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# George Miller Scholars Program, 7/1/2020 - 7/31/2020

### Millers Program Due in July (Date TBD)

The George A. Miller Scholars Program provides outstanding community college transfer students the opportunity to develop leadership, research or community service skills and apply them in practice. Every year ten low-income, first-generation students are selected based on their leadership potential, academic excellence, and commitment to community service and education. As a close-knit group of students, Miller Scholars participate in the program for two years receiving individualized personal attention and guidance that helps them transition to Berkeley, succeed academically, and develop skills to ensure long term success. Based on financial need, each year Miller Scholars receive up to \$5000 in scholarship for Fall/Spring, and up to \$2000 for the summer between year one and year two.

# **OURS Workshop - Getting Started in UG research, 7/1/2020**

These online workshops will be especially useful for undergraduates, but are open to all UC Berkeley students (undergraduate, graduate, and visiting scholars) regardless of academic discipline. Please click on the links below for information on workshop and info session content.

Getting Started in Undergrad Research and Finding a Mentor (ONLINE)

July 1 | 11 a.m.-12 p.m. | Register here

July 6 | 4-5 p.m. | Register here

# American Psychological Foundation Call for Proposals and Scholarships, 7/1/2020

Below and attached is APF's June Call for Proposals. This compilation is almost exclusively June deadlines for award nominations and grant and scholarship proposals. Future installments will cover deadlines in upcoming months.

Special attention for our only undergraduate program: Sharon Stephens Brehm \$5,000 Undergraduate Psychology Scholarship (due July 1).

If you no longer wish to receive these monthly solicitations, please reply to this email and include the email address with which you are receiving this message.

American Psychological Foundation

Apply online for all programs here:

https://www.grantinterface.com/Home/Logon?urlkey=apa&

FAQ: <a href="https://www.apa.org/apf/funding/grants/faqs">https://www.apa.org/apf/funding/grants/faqs</a>

Questions? Email APF's program coordinator, Julia, at jwatson@apa.org.

### **Upcoming Deadlines**

### Sharon Stephens Brehm Undergraduate Psychology Scholarships: \$5,000

Due July 1, 2020

APF's only undergraduate program. The Brehm Undergraduate Scholarship Program will provide assistance to students majoring in psychology with demonstrated financial need. International students and students who are undocumented are welcome to apply.

### Eligibility:

- 1. Be an undergraduate student majoring in psychology at an accredited college or university.
- 2. Be enrolled as a declared psychology major for the upcoming fall 2020 semester\*.
- 3. Have a minimum 3.50 cumulative GPA
- 4. Demonstrate financial need (typically the FAFSA, but accommodations can be made)

More information: https://www.apa.org/apf/funding/brehm

# Healing Shame: Melting the Shame Freeze Workshop, 7/19/20 & 7/26/20

"Melting the Shame Freeze - A Somatic Approach to Working Effectively with Healthy Shame and Healing Toxic Shame," a workshop for therapists and helping professionals, will take place online, live and recorded, on two Sundays, July 19 and 26. There are no prerequisites and CE units are available. There is early bird pricing until June 14 and a special price for interns.

For more information, contact Brian at BrianDMahanSEP@gmail.com.

<sup>\*</sup>Funding will be available to recipients for the spring 2021 semester.

# Jacobs Institute Weekly Workshops, June 8th - August 7th

The staff at the Jacobs Institute are running Virtual Design Workshops throughout the summer to keep our remote community engaged and learning. The workshops span topics from 3D modeling to generative art. They are free and open to all UC Berkeley students, so please feel free to share the workshops widely! Anyone with a CalNet ID can attend, actually, so if you see a topic that interests you, feel free to tune in.

You can find the full workshop list here: <a href="https://jacobsinstitute.berkeley.edu/workshops/">https://jacobsinstitute.berkeley.edu/workshops/</a>. We will be adding more in the coming weeks.

# **Summer D-Lab Workshops**

We have more workshops returning the week of June 8th including: Stata Fundamentals, Python Fundamentals, BashGit, Qualtrics, and R Fundamentals. Check the D-Lab website later this week as we update the <u>upcoming training</u> calendar. We'll publish the full list of June workshops in next week's newsletter.

# **GFA COVID-19 Response Opportunity**

Govern for America is looking for people to join our COVID-19 Response Corps, a group of dedicated people motivated to help our government respond to one of the greatest challenges of our time. Please fill out this interest form for the chance to be matched with a COVID-19 response project.

Never before has the need for talent in government been so apparent. To meet the challenge of this moment, governments at all levels need talented, committed people to support critical projects. These projects may be virtual and will vary according to government needs and your skills and interests.

# **Summer Discounts & Opportunities for students**

We are aware that world events may cause some students to choose not to return to their home this coming summer. As you advise students we wanted to pass along some information that may be of help to these students. To assist students who may not have summer housing in place, Cal Housing is offering a \$200 discount to the first 200 students to register for housing for the 12-week summer session (Session AD). Please visit the <u>Cal Housing website</u> for details.

For those students that choose to remain in Berkeley for the summer, Berkeley Summer Sessions offers options that can help keep their academics on track or gain a new credential. There are a number of minors/certificates that can be completed in 12-weeks, such as the minors in Global Public Health, Digital Journalism, Race and the Law, Digital Humanities or a certificate in film production. For more information on minors/certificates go to summerminors.berkeley.edu

Beyond these options, Summer Sessions offers:

- More than 600 different courses in 99 different academic disciplines
- Over two dozen fully online courses: summer.berkeley.edu/online
- <u>Internship programs</u> in Boston, Los Angeles, and the Bay Area
- Scholarships and financial aid available to eligible students

Summer Sessions offers Berkeley classes compressed into 3, 6, 8, or twelve-week sessions, giving students the flexibility to make the most of their summer. Enrollment is now open. Learn more at <u>summer.berkeley.edu</u>

# **University of Colorado Survey Responses Requested**

I am a student at the University of Colorado Denver and I am conducting research in air pollution. Many studies have addressed its detrimental effects on cancer, low birth weights, and other physical health concerns, but there is little literature focused on mental health concerns. I suspect there is a relationship between high levels of air pollution and anxiety rates. I have data on the air pollution (compiled EPA data bases). I need data on anxiety rates.

If I can get perhaps 30 responses, this will give me a good representation of anxiety rates among students in the Berkeley area. It would also contribute greatly to reducing global pollution as we plan on developing this research into a plan of action. If you are not able to help us out, I completely understand.

Here is a link to the survey: <a href="https://www.surveymonkey.com/r/G2SJQVJ">https://www.surveymonkey.com/r/G2SJQVJ</a>

If you have any questions, please feel free to contact me or my research adviser Larry Erbert at

Larry.Erbert@ucdenver.edu

Thank you for your time, I will appreciate any help at all!

Oscar Maldonado University of Colorado Denver Honors & Leadership Scholar oscar.maldonado@ucdenver.edu

## **Processing Transfer Credit at this Time**

At this time, students should be advised to request that transcripts be sent electronically (if the transfer institution needs an email address, they should use <a href="mailto:busops@berkeley.edu">busops@berkeley.edu</a>). We are continuing to post transfer credit via this method.

A reminder that we cannot receive transcripts from students via email, they must come directly from the transfer institution. Alternatively, if an advisor receives an official transcript, they could send a pdf to <a href="mailto:busops@berkeley.edu">busops@berkeley.edu</a>.

If an electronic option is not available, we suggest that students postpone the request to send until after Shelter in Place (right now, April 7th). At this time, there is no one available to scan hard copy transcripts in Sproul due to Shelter in Place. And it might not be advisable for documents to linger with mail services. My hope is that as we know more about the extent of our time away from campus, and how in person services will be handled, we'll have better guidance on when to send so that action can be taken closer to receipt of the documents.

### L&S Virtual Front Desk



<u>Virtual Front Desk</u> is a resource for students, staffed by the L&S Peer Advisers.

Students will now be able to access the L&S Advising Office's front desk services virtually by logging on to Virtual Front Desk Google Hangouts. The peers will be able to assist students with quick questions, help identify petitions and forms (and how to submit), support navigating which

campus office to contact with questions, and explain how to make an L&S college advising appointment if students have difficulty.

Topics you can get help with through L&S Advising's Virtual Front Desk:

- Clarification on L&S College policies and procedures
- Help choosing petitions and forms (and guidance in submission)
- Support navigating which campus office to contact with questions
- Guidance in whether to make an L&S College Advising appointment or to use a different resource

Please note that this service is an **open format**, which allows students to join in and leave at their convenience. Students, therefore, will be able to hear questions posed by other students.

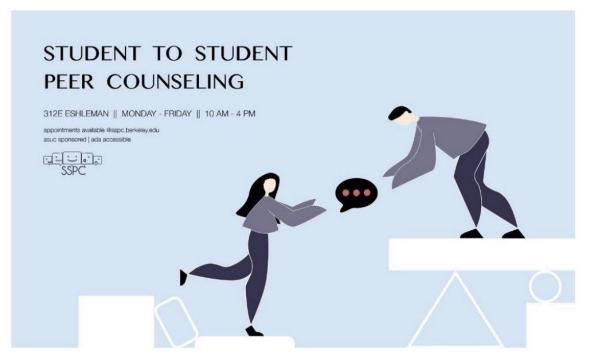
On the <u>Virtual Front Desk</u> webpage, you will find a calendar that indicates the hours. The calendar will be updated daily, depending on changes in peer availability.

This Virtual Front Desk service is in addition to the Google Hangout services that the peers are already providing in the evenings. For more information about those services, please review Virtual Office Hours w/ Peer Advisers.

# **UC Berkeley Labor Center COVID-19 Resources**

The Labor Center has compiled resource lists for understanding <u>new COVID-19 federal</u> <u>legislation</u> and <u>federal and state policy and assistance</u> available to those affected by the pandemic. In the coming weeks and months, we will continue to review and update these pages with information on new COVID-19 legislation, regulations, analysis, and tools.

# **Student to Student Peer Counseling**



Student to Student Peer Counseling is a group of student counselors providing free, one-on-one, confidential, walk-in services to UC Berkeley students. As peer counselors, we provide a supportive atmosphere where students can openly talk about their feelings. All of us are extensively trained to cover a broad spectrum of topics, ranging anywhere from stress to suicidal thoughts, and are here to offer nonjudgmental, empathetic ears for whatever you're going through. We know that COVID-19 related events are stressful and anxiety-inducing, and want to be there for the UC Berkeley community should anyone need a space to talk openly about how they're doing and to develop their own solutions to problems and uncertainties. Please note that all our services are completely free and confidential.

Recently we have shifted to taking appointments via Zoom. You can make an appointment at <a href="https://sspc.berkeley.edu/appointments/">https://sspc.berkeley.edu/appointments/</a>, and we'll send you an email with the meeting link once you're scheduled. For more information, visit our website at sspc.berkeley.edu or send us an email at <a href="mail@gmail.com">sspcemail@gmail.com</a>. Hope everyone's taking reasonable precautions and staying safe during these challenging times.

# **UHS - Teladoc and UC Berkeley CAPS**

# Did you know?

→ If you have SHIP, you may still have access to medical services via Teladoc

Teladoc is a virtual platform where you can talk to a doctor, therapist, or medical expert anywhere you are by phone or video.

Students living in Berkeley or residing within the United States with SHIP (student health insurance) are eligible.



# With Teladoc you can:

Access mental health clinicians for counseling and psychiatry Access services 24 hours a day, including weekends and campus holidays See board-certified medical professionals for things like the flu, common colds, and more through your phone, tablet or computer with internet access

(There is \$15 copay per visit for SHIP members to use Teladoc)

For more info, vist: uhs.berkeley.edu/teladoc-online-telemedicine

UC Berkeley CAPS @ Tang is still open!

Tang remains open for urgent drop-in at the Tang Center: M-F, 10am-5pm

CAPS (Counseling and Psychological Services) is figuring out virtual options for counseling outside of the office, for that reason, they are limiting services to phone consultations and offering support for alternative ways to connect for counseling. Students can call CAPS and speak with a counselor over the phone for a consultation during business hours: (510) 642-9494.

# **COVID-19 Arts Response Resources Now Available**

New Resources for COVID-19 Arts Response

Call for Collaboration & Evidence-based Framework for Using the Arts in Public Health

The Center for Arts in Medicine is pleased to announce the release of two new COVID-19 Arts Response resources. The *Call for Collaboration* and *Evidence-based Framework for Using the Arts in Public Health* are designed to enable high-impact responses to COVID-19 through the arts.

Visit the <u>COVID-19 Arts Response webpage</u> for an overview of the initiative and to access the <u>Call for Collaboration</u> and the <u>Evidence-based Framework</u>. We are calling on you to help us share these resources in your community and beyond to help reduce the spread of COVID-19 and improve quality of life in the near and long term. As a leader in your community, we urge you to review these resources, share them with your colleagues, and share them to your social media accounts. We are using these hashtags and invite you to use them, too.

#COVID19 #ArtsResponse #ArtsResponseC19 #ArtsResponseCOVID19 #CreativeResponse #ArtsInPublicHealth #ArtsInHealth #ArtsInMedicine #PublicHealth #CommunityDevelopment #HealthCommunication

Visit COVID-19 Arts Response website for more information.

# **US/UK Longitudinal Study**

US/UK Longitudinal Study

Enforced social isolation and mental health:

An observational study of the psychosocial effects of quarantine during COVID-19

We're inviting adults in the US to take part in this study

Dr. Daisy Fancourt, University College London (UCL), is conducting a study to understand the mental health impacts of sheltering in place, and activities that may buffer against those effects. 70,000 UK residents have already enrolled in this important study.

The Center for Arts in Medicine and <u>Americans for the Arts Action Fund</u> have partnered with UCL to extend this study to the US. The results will help inform recommendations to improve well-being and resilience during and after the COVID-19 crisis. Results of this longitudinal study will be made publicly available on a weekly basis.

Participation involves completing a 10-15 minute online survey now and then answering a shorter follow-up survey once per week while social distancing measures are in place.

To participate in the study, please <u>click here</u>.

We invite you to share this study far and wide!

#### Learn more about:

- COVID-19 Arts Response
- COVID-19 Arts Response Repository

### Participate in the study

### Join our wellness class!



# **Information about a New Resource for Early Career Researchers**

In *The Early Career Researcher's Toolbox*, Andres De Los Reyes, PH.D., provides aspiring researchers with tools for building a research program. Using principles originally derived from popular or mainstream filmmaking, the book provides early career researchers with strategies for producing work within mentoring relationships, navigating the peer review process, and in the end synthesizing multiple pieces of work to tell compelling stories about their research.

Please visit http://bit.ly/ECRToolboxHome for more information!

# UC Berkeley/LBNL, surveying the STEM community

You are invited to participate in a research study about the impacts of COVID-19 on STEM students and professionals, including folks from education, policy, and other related fields. You must be 18 or older to participate.

This study was developed by researchers at UC Berkeley, in order to find out how COVID-19 has impacted people personally, academically, or professionally. The survey will only take 15 minutes to complete, but we hope this information will help to inform schools, programs, and organizations about what's going on and what people need.

We understand that this is a difficult and unusual time for everyone, and your well-being is our top priority. With this survey, our overall goal is to learn about your experiences, and we hope that the results from this study can be helpful in providing support where/when it is most needed. Your stories matter, and we appreciate your time.

Please note that participation in research is completely voluntary, and your responses will be anonymous (unless you volunteer your contact info).

### Follow this link to the Survey:

https://berkeley.gualtrics.com/jfe/form/SV 79WyNOkXobABlm5

Questions? Contact us at STEMCOVID19study@gmail.com.

# City of Berkeley: COVID-19 Testing by appointment



**Apply For Calfresh Over The Phone** 



## **Columbia Business School Summer Courses**

We are offering a menu of accessibly priced online courses on topics such as leadership, marketing, and finance. The programs will be fully on demand, meaning that students can start them and work through them on their own timeframe. Upon completion, students receive a Columbia Business School certificate that they can list on their resume when they search for an internship or job. The information on the program can be found on our webpage and I would be happy to speak further with you if you have any questions.

### **Current APA Resources**

Getting Into Graduate School: Your Roadmap for Success <a href="http://psychlearningcurve.org/graduate-school-roadmap/">http://psychlearningcurve.org/graduate-school-roadmap/</a>

Roadmap to Graduate School: Planning Your Route

http://psychlearningcurve.org/planning-your-route-to-graduate-school/

Roadmap to Graduate School: Finding Fit

http://psychlearningcurve.org/finding-fit/ https://www.apa.org/members/content/finding-fit-series

Roadmap to Graduate School: Navigating Interviews <a href="http://psychlearningcurve.org/navigating-interviews/">http://psychlearningcurve.org/navigating-interviews/</a>

As an aside, the following page contains some webinars that should be interesting to your current graduate students as they navigate the pandemic: https://www.apa.org/members/content/pandemic-webinar-series

## **Berkeley Art Studio Virtual Summer**

The Berkeley Art Studio has gone virtual! All the classes you love, like painting, drawing, photography, design, and sculpture, are now online! Take a class using easy-to-access materials, or come to the studio for curbside pickup of clay. Taking a ceramics class? You can drop off your work at the Studio for kiln firings. We make it easy so you can thrive on some creativity. Classes are usually 7 weeks and meet 2-3 hours a week. <u>REGISTER TODAY</u> because classes start

### **Certificate in Addiction & Substance Use Related Disorders**

Our Online Graduate Certificate in Addiction and Substance-Use Related Disorders prepares students to be a Licensed Substance Abuse Counselor. (In 40+ States, some states have additional requirements.) We designed the curriculum to match those requirements and to prepare the students for the real world.

### Site:

https://asuonline.asu.edu/online-degree-programs/certificates/addiction-and-substance-use-related-disorders-graduate/



This certificate provides the foundational knowledge necessary for state licensure in Arizona and most other states.







Weeks per Class

Total classes

Total credit hours

Addiction and substance abuse is one of America's top public health problems, and there is a growing need for a well-trained workforce. This

program pairs state-of-the art research from internationally recognized experts in addictions with clinical expertise from licensed psychologists with decades of experience providing substance abuse treatment.

### Why this program would be for you

- You want to help individuals struggling with substance use disorders and addiction problems
- You want to work in the mental health field and provide counseling without a master's or doctoral degree
- You want to demonstrate you can succeed in graduate-level classes
- You are in a graduate program and also want to be a Licensed Substance Abuse Counselor
- You have completed your formal education program but want additional training in addictions

#### ADDICTIONS CURRICULUM

- Evidence-based Interventions
- Comorbidity & Co-occurring Disorders
- Assessment & Diagnosis
- Multicultural Topics in Addictions
- Psychopharmacology
- Ethics
- Group Therapy

#### ADMISSION REQUIREMENTS

You are eligible to apply if you have:

- Earned a bachelor's or higher degree in any health, behavioral health, or counseling related field
- At least a 3.00 cumulative GPA



**Arizona State University** 

Learn more or apply at: psychology.asu.edu/addiction

# **Adulting Course on Udemy**

We, Belle Lau and Jenny Zhou, are the creators of the Adulting course at UC Berkeley. Because of the widespread attention and interest that we have garnered since starting the class, we decided to create an online version of the course on a learning platform called Udemy. We want to be able to help people not just at Berkeley, but outside the community, learn how to care for one's self and be self-reliant.

You can visit <u>tinyurl.com/AdultingCourse</u> to enroll for a low price of \$29.99 for 33 lectures of content plus additional self-help resources. Note, this course is targeted at those in high school and above, but anyone who is willing to learn is more than welcome to take the course.

To learn more about what the class offers, please visit the attached infographic or the LA Times article here:

https://www.latimes.com/california/story/2019-12-10/adulting-is-hard-uc-berkeley-has-a-class-for-that.

# **Student Tech Equity Program (STEP)**

Students who do not have access to the technology resources they need are invited to apply now to the Student Tech Equity Program (STEP) to be considered for a new laptop, Wi-Fi hotspot, or other resources to support their studies in time for Fall semester. The priority deadline for receiving applications is July 15, 2020. Devices will be mailed to students' homes directly. If you have questions, please email ucbstep@berkeley.edu.

# **SLC Language Exchange Program**

The <u>SLC Language Exchange Program</u> is excited to announce the launch of our virtual services for Summer 2020! We provide a space for students to enhance their language skills and engage with the rich cultural and linguistic diversity of our global campus. Joining our program is a great way for students to further practice the conversation skills they are learning in their language classes while making meaningful connections with our passionate community of language enthusiasts.

Student Learning Center | Summer 2020

# LANGUAGE EXCHANGE PROGRAM

Become a polyglot. Transform Cal's global community.



OUR FORMATS

Pair/Trio
Language Pods
Conversation Groups
Community Socials
LEP Global Book Club

# **HOW TO JOIN**

Attend an Orientation Submit an Intake Form Practice Weekly

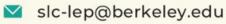
RSVP for an orientation at bit.ly/lep-su20





# **CONTACT US**

slc.berkeley.edu/lep



f @lep.ucb

# **SLC Language Exchange Program**

Greetings writers,

We're thrilled to welcome you back to the virtual Vèvè Writing Lounge today!

As you explore summer classes online, we know you'll have more opportunities to write about the exciting new things you're learning. So, what better way to get a headstart on your papers than to log into a conversation with one of our friendly peers? As you map out your next assignment, build in time to talk out your ideas, strengthen the clarity of your analysis, and review the organization of your drafts with a knowledgeable peer to make your writing flourish.

Whether you're working towards your final papers or you just received your first prompt, you can book a same-day Appointment or request a Weekly tutor to partner with you for the summer.

We hope to see you in the writing lounge soon!

Warmly, SLC Writing Program



# **APPOINTMENT**

Book a 50-min appointment with a tutor in advance to discuss strategies for taking your writing to the next level.

# WEEKLY

Work with a tutor on a weekly basis to practice and master the fundamentals of academic writing.

# FIND US

- slc.berkeley.edu/writing
- SLC Writing Program
- ✓ slcwritingprg@berkeley.edu
- All services offered via Zoom!

SUMMER SESSIONS 2020

# **UC Berkeley Getting into Graduate School**



Getting into Grad School (GiGS) is a collaborative partnership between the Office for Graduate Diversity (OGD), and the Graduate Assembly (GA), whose ultimate goal is to encourage and prepare undergraduate UC Berkeley students to select, apply, and enroll in graduate school.

GiGS students will be matched with a current UC Berkeley graduate student who will provide mentorship, advice, support and guidance to the graduate school journey including the application process. GiGS mentors will share their own experiences as prospective students to graduate school, lessons learned along the way and genuine insights into graduate life for graduate students of color.

The GiGS class is set to take place Fridays from 1PM-3PM

**Deadline to apply:** Friday, August 7th, 2020 at 5PM. Click here for the application.

You will be notified on your acceptance by Wednesday, August 19th, 2020.

# **UCB Undergrad Research Apprenticeship Program (URAP)**

# Undergraduate Research Apprentice Program (URAP)

URAP plans to have an application cycle this fall (with the expectation that the status of some projects may be subject to change). <u>Open projects will be posted in the second half of July.</u> Please check the Announcements section on the main URAP

website at <u>urap.berkeley.edu</u>.

Info sessions will be held every day during the first week of classes; the schedule will be posted in the Resources section.

The Fall 2020 application will be open August 19th-August 31st.