

Course Opportunities: Week of September 12th, 2022

[Table of Contents](#)

American Studies Minor	2
Partner with UCFTR to Create a Fall 2022 DeCal!	2
Clinical & Counseling Psychology Summer Minor	3
New Health and Wellness Minor	3
F22 Stat 20 Updated Schedule and Course Info	5
New 1 Unit Coaching Course for Fall	5
Announcing the Math Department's Precalculus Essentials Program!	6
Fall 2022 Course - Health, Medicine, Society and Environment: Inequality and the Body	6
Global Poverty & Practice Minor Info Sessions	7

American Studies Minor

The minor in American Studies is designed to help students write and communicate more clearly, especially those students in large social science and science programs. It will also encourage students to take advantage of one of largest and most diverse course curricula available anywhere in the world as well as learn to think deeply about issues and commitments arising from their work in their major programs in light of the specific American contexts of culture, politics, policy, forms of media, and so on. A minor in American Studies will culminate with a "capstone" project to be completed in a seminar course taught by AS affiliated faculty, where students will research and write (and in some cases, web publish or present in public venues) in-depth "features" aimed at communicating ideas and scholarship to a wide audience.

For more information, please visit [our website](#) and contact me if you have questions.

Partner with UCFTR to Create a Fall 2022 DeCal!

The SLC [Undergraduate Course Facilitator Training & Resources \(UCFTR\)](#) program is here to support you in proposing and teaching your own [Democratic Education at Cal](#) (DeCal) course for Fall 2022! By leading your own DeCal course, you will have the opportunity to share your passions with your peers and bolster your facilitation skills while making a vital contribution to Cal's curriculum. Partner with UCFTR to [get started](#) on your DeCal proposal process, fulfill your mandatory [training requirement](#), cultivate facilitation habits that enhance student learning, and write a smashing student-centered syllabus! Check out UCFTR's services in the attached flier and [sign up for our email listserve](#) to receive updates throughout the semester. Email us at slc-ucftr@berkeley.edu or [schedule a 30-minute consultation](#) with the UCFTR coordinator to ask any questions.

STUDENT LEARNING CENTER
Undergraduate Course Facilitator Training & Resources

SPRING 2022

CREATE A DECAL!

Partner with the Undergraduate Course Facilitator Training & Resources (UCFTR) program to make your DeCal course a reality!

INFORMATION WORKSHOPS
Learn more about the DeCal program and get started with the DeCal proposal process.

FACILITATOR TRAINING
Complete mandatory training, strengthen facilitation skills & connect with fellow facilitators.

CONSULTATIONS
Ask questions, request feedback & receive 1:1 support to build & sustain a successful DeCal.



The SLC welcomes persons with disabilities and provides reasonable accommodations upon request.

 slc-ucftr@berkeley.edu  slc.berkeley.edu/ucftr  Chavez Student Center 


Clinical & Counseling Psychology Summer Minor

Passionate about mental health? Curious about careers in psychology? The Psychology Department is excited to introduce a new minor: The Clinical & Counseling Psychology summer minor. This program allows students to explore the diverse career paths of clinical and counseling psychology. If you're interested, come to our info sessions on Wednesday, March 2nd @ 12pm or on Friday, April 8th @ 1pm or contact psychminor@berkeley.edu to learn more!

New Health and Wellness Minor

The minor is interdisciplinary so it is a great option for students from a wide variety of majors. We have elective courses in Anthropology, Biology, Nutritional Science, Public Health, Psychology, and more. Please help get the word out to any students that may be interested!

[Health and Wellness Minor](#)



pe.berkeley.edu
peucb@berkeley.edu

Health and Wellness Minor

Improve Health, Improve Life, Be Well

The minor centers on a three-course core, covering the cultural, psychological, and physiological aspects of health and wellness, respectively, and two upper-division electives, selected from a list of chosen courses from various disciplines across campus for students to tailor a focused course of study in human well-being.


Learning Outcomes:

- Gain knowledge in the dimensions of wellness.
- Analyze through a cultural lens.
- Develop and apply research skills.
- Evaluate cultural systems.
- Make behavior changes.
- Explore career options.

Courses In:

- Anthropology
- Biology
- Nutritional Science
- Public Health
- Psychology
- And More!

Health and Wellness Minor Contact
Katharine Heida
kheida@berkeley.edu



F22 Stat 20 Updated Schedule and Course Info

We have opened 3 additional Stat 20 lectures so there are now a total of 9 available open for enrollment. We reserved some seats for new transfers and will likely update the numbers once we have a better sense of how many plan to attend Berkeley. Our faculty have provided additional information about the updated learning experience students can expect from the course. Please see the attached [flyer](#) and the course website <https://www.stat20.org>.

Enrollment Team
Department of Statistics
University of California
Berkeley, CA 94720-3860

New 1 Unit Coaching Course for Fall

[Coaching for Self-Actualization](#)

Aug 24 2022 - Dec 09 2022

Th - 10:00 am - 11:59 am

Genetics & Plant Bio 104

Coaching for Self-Actualization provides an individualized process where students are coached to build self-efficacy and personal agency. This course is grounded in a positive psychology approach, which is predicated on the belief that a person has the solutions to their most pressing challenges within themselves.

Enrolled students will be paired with a Coach Guide for six one-on-one coaching sessions and also participate in small-group discussions facilitated by a Coaching Supervisor. Coach Guides are former/retired UCB faculty, staff and alums or community members who have been carefully selected and trained to provide the positive psychology coaching process. Most have a significant professional or personal background in mentoring or advising. Coach Guides and students will develop an individualized coaching plan together, informed by a strengths identification tool that allows students to identify their areas of strengths and challenges.

Class Notes section closed

1 unit = Each week, students will have 2 hours of small group discussion or 2 hours of coaching. No exams. Out of class work will be personal practices developed as part of the individualized coaching plan.

This course is open to any Jr. or Sr. from any department or major.

There are no prerequisites, no extra fees, and no homework assignments, quizzes, or exams.

Announcing the Math Department's Precalculus Essentials Program!

To help prepare you for your future math classes and set you up for success, we would like to introduce you to a useful resource being offered by the Berkeley Math Department called, Pre-calculus Essentials.

Pre-calculus Essentials was created by Berkeley Math faculty and is tailored to meet the exact needs of Berkeley undergraduate students. Explaining topics from a university-level perspective, the course focuses on essential topics that students will need to master in order to excel in introductory mathematics such as Math 1A, 10A, 16A, or 32. It is being led by Professor Alex Paulin with support from the Student Learning Center.

The Pre-calculus Essentials program is a three-week online course offered during Summer Session E (July 26 to August 13). Students can take this course for free or for course credit (paid option, Math 98). Participants will have the chance to complete a diagnostic test and access individual and group study resources, as well as online tutoring. You can find more information on the course and how to register by visiting their website and signing up for the email list. We hope you will take advantage of this fantastic free resource!

Fall 2022 Course - Health, Medicine, Society and Environment: Inequality and the Body

Health, Medicine, Society and Environment: Inequality and the Body
Fall 2022

ESPM 162A Tues, 3 – 6 pm

Seth Holmes

Class Number: #27346 Academic Guide: [ESPM 162A](#)

This writing-intensive lecture course addresses the intersection of inequality and the body at a critical time in the USA and the world. Students consider these inequalities through insightful contemporary, theoretically-informed, and classic readings. Writing assignments explore topics such as social ecology, structural violence, healing and caring, as well as resistance to inequalities in the social and natural environment and in health.

Employing ethnographic methods in conducting field research, students are also encouraged to explore their primary data through multiple angles and several genres of writing. These assignments will all build toward each student's own final ethnographic project related to the body in unequal social and environmental contexts.

Global Poverty & Practice Minor Info Sessions

The [Global Poverty and Practice Minor](#) introduces students to the frameworks, methods, and practical skills necessary to engage with global poverty and inequality in effective ways.

The minor requires five courses and a "Practice Experience." This experience is a central component of the minor in which students partner with domestic or international non-governmental/community organizations, government agencies, or other poverty or development programs, on various dimensions of poverty action – from environmental justice and community health to economic development and grass-roots political power. The minor's coursework paired with this real world experience allows students to connect theories and practices of poverty action. Funding is available to support students' practice experiences. The deadline to declare the minor this semester is **Wednesday, October 5th**. There are no prerequisites required to declare. The Declaration Form and additional information about the minor can be found at: <http://blumcenter.berkeley.edu/gppminor>.

Information Sessions about the minor will be held at the following times:

Tuesday, August 30th, 4pm - 5pm (Blum Hall B100)

Thursday, September 8th, 1pm - 2pm (Blum Hall B100)

Monday, September 12th, 5pm - 6pm (Blum Hall B100)

Wednesday, September 21st, 6pm - 7pm ([Remote](#))

Wednesday, September 28th, 5pm - 6pm (Blum Hall B100 A/B)

[RSVP for a session Here](#)

Schedule an appointment with a GPP Advisor:

<https://calendly.com/gppminor/gpp-minor-advising>.

Drop-in Advising: Tuesdays and Wednesdays 1pm - 4pm in 100H Blum Hall.

Contact gppminor@berkeley.edu with any questions.