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American Studies Minor

The minor in American Studies is designed to help students write and communicate more clearly, especially those students in large social science and science programs. It will also encourage students to take advantage of one of largest and most diverse course curricula available anywhere in the world as well as learn to think deeply about issues and commitments arising from their work in their major programs in light of the specific American contexts of culture, politics, policy, forms of media, and so on. A minor in American Studies will culminate with a "capstone" project to be completed in a seminar course taught by AS affiliated faculty, where students will research and write (and in some cases, web publish or present in public venues) in-depth "features" aimed at communicating ideas and scholarship to a wide audience.

For more information, please visit our website and contact me if you have questions.

Partner with UCFTR to Create a Fall 2022 DeCal!

The SLC Undergraduate Course Facilitator Training & Resources (UCFTR) program is here to support you in proposing and teaching your own Democratic Education at Cal (DeCal) course for Fall 2022! By leading your own DeCal course, you will have the opportunity to share your passions with your peers and bolster your facilitation skills while making a vital contribution to Cal’s curriculum. Partner with UCFTR to get started on your DeCal proposal process, fulfill your mandatory training requirement, cultivate facilitation habits that enhance student learning, and write a smashing student-centered syllabus! Check out UCFTR’s services in the attached flier and sign up for our email listserve to receive updates throughout the semester. Email us at slc-ucftr@berkeley.edu or schedule a 30-minute consultation with the UCFTR coordinator to ask any questions.
Clinical & Counseling Psychology Summer Minor

Passionate about mental health? Curious about careers in psychology? The Psychology Department is excited to introduce a new minor: The Clinical & Counseling Psychology summer minor. This program allows students to explore the diverse career paths of clinical and counseling psychology. If you’re interested, come to our info sessions on Wednesday, March 2nd @ 12pm or on Friday, April 8th @ 1pm or contact psychminor@berkeley.edu to learn more!

New Health and Wellness Minor

The minor is interdisciplinary so it is a great option for students from a wide variety of majors. We have elective courses in Anthropology, Biology, Nutritional Science, Public Health, Psychology, and more. Please help get the word out to any students that may be interested!
Course Opportunities: Week of September 26th, 2022

Health and Wellness Minor

Health and Wellness Minor
Improve Health, Improve Life, Be Well

The minor centers on a three-course core, covering the cultural, psychological, and physiological aspects of health and wellness, respectively, and two upper-division electives, selected from a list of chosen courses from various disciplines across campus for students to tailor a focused course of study in human well-being.

Learning Outcomes:
Gain knowledge in the dimensions of wellness.
Analyze through a cultural lens.
Develop and apply research skills.
Evaluate cultural systems.
Make behavior changes.
Explore career options.

Courses In:
Anthropology
Biology
Nutritional Science
Public Health
Psychology
And More!

Health and Wellness Minor Contact
Katharine Helds
khelds@berkeley.edu
Global Poverty & Practice Minor Info Sessions

The [Global Poverty and Practice Minor](http://blumcenter.berkeley.edu/gppminor) introduces students to the frameworks, methods, and practical skills necessary to engage with global poverty and inequality in effective ways.

The minor requires five courses and a "Practice Experience." This experience is a central component of the minor in which students partner with domestic or international non-governmental/community organizations, government agencies, or other poverty or development programs, on various dimensions of poverty action – from environmental justice and community health to economic development and grass-roots political power. The minor's coursework paired with this real world experience allows students to connect theories and practices of poverty action. Funding is available to support students’ practice experiences. The deadline to declare the minor this semester is **Wednesday, October 5th**. There are no prerequisites required to declare. The Declaration Form and additional information about the minor can be found at: [http://blumcenter.berkeley.edu/gppminor](http://blumcenter.berkeley.edu/gppminor).

Information Sessions about the minor will be held at the following times:
- Wednesday, September 21st, 6pm - 7pm ([Remote](http://blumcenter.berkeley.edu/gppminor))
- Wednesday, September 28th, 5pm - 6pm (Blum Hall B100 A/B)

[RSVP for a session Here](http://blumcenter.berkeley.edu/gppminor)

Schedule an appointment with a GPP Advisor:

Drop-in Advising: Tuesdays and Wednesdays 1pm - 4pm in 100H Blum Hall.

Contact [gppminor@berkeley.edu](mailto:gppminor@berkeley.edu) with any questions.