Table of Contents

Undocumented Students Program Service Updates, 3/18/2020 3
SLC Writing Program Full Services Return Today!, 3/30/20 6
UC Berkeley Psychology Department: Faculty Fireside Chats, 4/1/20 6
Explore the Researcher in You! RSVP Today!, 4/1/20 7
SLC Writing Program - Thesis Project Support! RSVP today!, 4/3/20 8
UCB Digital Humanities Fair, 4/13/2020 10
Life Story Workshop with Sheila Rubin - Free Intro, 4/14/20 10
Anne H. Scott Memorial Undergraduate Scholarship in Chinese Studies, 4/15/20 11
Resume Books for Internship & Job Seekers, 4/19/20 12
Casa Joaquin Now Accepting Applications, 4/20/20 13
Cal Week: PSYCHOLOGY Zoom Events!, 4/20/20-4/24/20 14
Public Service Center Workshop Series, 4/13/20-4/22/20 15
Online Life Story Workshop with Sheila Rubin - 6-Week Online Group, 4/21/20-5/26/20 16
Test Trackers for GRE Prep, 4/30/20 18
UCB Summer Optometry Camp, 5/15/20 18
UCI Master of Advanced Study (MAS) degree in Criminology, Law and Society, 6/1/20 19
Summer 2020 - Camp Baker, 7/8/20-8/14/20 20
The United States Public Interest Research Group Fellowship 20
Summer Discounts & Opportunities for students 21
SLC Writing Program Virtual Tutoring Appointments 22
University of Colorado Survey Responses Requested 23
Processing Transfer Credit at this Time 23
L&S Virtual Front Desk 24
UC Berkeley Labor Center COVID-19 Resources 25
Student to Student Peer Counseling 26
Miscellaneous Opportunities: Week of April 13, 2020

UHS - Teladoc and UC Berkeley CAPS 27
COVID-19 Arts Response Resources Now Available 28
Meet Virtually with an EOP Academic Counselor or PAC 28
Psychology Decal Looking for a Co-facilitator! 29
Undocumented Students Program Service Updates, 3/18/2020

Dear USP Students,

It's a difficult time for all of us. We hope that you and your family are healthy and safe.

Some of you may have heard about ICE sweeps being conducted in the midst of the COVID-19 outbreak. We want to remind you that you have power and it's important for you and your loved ones to Know Your Rights!

https://www.aclu.org/know-your-rights/immigrants-rights/

You may also be wondering about resources for you and your family related to COVID-19. Please click on these links to find further information that can be helpful to you and your loved ones:

- https://ciyja.org/covid19/
- https://docs.google.com/document/d/1PxLuuH0-hwHXftUXuEi52Q1qWUDegN8_11L4uIFwzk/edit

We want to let you know that USP is here for you, and to help meet your needs. In efforts to limit coronavirus risk on campus, the Undocumented Community Resource Center (UCRC) is temporarily closed. However, USP services remain open and accessible. Please see below on how to access our services:

Financial Aid
The Financial Aid & Scholarships Office is offering virtual satellite advising. Please follow the link for instructions to sign up for an appointment:
https://www.wejoinin.com/sheets/cyogi

Financial Support
The emergency grant and USP scholarship application is still open and can be accessed here. If you have any questions, please email: uspemergencygrant@gmail.com

Academic Counseling
All appointments with Valeria have been moved to virtual (phone or video) appointments. We continue to be committed to providing access and support to you during this ever-evolving time. To schedule an appointment with Valeria:

Through March 30th: https://www.wejoinin.com/sheets/npkxw
After March 30th: https://valeria-7.youcanbook.me

When you sign up, please input the following information into the name section:
- Full Name
- Student ID number
- If you'd prefer meeting via video or audio

For Example: Oski Bear / 3031234567 / Video
* This information will not be displayed publicly but will be for internal use only.

Valeria will reach out to you at the time of your appointment.

Note: Please email Valeria vcayala77@berkeley.edu if these slots do not work with your schedule and if you have any questions or concerns

Mental Health Support
Scheduled appointments
- During this reduction in services, ALL appointments will be held over the phone and will be shorter than usual, given reduced service hours. If you already have a scheduled appointment with Dr. Barrios or Dr. Peña, they will be reaching out for a phone session at the time of your appointment. We understand that it may be difficult to access a private space with short notice, so please let us know if you need to reschedule or cancel based on travel/transition needs.
  - Dr. Bianca Barrios (510) 664-5342
  - Dr. Diana Peña (510) 664-7483
- Those new to mental health counseling (and not in crisis) may also call to access phone support, case management, referral support, etc. As our hours will be limited, calling our voicemail is NOT the best resource if you are in crisis or need urgent support. See below for info on urgent emotional support***.

Communication
- Given the fluidity of this situation, please check emails from the eTang secure messaging system, as this is a primary way counselors will update you with last minute changes to services. They will also call your cell phone number for updates and scheduled phone
appointments, so please make sure your Cal Central Mobile number has a voicemail box that is set up and can accept new messages.

Additional Services
- As of Monday, March 16th, all counseling groups, including the UndocuWellness in Action Group have been suspended until further notice. If you’re an existing member of USP’s skills group, please check your eTang messages and/or phone messages for additional details.
- Drop in hours (aka Let's Talk) are cancelled until further notice. In lieu of drop-in, additional phone appointment slots will be opened.
- ***For ANY urgent concerns or crisis mental health needs, please call CAPS at the Tang center (510) 664-7483 to speak with a counselor. For after-hours crisis support, please call 855.817.5667. For up to date info on CAPS services, please go to https://uhs.berkeley.edu/caps. For info on all other UHS/Tang services during this alternative instruction period, please visit: https://uhs.berkeley.edu/coronavirus/accessing-uhs-services

Self-care tips from CAPS counselors
https://www.youtube.com/watch?v=_13Au6I4s40&authuser=0
https://www.youtube.com/watch?v=duJUwQxeQzw&feature=youtu.be

Immigration Legal Support
COVID-19 UPDATE (as of 3/12/20 but subject to change):
The East Bay Community Law Center (EBCLC) is the legal service provider for USP. As one of the largest providers of free legal services in the East Bay and home to eight of Berkeley Law’s community-based clinics, EBCLC places tremendous importance on the health of our staff, students, clients and the public. In an effort to support community well-being, we have closed our offices and have cancelled our drop-in appointments and in-person clinics through April 7th, 2020. We are committed to providing responsive legal services in the areas of housing, health, immigration, education, and economic security, and we will continue to do so with the utmost respect for our clients. Please schedule remote appointments through our online booking system, email us at usplegal@ebclc.org, or contact your caseworker for assistance with a legal matter. Thank you for your cooperation and support.

General Consultations
- All general consultations scheduled through our online booking system will take place by phone or Zoom. Until further notice, we will not have in-person general consultations at our Adeline office or at 180 Cesar Chavez. If you already have a scheduled appointment, EBCLC staff will contact you directly to arrange for a remote appointment. If you would
Miscellaneous Opportunities: Week of April 13, 2020

like to schedule, reschedule or cancel an appointment, please visit the USP website. Please contact usplegal@ebclc.org with any questions or concerns.

Current Clients of EBCLC
- For current clients of EBCLC, please reach out to your caseworker directly regarding any questions or concerns.

UCRC Online Community Gathering
Join USP staff to go over USP virtual services and answer your questions. We are here for you!

Weekly on Wednesday, 12pm-1pm.
Starting March 25, 2020

SLC Writing Program Full Services Return Today!, 3/30/20

We are pleased to announce that all of our service formats are available virtually starting Monday, 3/30! Virtual Writing Tutoring Appointments and Drop-in service are here to support you at every stage of the writing process. Join us in the Virtual VèVè Writing Lounge to partner one-to-one with a friendly tutor for the same great conversations and focused feedback as our in-person tutoring.

In addition, our Research and Undergraduate Thesis workshops begin this week!

UC Berkeley Psychology Department: Faculty Fireside Chats, 4/1/20
Explore the Researcher in You! RSVP Today!, 4/1/20

We are excited to announce the launch of our research virtual workshop series, Explore the Researcher in You! In the coming weeks, we’ll demystify the research process and look at different ways to maintain momentum and stay inspired. Each interactive workshop is designed to support you as you delve into your intellectual curiosities.
Miscellaneous Opportunities: Week of April 13, 2020

Our first installment, “Kick Start Your Research: Making Plans to Stay Ahead,” will be **Wednesday, April 1 at 5:00pm**. For additional information and to RSVP to one or all of the workshops, visit our [website](#).

---

**SLC Writing Program - Thesis Project Support! RSVP today!, 4/3/20**

Our second virtual workshop series of the semester, “Finish Your Thesis in Five Weeks,” is here to support you with your honors thesis or capstone project. In these hands-on workshops, you will join peers to navigate each stage of the writing process as a community of writers. Together, we will unpack strategies that will support you to not only finish strong, but also finish early!
The first workshop, “In It to Win It: Generating Your Action Plan to Finish Early,” is **Friday at 1:00pm**. Visit our [website](#) to RSVP for one or more workshops.
UCB Digital Humanities Fair, 4/13/2020

We are excited to share with you a rich line-up of lectures, workshops, and the DH Fair Poster Session during the week of April 13-16. The DH Fair Poster Session will take place on Tuesday, April 14th from 1:00-3:30pm and requires advance registration. If you have a project to share, whether fully polished or a work in progress, consider proposing it for the poster session! The DH Fair is open to all. Some events will be publicly streamed, and others require advanced registration. Visit our website for details on each workshop and lecture!

Life Story Workshop with Sheila Rubin - Free Intro, 4/14/20

Change Your Story. Change Your Life.

Upcoming Life Story Events!

FREE
1-Hour Online Life Story Workshop
An Introduction to the Life Story Transformation Process

Tuesday, April 14
6:30 - 7:30pm Pacific Time
Online via Zoom
In this time of turmoil and the abyss of the unknown, inspiration flows when we are able to connect to our radiant self-expression.

Join us for a fun hour of exploration as we play with different tools on how to speak from your heart and share your life in a way that feels authentic and riveting! This FREE one-hour online Zoom class is a unique blend of guided improvisation, storytelling and active reflection.

Due to the nature of this work, space is limited so save your spot and register today at www.SheilaRubin.com/intro.

Anne H. Scott Memorial Undergraduate Scholarship in Chinese Studies, 4/15/20

The Anne H. Scott Memorial Undergraduate Scholarship in Chinese Studies is funded through the Anne H. Scott Endowment in Chinese Studies at IEAS, a gift of Hugh A. Scott in memory of his late wife, Anne H. Scott (née Anne Hanrahan), and her dedication to Chinese historical studies. The Scholarship supports an undergraduate student emphasizing Chinese studies at UC Berkeley. It is intended to assist students who have studied the Chinese language and who wish to use their language training to study Chinese history or culture, or to translate historical texts.

This year one award of $2,500 is available. Deadline: Wednesday, April 15, 2020, 5:00 p.m. Follow this link for the full announcement and application procedures. Questions? Contact Dylan Davis, Associate Director, Institute of East Asian Studies (IEAS) davisds@berkeley.edu.
Resume Books for Internship & Job Seekers, 4/19/20

Searching for a job or internship this summer? With in-person career fairs and info sessions off-limits for the foreseeable future, the Career Center is putting together a series of resume books to help you connect with companies that are actively hiring!

How to Submit Your Resume:
1. Update your general resume. Consider adding a customized objective statement for each book you apply to, remove non-essential personal info like your physical address, and keep it to one page if possible
2. Select one of the links below, depending on whether you are returning in the fall (Internship) or graduating soon (Career)
3. “Apply” to the resume book(s) that match your career interests

To gain the most exposure, submit before the first review deadline:
Sunday, April 19

Submit to Internship Books
Submit to Career Books

Frequently Asked Questions:

- What if I miss the April 19 deadline? Students can continue to join or remove themselves from the resume books until the postings close on May 31, but some employers will not see your resume!
Can I join multiple books? Yes, but only join relevant books and those that match your graduation timeline (Intern OR Career).

What if I don't match the posting "preferences" in Handshake? These are just suggestions—all submissions will be included in the book regardless of major.

Which employers will have access to the books? Partners of the Career Center will have free access to the books, and other approved employers may purchase the books for a nominal fee.

Will employers have access to view my Handshake profile as well? Submitting your resume to these resume books will not change Handshake access for any employer. If you’d like employers to view your profile, you can update your profile privacy settings.

Who do I contact with other questions? Please email recruit@berkeley.edu with questions.

Casa Joaquin Now Accepting Applications, 4/20/20

Casa Joaquin Murrieta (Casa) is a multi-ethnic residential community that supports leadership development and academic success while providing a nurturing living environment for first-generation, low-income, UC Berkeley students. Please read details about the program below. The application for the 2020 - 2021 Academic year is now open!

https://greenlining.org/leadership-academy/programs/casa-residency/

A COMPLETE APPLICATION REQUIRES:

- Submission of the application form
- Completion of the 4 short answer questions
- A copy of your Financial Aid Offer Letter
- A copy of your or your parents previous year's taxes
- A copy of the Official UC Berkeley Offer Letter or other proof of enrollment
- Professional resume and list of references

APPLICATION SUBMISSION DEADLINE:

- Current Students (all students enrolled at Cal): April 20, 2020, 5:00 p.m. PST
- Incoming Students (freshmen and transfers): May 11, 2020, 5:00 p.m. PST

Ready to apply? Submit your application here:
http://greenlining.formstack.com/forms/2020casajoquinapplication

If you have any questions or would like to schedule a tour, feel free to email chagans@greenlining.org
Cal Week: PSYCHOLOGY Zoom Events!, 4/20/20-4/24/20

Log-in and join us for our Cal Week 2020 Online Events Series!

**Major Info Session**

**Date:** Tuesday, April 21  
**Time:** 1:00pm-2:00pm  
**Zoom:** https://berkeley.zoom.us/j/7626950505

This information session will be led by Psychology major advisors Christine Mullarkey and Jennifer Ochoa. They will talk about the Psych prerequisite and upper division coursework and how to make the most during your time at Cal!

**Faculty Fireside Chat**

**Date:** Wednesday, April 22  
**Time:** 5:00pm-6:00pm  
**Zoom:** https://berkeley.zoom.us/j/8999022003

This is an open floor Q&A for students interested in the field of Psychology. Social Psychology Faculty, Professor Serena Chen, will be available to talk about her experience in research, and also answer any questions from the audience!

**Student Panel**

**Date:** Friday, April 24  
**Time:** 12:00pm-1:00pm  
**Zoom:** https://berkeley.zoom.us/j/7626950505

This Psychology student panel is an opportunity to hear the experiences of current psych majors. Some students are currently involved in research, honors thesis and even Psych peer advising. Feel free to ask them any questions!
Public Service Center Workshop Series, 4/13/20-4/22/20

The Public Service Center is hosting a series of online community conversations this spring. Please visit this link (Community Conversations) to view what's coming up and RSVP.

**Zachary Norris - "We Keep Us Safe"
April 13th, 10:00AM**

Community leader, lawyer, and Executive Director of the Ella Baker Center For Human Rights, Zach Norris lays out a radical way to shift the conversation about public safety away from fear and punishment and towards support systems for our families and communities. In order to truly be safe, we have to dismantle our mentality of Us vs. Them. By bridging divides and building relationships with one another, we can dedicate ourselves to strategic, smart investments, like healthcare, housing, education, and living-wage jobs. We Keep Us Safe is a blueprint of how to hold people accountable while still holding them in community. Co-sponsored by the Othering and Belonging Institute and the UC Berkeley Black Faculty and Staff Organization.

**Saru Jarayuman - Voting Rights & Voter Education
April 17, 10:00AM**

This event will share current challenges to voting. Along with educating about voter participation, this event will encourage students to engage in Prof. Jarayuman's online summer course offered through African American Studies and to engage in a voter outreach program (currently called "Freedom Summer 2020"). Students in the summer course would be doing online/phone nonpartisan voter education in the battleground states of Michigan and Pennsylvania. Co-sponsored by African American Studies and American Cultures.

**Prof. Emeritus Michael Nagler "The Third Harmony" Book/Film Talk
April 22, 9:30AM**
Cal Professor Emeritus Michael Nagler, founder of Peace and Conflict Studies and the Metta Center for Nonviolence, will talk about his new book and companion film which argue that nonviolence is the only way forward as a human community. This event will be promoted to nonviolence advocates and educators around the country to encourage their participation, and it is co-sponsored with UC Berkeley Department of Global Studies and the Martin Luther King Jr., Research and Education Institute at Stanford.

**Online Life Story Workshop with Sheila Rubin - 6-Week Online Group, 4/21/20-5/26/20**

**LIFE STORY TRANSFORMATION**  
A 6-week online group journey to evoke your deeper Life Story for healing, creativity, confidence and self-expression.

6 Tuesdays: April 21-May 26  
6:30-8:30pm Pacific Time  
Online via Zoom  
Click here to register!

Join us as we explore myth, metaphor, family, lineage, and dreams as we weave together the threads of our lives with universal themes. The method I developed and have used for years is designed to unfold your creative process through a unique blend of journaling, storytelling, scribble art, guided visualization, improvisation and dreamwork.

- We’ll banish the inner critic that blocks creativity and movement.  
- You’ll learn to share your life in a way that is authentic and riveting.  
- Your deeper Life Story will emerge through this process and feed you at a soul level.

*Ready to experience a state of euphoric self-expression?*  
It all starts Tuesday, April 21st at 6:30-8:30PM Pacific, online via Zoom for 6 weeks.

Investment is $550 for the 6-week journey. Register by April 14th and save $50. *$50 off for students and seniors over 65.  
CE credits available for California MFTs.
Miscellaneous Opportunities: Week of April 13, 2020

Register now at www.SheilaRubin.com/life

A 6-Week Online Group Journey to evoke your deeper Life Story for healing, creativity, confidence and self expression.

In this time of turmoil and the abyss of the unknown, inspiration flows when we are able to connect to our radiant self-expression.

Join us as we explore myth, metaphor, family, lineage, and dreams as we weave together the threads of our lives with universal themes. The method I developed and have used for years is designed to unfold your creative process through a unique blend of journaling, storytelling, scribble art, guided visualization, improvisation and dreamwork.

- We'll banish the inner critic that blocks creativity and movement
- You'll learn to share your life in a way that is authentic and riveting
- Your deeper Life Story will emerge through this process and feed you at a soul level.

Ready to experience a state of euphoric self expression?

It all starts Tuesday, April 21st at 6:30-8:30PM pacific online via zoom for 6 weeks.

Investment is $550 for the 6 week journey, register by April 14th and save $50.
*50 off for students and seniors over 65. CEUs available for California MFTs.

Sign up at www.SheilaRubin.com/Life

A leading authority on Healing Shame. She co-created the Healing Shame - Lyon/Rubin method and has delivered talks, presentations and workshops across the country and around the world, at conferences from Canada to Romania, for over 30 years.

Sheila is a Board Certified Trainer, licensed Marriage and Family Therapist, and Registered Drama Therapist. She has developed therapy techniques that integrate AEDP, EFT, drama therapy and somatic therapy to work with the all-pervasive shame and trauma that underlie eating disorders, addictions and toxic family dynamics. Sheila has served as adjunct faculty at JFK University and the California Institute of Integral Studies. Her expertise, teaching, and writing contributions have been featured in numerous publications, including six books.
Test Trackers for GRE Prep, 4/30/20

Test Trackers is offering discounts for GRE, GMAT for students right now. If you know of any students prepping for grad school tests, they're doing online sessions now as well!

Code: STUDYINPLACE2020 code to offer these friends $150 off any courses purchased during the month of April.

UCB Summer Optometry Camp, 5/15/20

Applications are now open for Opto-Camp: UC Berkeley’s Optometry Summer Camp, taking place July 13-17, 2020. Please forward this opportunity to any students who may be interested!

This in-residence, 5-day program will give students interested in pursuing graduate studies and a career in optometry:
- an in-depth look at the profession,
- key information about applying to OD programs, and
- an immersive experience on the Berkeley campus.

Opto-Camp is open to all, with priority given to students currently enrolled in undergraduate studies.

The application deadline is May 15, 2020.

For any questions, contact optometry-studentaffairs@berkeley.edu or call (510) 642-9537.

**COVID-19 MESSAGE:** We are still planning on holding Opto-Camp from July 13-17 this summer and encourage students to apply. However, we are closely watching the COVID-19 situation and will update applicants if program plans change. Thank you and stay safe!
UCI Master of Advanced Study (MAS) degree in Criminology, Law and Society, 6/1/20

Application Deadline for Fall 2020 is June 1, 2020

The GRE is not required. Application fee fellowship offered to new students who enroll this Fall.

The School of Social Ecology at the University of California, Irvine offers an online Master of Advanced Study (MAS) degree in Criminology, Law and Society. Courses are taught by expert faculty members with a curriculum designed to help working professionals advance in their careers and help graduates further their education. The program has raised the standard for online learning with innovative learning platforms that make it easy to interact with instructors. It is currently ranked No.1 by U.S. News & World Report.

The curriculum emphasizes theoretical and practical applications, central to crime and its control, social policy and the law. You will be taking courses in Public Policy, Crime and Criminal Justice; Cybercrime, Cybersecurity and Society; Miscarriage of Justice; Immigration in the U.S. and others.

Click here for Program Overview. 
Click here to Learn More.

Upcoming events:
Live Virtual Information Session
Saturday, April 11, 2020
11:00am
Register

Live Virtual Information Session
Friday, April 24, 2020
Noon
Register
Summer 2020 - Camp Baker, 7/8/20-8/14/20

Camp Baker is a 6-week day camp for children ages 6-12 with ADHD.

Campers participate in fun, real camp activities while receiving treatment that has been proven to work.

Summer 2020 dates:
Wednesday, July 8 - Friday, August 14

Bus transportation from Boston and Westwood is provided.

To apply, please visit our registration page:
Camp Doc

The United States Public Interest Research Group Fellowship

Our mission is to advocate for the public interest—to speak out for a healthier, safer world in which we're freer to pursue our own individual well-being and the common good.

Whether it’s working to stop the overuse of antibiotics in agriculture, addressing our country’s plastic waste crisis, or alerting people to threats in the marketplace, the problems we work on
aren’t progressive or conservative. They’re just problems that our country shouldn’t tolerate any longer.

If you are ready to roll up your sleeves and win more results for the public, we’d love to hear from you.

You won’t just sit behind a desk. You’ll be out in the real world, working to protect consumers and enable citizens to lead healthier, safer, more secure lives. You’ll be recruiting new groups to join a coalition, speaking in a church basement or town hall to win a new endorsement, organizing a news event or rally, meeting with an editorial board, or doing whatever else it takes to get results. You’ll run a grassroots campaign office each summer during your fellowship where you’ll hire and manage a staff of 20 canvassers to raise money, build our organization and membership, and help win one of our key campaigns. This is a one-year program, expressly designed to prepare future leaders with U.S. PIRG. We look for smarts, leadership experience, top-notch written and verbal skills, and an eagerness to learn. We value organizing experience, including building campus groups.

The target annual compensation for this position is $28,000 in the first year. U.S. PIRG offers a competitive benefits package. We also offer an excellent training program and opportunities for advancement.

We’re currently hiring for positions in multiple locations across the country, including Boston, Chicago, Washington DC, Los Angeles, Philadelphia and Portland, ME. If you’re flexible, you can apply for multiple locations. We accept applications on a rolling basis.

Positions start in August 2020. Immediate positions also available.
https://jobs.uspirg.org/fellowship.html

Summer Discounts & Opportunities for students

We are aware that world events may cause some students to choose not to return to their home this coming summer. As you advise students we wanted to pass along some information that may be of help to these students. To assist students who may not have summer housing in place, Cal Housing is offering a $200 discount to the first 200 students to register for housing for the 12-week summer session (Session AD). Please visit the Cal Housing website for details. For those students that choose to remain in Berkeley for the summer, Berkeley Summer Sessions offers options that can help keep their academics on track or gain a new credential.
There are a number of minors/certificates that can be completed in 12-weeks, such as the minors in Global Public Health, Digital Journalism, Race and the Law, Digital Humanities or a certificate in film production. For more information on minors/certificates go to summerminors.berkeley.edu

Beyond these options, Summer Sessions offers:

- More than 600 different courses in 99 different academic disciplines
- Over two dozen fully online courses: summer.berkeley.edu/online
- Internship programs in Boston, Los Angeles, and the Bay Area
- Scholarships and financial aid available to eligible students

Summer Sessions offers Berkeley classes compressed into 3, 6, 8, or twelve-week sessions, giving students the flexibility to make the most of their summer. Enrollment is now open. Learn more at summer.berkeley.edu

**SLC Writing Program Virtual Tutoring Appointments**

The SLC Writing Program is excited to announce our Virtual Writing Tutoring Appointment service is now available via Zoom! This new virtual format offers students the same opportunity to engage one-to-one with a peer tutor for feedback at any stage of the writing process, from brainstorming to revision. During these interactive appointments, students reflect on their own writing process and engage fundamental strategies for developing as young scholars.
University of Colorado Survey Responses Requested

I am a student at the University of Colorado Denver and I am conducting research in air pollution. Many studies have addressed its detrimental effects on cancer, low birth weights, and other physical health concerns, but there is little literature focused on mental health concerns. I suspect there is a relationship between high levels of air pollution and anxiety rates. I have data on the air pollution (compiled EPA data bases). I need data on anxiety rates.

If I can get perhaps 30 responses, this will give me a good representation of anxiety rates among students in the Berkeley area. It would also contribute greatly to reducing global pollution as we plan on developing this research into a plan of action. If you are not able to help us out, I completely understand.

Here is a link to the survey: https://www.surveymonkey.com/r/G2SJQVJ

If you have any questions, please feel free to contact me or my research adviser Larry Erbert at Larry.Erbert@ucdenver.edu

Thank you for your time, I will appreciate any help at all!

Oscar Maldonado
University of Colorado Denver
Honors & Leadership Scholar
oscar.maldonado@ucdenver.edu

Processing Transfer Credit at this Time

At this time, students should be advised to request that transcripts be sent electronically (if the transfer institution needs an email address, they should use busops@berkeley.edu). We are continuing to post transfer credit via this method.

A reminder that we cannot receive transcripts from students via email, they must come directly from the transfer institution. Alternatively, if an advisor receives an official transcript, they could send a pdf to busops@berkeley.edu.

If an electronic option is not available, we suggest that students postpone the request to send until after Shelter in Place (right now, April 7th). At this time, there is no one available to scan hard copy transcripts in Sproul due to Shelter in Place. And it might not be advisable for
documents to linger with mail services. My hope is that as we know more about the extent of our

time away from campus, and how in person services will be handled, we'll have better guidance

on when to send so that action can be taken closer to receipt of the documents.

L&S Virtual Front Desk

Virtual Front Desk is a resource for students, staffed by the L&S Peer Advisers.

Students will now be able to access the L&S Advising Office's front desk services virtually by

logging on to Virtual Front Desk Google Hangouts. The peers will be able to assist students with

quick questions, help identify petitions and forms (and how to submit), support navigating which

campus office to contact with questions, and explain how to make an L&S college advising

appointment if students have difficulty.

Examples of topics you can get help with through L&S Advising's Virtual Front Desk:

- Clarification on L&S College policies and procedures
- Help choosing petitions and forms (and guidance in submission)
- Support navigating which campus office to contact with questions
- Guidance in whether to make an L&S College Advising appointment or to use a different

resource

Please note that this service is an open format, which allows students to join in and leave at their

convenience. Students, therefore, will be able to hear questions posed by other students.

On the Virtual Front Desk webpage, you will find a calendar that indicates the hours. The
calendar will be updated daily, depending on changes in peer availability.
This Virtual Front Desk service is in addition to the Google Hangout services that the peers are already providing in the evenings. For more information about those services, please review Virtual Office Hours w/ Peer Advisers.

UC Berkeley Labor Center COVID-19 Resources

The Labor Center has compiled resource lists for understanding new COVID-19 federal legislation and federal and state policy and assistance available to those affected by the pandemic. In the coming weeks and months, we will continue to review and update these pages with information on new COVID-19 legislation, regulations, analysis, and tools.
Student to Student Peer Counseling is a group of student counselors providing free, one-on-one, confidential, walk-in services to UC Berkeley students. As peer counselors, we provide a supportive atmosphere where students can openly talk about their feelings. All of us are extensively trained to cover a broad spectrum of topics, ranging anywhere from stress to suicidal thoughts, and are here to offer nonjudgmental, empathetic ears for whatever you’re going through. We know that COVID-19 related events are stressful and anxiety-inducing, and want to be there for the UC Berkeley community should anyone need a space to talk openly about how they’re doing and to develop their own solutions to problems and uncertainties. Please note that all our services are completely free and confidential.

Recently we have shifted to taking appointments via Zoom. You can make an appointment at https://sspc.berkeley.edu/appointments/, and we’ll send you an email with the meeting link once you’re scheduled. For more information, visit our website at sspc.berkeley.edu or send us an email at sspcemail@gmail.com. Hope everyone’s taking reasonable precautions and staying safe during these challenging times.
UHS - Teladoc and UC Berkeley CAPS

Did you know?

If you have SHIP, you may still have access to medical services via Teladoc?

Teladoc is a virtual platform where you can talk to a doctor, therapist, or medical expert anywhere you are by phone or video.

Students living in Berkeley or residing within the United States with SHIP (student health insurance) are eligible.

With Teladoc you can:

- Access mental health clinicians for counseling and psychiatry
- Access services 24 hours a day, including weekends and campus holidays
- See board-certified medical professionals for things like the flu, common colds, and more through your phone, tablet or computer with internet access
- (There is $15 copay per visit for SHIP members to use Teladoc)

For more info, visit: uhs.berkeley.edu/teladoc-online-telemedicine

UC Berkeley CAPS @ Tang is still open!

Tang remains open for urgent drop-in at the Tang Center: M-F, 10am-5pm

CAPS (Counseling and Psychological Services) is figuring out virtual options for counseling outside of the office, for that reason, they are limiting services to phone consultations and offering support for alternative ways to connect for counseling. Students can call CAPS and speak with a counselor over the phone for a consultation during business hours: (510) 642-9494.
COVID-19 Arts Response Resources Now Available

New Resources for COVID-19 Arts Response

Call for Collaboration & Evidence-based Framework for Using the Arts in Public Health

The Center for Arts in Medicine is pleased to announce the release of two new COVID-19 Arts Response resources. The Call for Collaboration and Evidence-based Framework for Using the Arts in Public Health are designed to enable high-impact responses to COVID-19 through the arts.

Visit the COVID-19 Arts Response webpage for an overview of the initiative and to access the Call for Collaboration and the Evidence-based Framework. We are calling on you to help us share these resources in your community and beyond to help reduce the spread of COVID-19 and improve quality of life in the near and long term. As a leader in your community, we urge you to review these resources, share them with your colleagues, and share them to your social media accounts. We are using these hashtags and invite you to use them, too.

#COVID19 #ArtsResponse #ArtsResponseC19 #ArtsResponseCOVID19 #CreativeResponse #ArtsInPublicHealth #ArtsInHealth #ArtsInMedicine #PublicHealth #CommunityDevelopment #HealthCommunication

Visit COVID-19 Arts Response website for more information.

Meet Virtually with an EOP Academic Counselor or PAC

Counselors are now available for future appointments. For more information email advising@berkeley.edu. For current updates visit our website eop.berkeley.edu. We look forward to meeting you virtually!

Interested in a same day appointment with our counselors? Visit Same Day Appointments.

In adherence with campus communications, EOP will postpone in-person appointments and offer virtual services for the remainder of the Spring 2020 semester.

Schedule a virtual appointment with the link: Virtual Appointments
If you'd like to speak to one of our amazing PAC's please email eop.usp.pacs@berkeley.edu

**Psychology Decal Looking for a Co-facilitator!**

Looking for an additional co-facilitator for the 1:59 Autism Spectrum Disorders DeCal which will meet 1x/week for 1.5 hrs during fall. This is a seminar type course with a majority of the lectures by guest speakers or panels. This is an established course so there is not excessive workload for any new facilitators outside of the decal class time (maybe 1/2 hr/week prep time). Looking for lively facilitators who want to engage with the class and speakers. We will again have a very interesting speaker line up next semester. The course is very popular and fills up fast each semester. If interested please email spectrumdecal@gmail.com First timers are expected to attend a 2-hr facilitator training workshop and fill out some paperwork.