## Table of Contents

- Casa Joaquin Now Accepting Applications, 5/11/20  
- D-Lab - Upcoming Workshops, 5/11/20-5/15/20  
- Two STEM McNair Scholars Positions Open for Summer 2020, 5/11/20  
- Freedom Summer 2020 - Summer Course and Voter engagement outreach, 5/12/20 - 6/26/20  
- UCB Summer Optometry Camp, 5/15/20  
- UC Wide Career Fair Info!, 5/26/20-5/27/20  
- UCI Master of Advanced Study (MAS) degree in Criminology, Law and Society, 6/1/20  
- 5th Year MIDS: Additional Application Deadline - June 1, 6/1/20  
- In Times of Crisis the Value of Scientific Thinking Endures!, 6/18/20  
- Summer 2020 - Camp Baker, 7/8/20-8/14/20  
- GFA COVID-19 Response Opportunity  
- Undocumented Students Program Service Updates  
- The United States Public Interest Research Group Fellowship  
- Summer Discounts & Opportunities for students  
- SLC Writing Program Virtual Tutoring Appointments  
- University of Colorado Survey Responses Requested  
- Processing Transfer Credit at this Time  
- L&S Virtual Front Desk  
- UC Berkeley Labor Center COVID-19 Resources  
- Student to Student Peer Counseling  
- UHS - Teladoc and UC Berkeley CAPS  
- COVID-19 Arts Response Resources Now Available  
- Meet Virtually with an EOP Academic Counselor or PAC  
- Psychology Decal Looking for a Co-facilitator!  
- Online Jacobs opportunities: Virtual Skills-Building Workshops
Expanded - Class Schedule's Search by Major Requirement Feature

US/UK Longitudinal Study

Join our wellness class!

Participants Recruitment for Online Study

Information about a New Resource for Early Career Researchers

UCB COVID-19 Emergency Relief Fund

UC Berkeley/LBNL, surveying the STEM community

Moving Out: Safely & Sustainably
Casa Joaquin Now Accepting Applications, 5/11/20

Casa Joaquin Murrieta (Casa) is a multi-ethnic residential community that supports leadership development and academic success while providing a nurturing living environment for first-generation, low-income, UC Berkeley students. Please read details about the program below. The application for the 2020 - 2021 Academic year is now open!

https://greenlining.org/leadership-academy/programs/casa-residency/

A COMPLETE APPLICATION REQUIRES:
- Submission of the application form
- Completion of the 4 short answer questions
- A copy of your Financial Aid Offer Letter
- A copy of your or your parents previous year's taxes
- A copy of the Official UC Berkeley Offer Letter or other proof of enrollment
- Professional resume and list of references

APPLICATION SUBMISSION DEADLINE:
- Current Students (all students enrolled at Cal): April 20, 2020, 5:00 p.m. PST
- Incoming Students (freshmen and transfers): May 11, 2020, 5:00 p.m. PST

Ready to apply? Submit your application here:
http://greenlining.formstack.com/forms/2020casajoaquinapplication

If you have any questions or would like to schedule a tour, feel free to email chagans@greenlining.org

D-Lab - Upcoming Workshops, 5/11/20-5/15/20

RRR Week Workshops

Introduction to Pandas
May 11 | 1:00 PM to 4:00 PM | Register for Zoom Link
Pandas is a Python package providing fast, flexible, and expressive data structures designed to make working with 'relational' or 'labeled' data both easy and intuitive. It enables doing practical, real world data analysis in Python. In this workshop, we'll work with example data and go through the various steps you might need to prepare data for analysis.

R Fundamentals Parts 1 - 4
May 11 | 9:00 AM to 12:00 PM | Register for Zoom Link
May 12 | 9:00 AM to 12:00 PM | Register for Zoom Link
May 13 | 9:00 AM to 12:00 PM | Register for Zoom Link
May 14 | 9:00 AM to 12:00 PM | Register for Zoom Link

The D-Lab’s R Fundamentals four-part introductory series will teach you R from scratch with clear introductions, concise examples, and support documents. You will learn how to download and install the open-sourced R Studio software, import, export, manipulate, and visualize data, and learn to write shorthand functions of your code. After completion of this workshop you will have a foundational understanding to create, organize, and utilize workflows for your personal research.

**Intro to Data Visualization in Python**

May 15 | 9:00 AM to 12:00 PM | Register for Zoom Link

For this workshop, we'll provide an introduction to visualization with Python. We'll cover visualization theory and plotting with Matplotlib and Seaborn, working through examples in a Jupyter (formerly IPython) notebook. Line, bar, scatter, and boxplot plot types will also be covered.

**Two STEM McNair Scholars Positions Open for Summer 2020, 5/11/20**

The UC Berkeley Ronald E. McNair Post Baccalaureate Achievement Program is recruiting two STEM scholars for their Summer Institute for the 2019-20 cycle. We are looking for students who have a strong interest in obtaining a doctoral degree. The students should be committed to the following activities in the summer of 2020: conducting STEM related research, taking a GRE course, and a Graduate School Exploration Course. Students interested in our program must complete and submit the attached application by Monday, May 11, 2020.

Named for Ronald E. McNair, a prominent African-American Astronaut who overcame extreme prejudice to become the second African American in space, the McNair Scholars Program is committed to fostering the academic self-efficacy of marginalized students. Whether low-income, first-generation, or otherwise underrepresented, the McNair Program provides an intersectional home for students who are often academically disenfranchised.

The two STEM students will be given a generous stipend, support from faculty mentors and the McNair Staff, and the opportunity to pioneer their own research. Scholars are encouraged to undertake research that relates to their lived experiences, and they share this research by presenting at our National Ronald E. McNair Scholars Symposium and publishing in The Berkeley McNair Research Journal.

We hope you can help us identify and recruit two STEM students and encourage them to apply to the McNair Scholars Program. Eligible students should have a minimum 3.0 GPA, have earned at least 60
credits as of May 2020. The applicants need to be US citizens or permanent residents that meet federal low-income guidelines or who are members of an underrepresented population. For a full eligibility list please visit our eligibility page website.

Please feel free to contact Juan Francisco Esteva Martínez (Program Director; juanfesteva@berkeley.edu) if you have any questions or concerns. We will be flexible with the terms of the application, especially given the ongoing COVID-19 pandemic.

**Freedom Summer 2020 - Summer Course and Voter engagement outreach, 5/12/20 - 6/26/20**

Prof. Saru Jayaraman

Freedom Summer 2020:

**UPCOMING INFO SESSIONS**

Learn how you can join a nationwide student movement to get out the vote!

Friday, May 1, 10:00 - 10:30  [Register here](#)

Tuesday, May 12, 10:00 - 10:30  [Register here](#)

Wednesday, May 27th: 1:00 - 1:30  [Register here](#)

Thursday, June 11, 2:00 - 2:30  [Register here](#)

Friday, June 26, 10:00 - 10:30  [Register here](#)

*(All times are Pacific Standard Time)*

Co-sponsored by the African American Studies Department, Public Service Center, and the American Cultures Program at UC Berkeley

In a time of global pandemic, the 2020 election - the most historic election of our lives - is in peril. Students can and must help protect our democracy this year. Freedom Summer 2020 gives you a chance to be part of a nationwide virtual movement for voter engagement ahead of the historic 2020 election. Join with students from across the country in helping build the power and voice of low-wage worker voters who have been the most impacted by COVID-19 this summer.

Although the coronavirus pandemic has brought most voter outreach efforts across the country to a halt, Freedom Summer 2020 is continuing with a completely virtual format from July 6 – August 14. Building on the original Freedom Summer in Mississippi, this program will allow
you to take one 3-unit class in social movements and learn how to organize, develop leadership, and help people get out to vote, and then participate in a second 3-unit field course in which you will put those learnings into practice by organizing low-wage workers to vote over the phone and using a voter app. Join students from around the country in learning social movement organizing skills while conducting non-partisan relational voter engagement with hundreds of thousands of unlikely voters from around the country. **Students from all campuses are encouraged to apply.**

In addition to fostering democratic engagement, participants will also earn 6 units of academic credit and a certificate in Social Movement Organizing from the UC Berkeley Social Movements Center. You can also contact Reed Levitt at reed.levitt@berkeley.edu to sign up today!

**UCB Summer Optometry Camp, 5/15/20**

**Opto-Camp**

Applications are now open for **Opto-Camp: UC Berkeley's Optometry Summer Camp**, taking place July 13-17,2020. Please forward this opportunity to any students who may be interested!

This in-residence, 5-day program will give students interested in pursuing graduate studies and a career in optometry:

- an in-depth look at the profession,
Miscellaneous Opportunities: Week of May 11, 2020

- key information about applying to OD programs, and
- an immersive experience on the Berkeley campus.

Opto-Camp is open to all, with priority given to students currently enrolled in undergraduate studies.

The application deadline is May 15, 2020.

For any questions, contact optometry-studentaffairs@berkeley.edu or call (510) 642-9537.

**COVID-19 MESSAGE: We are still planning on holding Opto-Camp from July 13-17 this summer and encourage students to apply. However, we are closely watching the COVID-19 situation and will update applicants if program plans change. Thank you and stay safe!**

UC Wide Career Fair Info!, 5/26/20-5/27/20

The UC Wide STEM Virtual Career Fair will be taking place on Tuesday, May 26, 2020, 9am-6pm, and is geared toward students seeking STEM career opportunities.

On the following day, Wednesday, May 27, 2020, 9am-6pm, we will be holding the UC Wide general Virtual Career Fair for non-technical positions. All students, from every major and degree level (bachelor's, master's, PhD, postdocs), are encouraged to attend this two-day event, so register on CareerEco today!

Register for the UC Wide STEM Virtual Career Fair, May 26, 9am-6pm >

Register for the UC Wide Virtual Career Fair, May 27, 9am-6pm >

UCI Master of Advanced Study (MAS) degree in Criminology, Law and Society, 6/1/20

Application Deadline for Fall 2020 is June 1, 2020

*The GRE is not required. Application fee fellowship offered to new students who enroll this Fall.*
The School of Social Ecology at the University of California, Irvine offers an online Master of Advanced Study (MAS) degree in Criminology, Law and Society. Courses are taught by expert faculty members with a curriculum designed to help working professionals advance in their careers and help graduates further their education. The program has raised the standard for online learning with innovative learning platforms that make it easy to interact with instructors. It is currently ranked No.1 by *U.S. News & World Report*.

The curriculum emphasizes theoretical and practical applications, central to crime and its control, social policy and the law. You will be taking courses in Public Policy, Crime and Criminal Justice; Cybercrime, Cybersecurity and Society; Miscarriage of Justice; Immigration in the U.S. and others.

Click here for [Program Overview](#).
Click here to [Learn More](#).
Upcoming events:

**Live Virtual Information Session**
Saturday, April 11, 2020
11:00am
[Register](#)

**Live Virtual Information Session**
Friday, April 24, 2020
Noon
[Register](#)

---

**5th Year MIDS: Additional Application Deadline - June 1, 6/1/20**

We at the I School are so excited to welcome our second 5th Year MIDS cohort this fall! We can't wait to continue assisting Cal undergrads with accelerating their career paths and achieving their dreams.

Because graduating students' work and internships situations have changed due to the COVID-19 public health emergency, we have had increasing interest in 5th Year MIDS, and requests to be considered for this Fall 2020.

**We are delighted to share that, in response to this demand, we are offering a third application deadline of June 1 at 8:59pm PST.** Also, given that students may currently be experiencing higher than usual financial strain, we will be waiving application fees. In order to waive your application fee, simply select "Credit Card" as your payment method in your application. Please do not submit payment.

[Go to My Application](#)

Please make sure the following materials have been included in your online application prior to submitting.

**5th Year MIDS Application Requirements:**

1. Uploaded Resume
2. Uploaded Undergraduate Transcript
Miscellaneous Opportunities: Week of May 11, 2020

3. Three Letters of Recommendation
4. Three Essays: Statement of Purpose, Short Answer Essay 1 (Discuss a time when you used data to make a decision or to solve a problem; explain your decision-making process from beginning to end.), Short Answer 2 (To provide the admissions committee with a complete and comprehensive understanding of your background, please use this statement to expand on any personal, professional, and/or academic challenges or hardships you have faced that could provide us with additional insight into the context of the accomplishments and struggles you share in your application.)

**The following materials are NOT required for your 5th Year MIDS application: GRE / GMAT scores, sampling of relevant written work, publications and presentations, honors and awards, and website.

In Times of Crisis the Value of Scientific Thinking Endures!, 6/18/20

The Virtues of Science-Based Thinking in the Post-Truth Age
by Dr. Mona Sue Weissmark >>>

Join us this summer live online @HarvardSummer to learn more about making sense of conflicting data.

This is a limited-enrollment course. Waitlist only.

The United States is becoming increasingly diverse and the world increasingly globalized.

The central focus of the course is on the links between diversity and psychological processes at individual, interpersonal, and international levels. Find out about registering here >>>

Register Here!
Summer 2020 - Camp Baker, 7/8/20-8/14/20

Camp Baker is a 6-week day camp for children ages 6-12 with ADHD.

Campers participate in fun, real camp activities while receiving treatment that has been proven to work.

Summer 2020 dates:
Wednesday, July 8 - Friday, August 14

Bus transportation from Boston and Westwood is provided.

To apply, please visit our registration page:
Camp Doc

GFA COVID-19 Response Opportunity

Govern for America is looking for people to join our COVID-19 Response Corps, a group of dedicated people motivated to help our government respond to one of the greatest challenges of our time. Please fill out this interest form for the chance to be matched with a COVID-19 response project.

Never before has the need for talent in government been so apparent. To meet the challenge of this moment, governments at all levels need talented, committed people to support critical projects. These projects may be virtual and will vary according to government needs and your skills and interests.
Undocumented Students Program Service Updates

It's a difficult time for all of us. We hope that you and your family are healthy and safe.

Some of you may have heard about ICE sweeps being conducted in the midst of the COVID-19 outbreak. We want to remind you that you have power and it's important for you and your loved ones to Know Your Rights!

https://www.aclu.org/know-your-rights/immigrants-rights/

You may also be wondering about resources for you and your family related to COVID-19. Please click on these links to find further information that can be helpful to you and your loved ones:
- https://ciyja.org/covid19/
- https://docs.google.com/document/d/1PxLuuH0-hwHXftUXuEi52Q1qWUDegN8_I1L4ullIFwzk/edit

We want to let you know that USP is here for you, and to help meet your needs. In efforts to limit coronavirus risk on campus, the Undocumented Community Resource Center (UCRC) is temporarily closed. However, USP services remain open and accessible. Please see below on how to access our services:

Financial Aid
The Financial Aid & Scholarships Office is offering virtual satellite advising. Please follow the link for instructions to sign up for an appointment:
https://www.wejoinin.com/sheets/cyogi

Financial Support
The emergency grant and USP scholarship application is still open and can be accessed here. If you have any questions, please email:
uspeemergencygrant@gmail.com

Academic Counseling
All appointments with Valeria have been moved to virtual (phone or video) appointments. We continue to be committed to providing access and support to you during this ever-evolving time. To schedule an appointment with Valeria:
Miscellaneous Opportunities: Week of May 11, 2020

Through March 30th:  https://www.wejoinin.com/sheets/npkxw
After March 30th:  https://valeria-7.youcanbook.me

When you sign up, please input the following information into the name section:
- Full Name
- Student ID number
- If you’d prefer meeting via video or audio

For Example: Oski Bear / 3031234567 / Video
* This information will not be displayed publicly but will be for internal use only.

Valeria will reach out to you at the time of your appointment.

Note: Please email Valeria  vcayala77@berkeley.edu if these slots do not work with your schedule and if you have any questions or concerns

Mental Health Support
Scheduled appointments
- During this reduction in services, ALL appointments will be held over the phone and will be shorter than usual, given reduced service hours. If you already have a scheduled appointment with Dr. Barrios or Dr. Peña, they will be reaching out for a phone session at the time of your appointment. We understand that it may be difficult to access a private space with short notice, so please let us know if you need to reschedule or cancel based on travel/transition needs.
  - Dr. Bianca Barrios (510) 664-5342
  - Dr. Diana Peña (510) 664-7483
- Those new to mental health counseling (and not in crisis) may also call to access phone support, case management, referral support, etc. As our hours will be limited, calling our voicemail is NOT the best resource if you are in crisis or need urgent support. See below for info on urgent emotional support***.

Communication
- Given the fluidity of this situation, please check emails from the eTang secure messaging system, as this is a primary way counselors will update you with last minute changes to services. They will also call your cell phone number for updates and scheduled phone appointments, so please make sure your Cal Central Mobile number has a voicemail box that is set up and can accept new messages.

Additional Services
As of Monday, March 16th, all counseling groups, including the UndocuWellness in Action Group have been suspended until further notice. If you’re an existing member of USP’s skills group, please check your eTang messages and/or phone messages for additional details.

Drop in hours (aka Let's Talk) are cancelled until further notice. In lieu of drop-in, additional phone appointment slots will be opened.

***For ANY urgent concerns or crisis mental health needs, please call CAPS at the Tang center (510) 664-7483 to speak with a counselor. For after-hours crisis support, please call 855.817.5667. For up to date info on CAPS services, please go to https://uhs.berkeley.edu/caps. For info on all other UHS/Tang services during this alternative instruction period, please visit: https://uhs.berkeley.edu/coronavirus/accessing-uhs-services

Self-care tips from CAPS counselors
https://www.youtube.com/watch?v=_13Au6I4s40&authuser=0
https://www.youtube.com/watch?v=duJUwQxeQzw&feature=youtu.be

Immigration Legal Support
COVID-19 UPDATE (as of 3/12/20 but subject to change):
The East Bay Community Law Center (EBCLC) is the legal service provider for USP. As one of the largest providers of free legal services in the East Bay and home to eight of Berkeley Law’s community-based clinics, EBCLC places tremendous importance on the health of our staff, students, clients and the public. In an effort to support community well-being, we have closed our offices and have cancelled our drop-in appointments and in-person clinics through April 7th, 2020. We are committed to providing responsive legal services in the areas of housing, health, immigration, education, and economic security, and we will continue to do so with the utmost respect for our clients. Please schedule remote appointments through our online booking system, email us at usplegal@ebclc.org, or contact your caseworker for assistance with a legal matter. Thank you for your cooperation and support.

General Consultations

All general consultations scheduled through our online booking system will take place by phone or Zoom. Until further notice, we will not have in-person general consultations at our Adeline office or at 180 Cesar Chavez. If you already have a scheduled appointment, EBCLC staff will contact you directly to arrange for a remote appointment. If you would like to schedule, reschedule or cancel an appointment, please visit the USP website. Please contact usplegal@ebclc.org with any questions or concerns.

Current Clients of EBCLC
For current clients of EBCLC, please reach out to your caseworker directly regarding any questions or concerns.

**UCRC Online Community Gathering**
Join USP staff to go over USP virtual services and answer your questions. We are here for you!

Weekly on Wednesday, 12pm-1pm.
Starting March 25, 2020

**The United States Public Interest Research Group Fellowship**

Our mission is to advocate for the public interest—to speak out for a healthier, safer world in which we're freer to pursue our own individual well-being and the common good.

Whether it's working to stop the overuse of antibiotics in agriculture, addressing our country’s plastic waste crisis, or alerting people to threats in the marketplace, the problems we work on aren’t progressive or conservative. They’re just problems that our country shouldn’t tolerate any longer.

If you are ready to roll up your sleeves and win more results for the public, we’d love to hear from you.

You won’t just sit behind a desk. You’ll be out in the real world, working to protect consumers and enable citizens to lead healthier, safer, more secure lives. You’ll be recruiting new groups to join a coalition, speaking in a church basement or town hall to win a new endorsement, organizing a news event or rally, meeting with an editorial board, or doing whatever else it takes to get results. You’ll run a grassroots campaign office each summer during your fellowship where you’ll hire and manage a staff of 20 canvassers to raise money, build our organization and membership, and help win one of our key campaigns.

This is a one-year program, expressly designed to prepare future leaders with U.S. PIRG. We look for smarts, leadership experience, top-notch written and verbal skills, and an eagerness to learn. We value organizing experience, including building campus groups.

**The target annual compensation for this position is $28,000 in the first year. U.S. PIRG offers a competitive benefits package. We also offer an excellent training program and opportunities for advancement.**
We’re currently hiring for positions in multiple locations across the country, including Boston, Chicago, Washington DC, Los Angeles, Philadelphia and Portland, ME. If you’re flexible, you can apply for multiple locations. We accept applications on a rolling basis.

**Positions start in August 2020. Immediate positions also available.**

[https://jobs.uspirg.org/fellowship.html](https://jobs.uspirg.org/fellowship.html)

---

**Summer Discounts & Opportunities for students**

We are aware that world events may cause some students to choose not to return to their home this coming summer. As you advise students we wanted to pass along some information that may be of help to these students. To assist students who may not have summer housing in place, Cal Housing is offering a $200 discount to the first 200 students to register for housing for the 12-week summer session (Session AD). Please visit the [Cal Housing website](https://housing.berkeley.edu) for details.

For those students that choose to remain in Berkeley for the summer, Berkeley Summer Sessions offers options that can help keep their academics on track or gain a new credential. There are a number of minors/certificates that can be completed in 12-weeks, such as the minors in Global Public Health, Digital Journalism, Race and the Law, Digital Humanities or a certificate in film production. For more information on minors/certificates go to [summerminors.berkeley.edu](http://summerminors.berkeley.edu)

Beyond these options, Summer Sessions offers:

- More than 600 different courses in 99 different academic disciplines
- Over two dozen fully online courses: [summer.berkeley.edu/online](http://summer.berkeley.edu/online)
- [Internship programs](http://summer.berkeley.edu/internships) in Boston, Los Angeles, and the Bay Area
- Scholarships and financial aid available to eligible students

Summer Sessions offers Berkeley classes compressed into 3, 6, 8, or twelve-week sessions, giving students the flexibility to make the most of their summer. Enrollment is now open. Learn more at [summer.berkeley.edu](http://summer.berkeley.edu)

---

**SLC Writing Program Virtual Tutoring Appointments**
We hope your last week of formal classes is going well!

We know this time of the semester can be particularly busy—that’s why we offer two flexible formats to meet your writing needs. So, whether your last papers of the semester are due in a few days or weeks, you can Zoom with us any time today for a 50-minute appointment or stop by Drop-in, 12PM-5PM, to take your writing to new heights.

Our knowledgeable tutors are eager to work with you on any aspect of your essay. Visit us to brainstorm paper topics, discuss the clarity of your argument, or receive focused feedback on the organization of your draft. No matter your schedule or assignment, we are excited to talk out your ideas and share strategies to make your writing sing.

We wish you inspiration on your final writing projects and hope to Zoom with you soon!
University of Colorado Survey Responses Requested

I am a student at the University of Colorado Denver and I am conducting research in air pollution. Many studies have addressed its detrimental effects on cancer, low birth weights, and other physical health concerns, but there is little literature focused on mental health concerns. I suspect there is a relationship between high levels of air pollution and anxiety rates. I have data on the air pollution (compiled EPA data bases). I need data on anxiety rates.

If I can get perhaps 30 responses, this will give me a good representation of anxiety rates among students in the Berkeley area. It would also contribute greatly to reducing global pollution as we plan on developing this research into a plan of action. If you are not able to help us out, I completely understand.

Here is a link to the survey: https://www.surveymonkey.com/r/G2SJQVJ

If you have any questions, please feel free to contact me or my research adviser Larry Erbert at Larry.Erbert@ucdenver.edu

Thank you for your time, I will appreciate any help at all!

Oscar Maldonado
University of Colorado Denver
Honors & Leadership Scholar
oscar.maldonado@ucdenver.edu

Processing Transfer Credit at this Time

At this time, students should be advised to request that transcripts be sent electronically (if the transfer institution needs an email address, they should use busops@berkeley.edu). We are continuing to post transfer credit via this method.

A reminder that we cannot receive transcripts from students via email, they must come directly from the transfer institution. Alternatively, if an advisor receives an official transcript, they could send a pdf to busops@berkeley.edu.

If an electronic option is not available, we suggest that students postpone the request to send until after Shelter in Place (right now, April 7th). At this time, there is no one available to scan hard copy transcripts in Sproul due to Shelter in Place. And it might not be advisable for
documents to linger with mail services. My hope is that as we know more about the extent of our time away from campus, and how in person services will be handled, we'll have better guidance on when to send so that action can be taken closer to receipt of the documents.

**L&S Virtual Front Desk**

_Virtual Front Desk_ is a resource for students, staffed by the L&S Peer Advisers.

Students will now be able to access the L&S Advising Office's front desk services virtually by logging on to _Virtual Front Desk Google Hangouts_. The peers will be able to assist students with quick questions, help identify petitions and forms (and how to submit), support navigating which campus office to contact with questions, and explain how to make an L&S college advising appointment if students have difficulty.

Topics you can get help with through L&S Advising's Virtual Front Desk:

- Clarification on L&S College policies and procedures
- Help choosing petitions and forms (and guidance in submission)
- Support navigating which campus office to contact with questions
- Guidance in whether to make an L&S College Advising appointment or to use a different resource

Please note that this service is an _open format_, which allows students to join in and leave at their convenience. Students, therefore, will be able to hear questions posed by other students.

On the _Virtual Front Desk_ webpage, you will find a calendar that indicates the hours. The calendar will be updated daily, depending on changes in peer availability.
This Virtual Front Desk service is in addition to the Google Hangout services that the peers are already providing in the evenings. For more information about those services, please review Virtual Office Hours w/ Peer Advisers.

**UC Berkeley Labor Center COVID-19 Resources**

The Labor Center has compiled resource lists for understanding new COVID-19 federal legislation and federal and state policy and assistance available to those affected by the pandemic. In the coming weeks and months, we will continue to review and update these pages with information on new COVID-19 legislation, regulations, analysis, and tools.
Student to Student Peer Counseling is a group of student counselors providing free, one-on-one, confidential, walk-in services to UC Berkeley students. As peer counselors, we provide a supportive atmosphere where students can openly talk about their feelings. All of us are extensively trained to cover a broad spectrum of topics, ranging anywhere from stress to suicidal thoughts, and are here to offer nonjudgmental, empathetic ears for whatever you’re going through. We know that COVID-19 related events are stressful and anxiety-inducing, and want to be there for the UC Berkeley community should anyone need a space to talk openly about how they’re doing and to develop their own solutions to problems and uncertainties. Please note that all our services are completely free and confidential.

Recently we have shifted to taking appointments via Zoom. You can make an appointment at https://sspc.berkeley.edu/appointments/, and we’ll send you an email with the meeting link once you’re scheduled. For more information, visit our website at sspc.berkeley.edu or send us an email at sspcemall@gmail.com. Hope everyone’s taking reasonable precautions and staying safe during these challenging times.
UHS - Teladoc and UC Berkeley CAPS

**Did you know?**

→ If you have SHIP, you may still have access to medical services via Teladoc?

Teladoc is a virtual platform where you can talk to a doctor, therapist, or medical expert anywhere you are by phone or video.

Students living in Berkeley or residing within the United States with SHIP (student health insurance) are eligible.

**With Teladoc you can:**

- Access mental health clinicians for counseling and psychiatry
- Access services 24 hours a day, including weekends and campus holidays
- See board-certified medical professionals for things like the flu, common colds, and more through your phone, tablet or computer with internet access
- (There is $15 copay per visit for SHIP members to use Teladoc)

For more info, visit: uhs.berkeley.edu/teladoc-online-telemedicine

→ UC Berkeley CAPS @ Tang is still open!

Tang remains open for urgent drop-in at the Tang Center: M-F, 10am-5pm

CAPS (Counseling and Psychological Services) is figuring out virtual options for counseling outside of the office, for that reason, they are limiting services to phone consultations and offering support for alternative ways to connect for counseling. Students can call CAPS and speak with a counselor over the phone for a consultation during business hours: (510) 642-9494.
COVID-19 Arts Response Resources Now Available

New Resources for COVID-19 Arts Response

Call for Collaboration & Evidence-based Framework for Using the Arts in Public Health

The Center for Arts in Medicine is pleased to announce the release of two new COVID-19 Arts Response resources. The Call for Collaboration and Evidence-based Framework for Using the Arts in Public Health are designed to enable high-impact responses to COVID-19 through the arts.

Visit the COVID-19 Arts Response webpage for an overview of the initiative and to access the Call for Collaboration and the Evidence-based Framework. We are calling on you to help us share these resources in your community and beyond to help reduce the spread of COVID-19 and improve quality of life in the near and long term. As a leader in your community, we urge you to review these resources, share them with your colleagues, and share them to your social media accounts. We are using these hashtags and invite you to use them, too.

#COVID19 #ArtsResponse #ArtsResponseC19 #ArtsResponseCOVID19 #CreativeResponse #ArtsInPublicHealth #ArtsInHealth #ArtsInMedicine #PublicHealth #CommunityDevelopment #HealthCommunication

Visit COVID-19 Arts Response website for more information.

Meet Virtually with an EOP Academic Counselor or PAC

Counselors are now available for future appointments. For more information email advising@berkeley.edu. For current updates visit our website eop.berkeley.edu. We look forward to meeting you virtually!

Interested in a same day appointment with our counselors? Visit Same Day Appointments.

In adherence with campus communications, EOP will postpone in-person appointments and offer virtual services for the remainder of the Spring 2020 semester.

Schedule a virtual appointment with the link: Virtual Appointments
Miscellaneous Opportunities: Week of May 11, 2020

If you'd like to speak to one of our amazing PAC's please email eop.usp.pacs@berkeley.edu

**Psychology Decal Looking for a Co-facilitator!**

Looking for an additional co-facilitator for the 1:59 Autism Spectrum Disorders DeCal which will meet 1x/week for 1.5 hrs during fall. This is a seminar type course with a majority of the lectures by guest speakers or panels. This is an established course so there is not excessive workload for any new facilitators outside of the decal class time (maybe 1/2 hr/week prep time). Looking for lively facilitators who want to engage with the class and speakers. We will again have a very interesting speaker line up next semester. The course is very popular and fills up fast each semester. If interested please email spectrumdecal@gmail.com First timers are expected to attend a 2-hr facilitator training workshop and fill out some paperwork.

**Online Jacobs opportunities: Virtual Skills-Building Workshops**

The Jacobs design specialists and student supervisors are offering virtual workshops throughout April, open to all members of the UC Berkeley community (no Maker Pass required). Join as many as you'd like! View the full workshop list here and check back, as more may be added later this month.

**Expanded - Class Schedule's Search by Major Requirement Feature**

Interested in easily finding Fall 2020 classes that fulfill a specific major requirement? The Search by Major Requirement feature on the Academic Guide's Class Schedule (classes.berkeley.edu) allows you to do so for 18 majors, including Bioengineering, Classical Civilizations, Cognitive Science, Data Science, Economics, EECS, English, Environmental Earth Science, Environmental Economics and Policy, Environmental Sciences, Gender and Women’s Studies, Integrative Biology, Mathematics, Molecular and Cell Biology, Political Science, Psychology, Sociology, and Urban Studies. This feature was made possible by the Student Technology Fund.

How to use this feature on classes.berkeley.edu:

- In the Major Requirements facet in the left-hand menu, select your requirement year. Generally, the requirement year is when you were admitted to Berkeley or to your major. Declared students can verify their requirement year in CalCentral’s Academic Progress Report (APR).
Miscellaneous Opportunities: Week of May 11, 2020

- Select your declared or intended major.
- Select the term in which you would like to search for classes in Summer 2020 and Fall 2020.

The resulting display includes all classes that fulfill any of the requirements in the selected major. Please be sure to read the text in the yellow box at the top of the results list to learn about specific conditions of the major you have selected. You can then filter to the sub-requirements and use the standard Class Schedule filters (such as Breadth Requirements and Classes with Open Seats) to narrow results.

Undeclared students can visit program pages in the Berkeley Academic Guide for detailed descriptions of major requirements. Declared students should consult their APR for details and degree progress thus far.

For a video tutorial and the opportunity to provide feedback, visit https://registrar.berkeley.edu/registration/using-class-schedule

**US/UK Longitudinal Study**

**US/UK Longitudinal Study**

**Enforced social isolation and mental health:**

**An observational study of the psychosocial effects of quarantine during COVID-19**

*We're inviting adults in the US to take part in this study*

Dr. Daisy Fancourt, University College London (UCL), is conducting a study to understand the mental health impacts of sheltering in place, and activities that may buffer against those effects. 70,000 UK residents have already enrolled in this important study.

The Center for Arts in Medicine and Americans for the Arts Action Fund have partnered with UCL to extend this study to the US. The results will help inform recommendations to improve well-being and resilience during and after the COVID-19 crisis. Results of this longitudinal study will be made publicly available on a weekly basis.

Participation involves completing a 10-15 minute online survey now and then answering a shorter follow-up survey once per week while social distancing measures are in place.

To participate in the study, please click here.
We invite you to share this study far and wide!

Learn more about:

- COVID-19 Arts Response
- COVID-19 Arts Response Repository

[Participate in the study]

Join our wellness class!

[Image of UC Berkeley Psychology Clinic & Center for Assessment poster]

Join Our Wellness Class

Sign-up by calling 510-642-4459

https://psychology.berkeley.edu/clinics/our-services

Free for UC Berkeley Students, Post-Docs, Staff & Faculty!
Participants Recruitment for Online Study

How Has the Covid-19 Pandemic Affected You?

➢ Complete our survey to help us understand the impact of the Covid-19 Pandemic.

➢ We will donate $3 to the American Red Cross for every person who completes our survey!

➢ For more info see the link below or check us out on Instagram:
   ➢ drjulieaniziurski

The link to the study is:

Information about a New Resource for Early Career Researchers

In The Early Career Researcher’s Toolbox, Andres De Los Reyes, PH.D., provides aspiring researchers with tools for building a research program. Using principles originally derived from popular or mainstream filmmaking, the book provides early career researchers with strategies for producing work within mentoring relationships, navigating the peer review process, and in the end synthesizing multiple pieces of work to tell compelling stories about their research.

Please visit http://bit.ly/ECRToolboxHome for more information!
UCB COVID-19 Emergency Relief Fund

We’re thrilled to announce that UC Berkeley has streamlined its student emergency aid process and launched a COVID-19 Emergency Relief Fund website to provide assistance with housing, food, medical/health, and technology needs for the Spring 2020 term. All students — including undergraduate, graduate, international, and undocumented students — are eligible to receive funding.

Visit the COVID-19 Relief Fund website (log in with your Berkeley email) to learn about the two application options.

These funds are limited and campus will not be able to meet the needs of every student that applies. We are prioritizing students that have limited or no access to other financial resources, and students that may be experiencing higher rates of basic needs challenges, including first-generation, low-income, disabled, and/or LGBT+ students, students of color, parenting students, and/or students in their second to last or final academic term.

UC Berkeley/LBNL, surveying the STEM community

You are invited to participate in a research study about the impacts of COVID-19 on STEM students and professionals, including folks from education, policy, and other related fields. You must be 18 or older to participate.

This study was developed by researchers at UC Berkeley, in order to find out how COVID-19 has impacted people personally, academically, or professionally. The survey will only take 15 minutes to complete, but we hope this information will help to inform schools, programs, and organizations about what’s going on and what people need.

We understand that this is a difficult and unusual time for everyone, and your well-being is our top priority. With this survey, our overall goal is to learn about your experiences, and we hope that the results from this study can be helpful in providing support where/when it is most needed. Your stories matter, and we appreciate your time.
Please note that participation in research is completely voluntary, and your responses will be anonymous (unless you volunteer your contact info).

Follow this link to the Survey:
https://berkeley.qualtrics.com/jfe/form/SV_79WyNOkXobABlm5

Questions? Contact us at STEMCOVID19study@gmail.com.

Moving Out: Safely & Sustainably

Make a plan with your housemates so everyone can stay safe. Consider scheduling move-out appointments to maintain social distancing.

Sort your waste into the correct bins.

Wear a mask when outside and observe general hygiene.

Make a plan for disposing of unwanted items before you return:

- **Do NOT** leave furniture or other items on the curb. Violators can be fined **up to $1,000.**
- **Disinfect items and maintain social distancing when selling on Free & For Sale.**
- **City of Berkeley Transfer Station**
  - Up to 2 mattresses, box springs, or futons (free)
  - Up to 2 electronics (free)
  - Refrigerated appliances ($)
  - Additional landfill waste ($)
- **UC Berkeley Food Pantry**
  - Donate uneaten, non-perishable, non-expired food by emailing foodpantry@berkeley.edu
- **ewasteCollective**
  - Accepting electronics starting Monday, May 4th
- **Also consider:**
  - renting a storage unit
  - taking your items with you

For more information and a full list of organizations accepting donations, visit calmoveout.com
Many students will be moving out or returning to Berkeley to pick up remaining belongings over the next month. We want to take a moment to remind residents that safety, sustainability, and resiliency of Berkeley’s community are top priorities during this time. We absolutely cannot allow for unsafe actions to negate the efforts of previous social distancing and sheltering in place. We have the potential to protect both our community and our environment by making informed decisions when moving.

Please visit CalMoveOut.com, a website designed by and for students, or see this Op-Ed in the Daily Cal for detailed tips and resources about protecting yourself, preventing the spread of COVID-19, and avoiding hefty city fines.