and board-certified/licensed professionals, outlined various educational requirements, and explored variances in types of care provided. Take a further look here:

Counseling, Therapy, and Psychology: What's the Difference?
https://www.psychology.org/resources/counseling-therapy-psychology-differences/

We would like to do our part to support students on their educational paths by making this career guide freely and easily accessible. Support current and future mental health professionals in your student body by including a link to the above guide here:
https://psychology.berkeley.edu/students/undergraduate-program/resources.

NavCal Fellowship Applications Open!

Apply now! The Fall 2020 NavCal Fellowship (3-units) (via Zoom) application is now open. NavCal assists incoming nontraditional students in their navigating of Cal through a hands-on/high-touch approach—where current students coach and mentor incoming students by passing on their own knowledge and experiences of their adjustment to Cal. Click HERE to view the official NavCal video.

The Fall 2020 NavCal application can be found here: https://forms.gle/n219Y6138X8CZM8C6 Accepting on a rolling basis so apply ASAP. Feel free to let me know if you have any questions.
We are RECRUITING motivated students this Fall to enroll in a FELLOWSHIP (3 units).

This fellowship (via Zoom) assists students transition to CAL & improves knowledge of resources and networking around.

Click HERE or use QR code to apply:

Check out the official NavCal video HERE

Priority Deadline to apply: Monday August 3rd, 2020
Accepting on a rolling basis so apply ASAP
Contact us at: navcal@berkeley.edu
## EOP Virtual Drop-ins

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<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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<tbody>
<tr>
<td>9AM-10AM</td>
<td>Melanie &amp; Angelica</td>
<td>Julio &amp; Gabby</td>
<td>Leslie &amp; Gabby</td>
<td>Kim</td>
<td>Julio</td>
</tr>
<tr>
<td>10AM-11AM</td>
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<td>Julio</td>
<td>Leslie</td>
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<tr>
<td>11AM-12PM</td>
<td>Kim</td>
<td>Christian &amp; Samuel</td>
<td>Leslie &amp; Tiara</td>
<td>Chris &amp; Angelica</td>
<td>Adrian &amp; Sam</td>
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<td>12PM-1PM</td>
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<tr>
<td>1PM-2PM</td>
<td>Adrian &amp; Gabby</td>
<td>Paul &amp; Joseline</td>
<td>Paul &amp; Joseline</td>
<td>Melanie &amp; Tiara</td>
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<td>2PM-3PM</td>
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*Images of EOP Counselors*
EOP Virtual Community Space

We have a new Virtual Community Space where students can connect with our student intake staff for quick questions. Our Peer Academic Counselors (PACs) are also hosting their drop-in advising hours through this same Zoom link. They are very knowledgeable and can assist students with follow-up questions about enrollment or generational Fall transition needs.

Our student staff are available daily so please share with your communities and encourage students to utilize this resource (continuing students as well). This information is also listed on EOP's homepage. Students can view our virtual summer programming and resources here with links to previous webinars.
Neurodiverse queer woman looking for some support!

I am mainly looking for:

- Company/help doing things around the house
- Cooking together
- Gardening together
- Showing off my art and other projects
- Talking, hanging out
- Support doing chores (I don’t like to make my bed:/)

If you also have any skills with digital arts/Social media, that would be awesome!

- I just learned some web design at BCC and want to continue developing an online presence to share my art and my story

Same goes for English writing/tutoring! I would love to strengthen these skills after my primary needs are met.

Start this summer, continue into the fall and as long as you’re available

Location: Richmond, CA

- We can start with zoom sessions and other remote options but would ultimately want to meet in-person

Pay: Negotiable. Up to $20/hour

Hours: Flexible. 4-8 hours/week

Start date: As soon as possible

Please contact Elizabeth at lgreynolds@berkeley.edu for more information.
UC Berkeley Falltopia - Aug 21 - 24

Admission to all four (4) virtual events is FREE and open to the Cal community including students, staff, faculty, alumni and community supporters. Registration is required for all virtual events. Participants may go back and edit their selections at any time.

Facebook Event Details including daily program schedules for Mega Quiz Night, Mega Movie Night, Cal Esports Open House, and the Social Media Photo Challenge updated weekly.

REGISTER HERE
Giving Back the Shame Workshop

A Healing Shame Advanced Workshop for Therapists and Helping Professionals
with Bret Lyon PhD, SEP and Sheila Rubin LMFT, RDT/BCT

Online via Zoom – Live and Recorded

4 Fridays: September 11, 25, October 9, 16

(no class September 18 or October 2)

10am–1:30pm Pacific Time

$395 full price / $375 with full payment by August 7, 2020

Special price for interns

13 CE credits available (See website for details)

CAMFT CE provider #134393

This in-depth workshop for advanced Healing Shame students provides a chance to practice specific techniques for working with shame so that you can be even more precise and effective in helping clients gently feel into and integrate their shame.

We will look at the moment-to-moment interaction between therapist and client and how to be both caring and forceful, both gentle and relentless, in helping your client to a more positive and accurate view of self and other. You will gain practical experience in attuning more fully to your clients and developing and keeping a safe container so that shame can be explored delicately, without overwhelming yourself or the client.

The workshop includes an extensive exploration on how to “give the shame back,” the final step in our process, which can only happen after considerable work. We will teach a variety of ways in which clients can give shame back and release the deadening energy from the past in a way that is ego-syntonic—not scary, but actually comfortable and satisfying for them.

**PREREQUISITE:** This workshop is open to those who have taken at least TWO workshops with us, or by special permission.
TO REGISTER, please visit the Schedule page at www.HealingShame.com. For more information, call Bret at 510-420-1441 or email Bret@HealingShame.com.

For details about our complete training program in Healing Shame, visit our website, where you can also check out articles and free Healing Shame webinars.

**Berkeley Center for New Media Student Orientation**

**New Media Student Orientation & Hang Out**  
Tuesday, September 15 | 4:30 — 5:30 PM

Calling all prospective new media students!

The Berkeley Center for New Media is an interdisciplinary research center that studies and shapes media transition and emergence from diverse perspectives. Through critical thinking and making, we cultivate technological equity and fairness in our classrooms, in our communities, and on the internet.

Please join us for an online hangout with BCNM faculty and staff to learn more about new media courses, opportunities, and resources! We'll be reviewing requirements for our Designated Emphasis, Graduate, and Undergraduate Certificate and sharing the application process for our various conference and research grants. We will also be previewing our upcoming public programs and our latest professionalization webinars.

[RSVP here](#) to attend!

Lara Wolfe  
Program Manager  
she / her

Berkeley Center for New Media  
426 Sutardja Dai Hall  
UC Berkeley, CA 94720-1758  
(209) 752 7260
Fall 2020: Career Connections Virtual Networking Series

Still not sure what you want to do after graduation?

Virtual for Fall 2020, Career Connections are co-sponsored by the Cal Alumni Association and the Career Center and allow students to explore different roles through casual conversations with Cal alumni and professionals.

- Connect via zoom with alumni and hear about their actual "day to day" at work
- Get tips and tricks on how to break into your field of interest
- Ask questions and make connections!

Register on Handshake to attend.