

Internship and Volunteering Opportunities: Week of May 22, 2023

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Summer Internships Available at Sacred Sites International

[Sacred Sites International](#), located in Berkeley, is a secular non-profit preservation advocacy organization, founded in 1990, that works to educate the public about the importance of protecting sacred places. The all-volunteer organization is seeking interns for this summer.

Our work involves the preservation of both natural and built sacred places and their associated traditional cultures. We support indigenous groups and preservation coalitions around the world working to protect endangered sacred places.

You can visit our [Facebook](#) page for a representation of the types of diverse sacred sites we cover.

Research & Writing Interns

We are looking for interns to help conduct research and write about sacred sites that will comprise our List of Endangered, Lost and Saved Sacred places. We have some sites in mind for the list and you may also discover some new sites during the research process. These sites will be featured in one of our upcoming newsletters. Sacred Sites the Newsletter of Sacred Sites International can be found in the Ethnic Studies Library at CAL, in the Andover Harvard Theological Library and in the library at St. Lawrence University.

We provide individual attention through meetings with our interns and help them shape their material. We are looking for people who are original thinkers and write well. We provide our interns with letters of recommendation for a job well done.

Application Process

Please send your resume, a letter of interest, and a complete original writing sample. This can be something you wrote for a class or something else that you may have written. Contact: Leonard and Nancy Becker at sacredsite1@gmail.com

SFVAMC Volunteer RA Position

San Francisco VA Hospital PTSD Research Program Volunteer Sleep and PTSD Research Assistant

The Stress and Health Research Program at the San Francisco VA Medical Center and the University of California San Francisco is seeking volunteer Research Assistants to assist with research studies focused on PTSD.

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The Research Assistant will be responsible for assisting with the day-to-day operations of research projects on PTSD and sleep. Commitment to assisting with evening research activities involving data collection is required. The research assistant will perform duties including: primarily telephone screenings with potential participants for eligibility purposes; cleaning and organizing self-report and physiological data; data entry; recruitment procedures such as preparing and sending recruitment messages; and assisting in tracking participants participating in studies. Additional activities, depending on time and duration of commitment, may involve administration of the study protocol including guiding and supporting participants through study visits, administration of cognitive testing; and other research-related tasks necessary for implementation of the studies, such as literature reviews, table/slide construction, collection of relevant documents; and general office management.

The ideal candidate will:

- Be in a BA/BS degree program in psychology, pre-med or related field
- Possess strong interpersonal and oral communication skills
- Possess similarity with diagnostic and therapeutic issues related to PTSD
- Possess prior research experience

Additionally:

- Preference will be given to student with a strong interest in pursuing undergraduate research
- Prior experience in clinical settings is desirable
- Commitment to working four weekend evening per month is required (Two Saturday evenings and other evenings would be a Friday or Sunday evening depending on staff/study participant needs)
- Ability to work flexibly in-person and remote with the needs of the lab
- Minimum time commitment is 8 hours per week
- 1-year commitment is required (this includes during summer and winter break)

If you are interested in applying for this position, please email a cover letter and resume to miles.kovnick@va.gov with the subject heading *PTSD Volunteer Research Assistant*.

Volunteer Research Assistants and Data Analysts Needed for Substance Use Disorders, Digital Mental Health, and Health Disparities Research

Research assistants are needed for several ongoing projects at the VA Palo Alto Healthcare System. Opportunities for remote work are available. The PI of the projects is Natalia Van Doren, a former Cal bear and current PhD candidate at the Penn State University. She is currently clinical psychology intern at the VA Palo Alto Healthcare system and will be transitioning to a NIDA T32 postdoctoral research fellowship at UCSF in Oct 2023. She is looking for several volunteer research assistants to help with ongoing projects, as described below:

Virtual Reality Mindfulness Training Study: This project will examine the feasibility and acceptability of a novel mindfulness training platform delivered via VR headsets for veterans undergoing residential substance use treatment. Research assistants will have the opportunity to test the VR headsets, guide veterans through the research protocol, gather feedback from veterans via focus groups, and engage in qualitative coding of the data. In addition, there are opportunities for quantitative data collection and analysis, literature review, and drafting the paper.

DBT Therapy for Substance Use Disorders: This project will examine the relative efficacy of DBT skills training compared to usual care in a residential substance use disorders clinic over four weeks. Research assistants will have opportunities to interact with veterans undergoing SUD treatment by administering measures weekly, as well as to assist with data collection and analysis by inputting data into Qualtrics and analyzing the data via SPSS or R.

Health Disparities in Substance Use Treatment for Justice-involved Veterans: In this project, we are examining how systemic barriers like homelessness impact alcohol use treatment outcomes in justice-involved veterans. Research assistants will have the opportunity to conduct literature reviews and perform data cleaning & analysis.

Mechanisms of Change in Residential Substance Use Treatment: This project uses data from veterans who have undergone residential substance use treatment to track change over time in several key processes. Data analysts are needed to assist with analyzing data across 5 timepoints using latent transition analysis. Preference for those with experience using MPlus, but training is available for those that do not.

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To apply, contact Natalia Van Doren at nzv7@psu.edu, with the following information:

- Current year at Cal
- Prior research experience (not required)
- Career goals/aspirations
- Which of the studies you are interested in
- Time commitment (minimum of 3 hours/week is preferred)

NAMI Contra Costa: Open Board Position

[NAMI Contra Costa](#), a mental health non-profit, is currently looking to fill a board position. Though it is unpaid, a board position at NAMI offers great experiences and connections. Interested individuals can send a resume and cover letter to Gigi, the Executive Director, at gigi@naimcontracosta.org. Preferred criteria is below:

- Young adult (aged 18-26)
- Direct experience with mental illness (personal experience or experience of a loved one)
- Familiar with Contra Costa Country

Summer Training/Intern Opportunity

[WestCoast Therapy and Wellness](#) is running our Selective Mutism Anxiety Program in June 2023!

We are looking for professionals, grad students or educators who are interested in developing therapy skills to work with young kids with anxiety and selective mutism.

If you are an undergrad or grad student or intern, this is an incredible training opportunity and also a way to **get 40 clinical hours in a week!**

We will only accept 15 participants this year and still have a few spots open.

All the information and application to apply can be found here: [Link to Learn More and Apply](#)

Please email Info@therapyandwellness.com with any questions.

Volunteers for a UCSF Study

Volunteer Research Assistants Needed for a study of opioid use disorder.

Volunteer research assistants are needed for a study funded by the National Institute on Drug Abuse (Grant R21DA050038), which is titled “Expanding Access to Buprenorphine Treatment

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among Homeless Persons with Opioid Use Disorder.” The principal investigator of the study is Carmen L. Masson, Ph.D., a clinical psychologist and Professor, Department of Psychiatry and Behavioral Sciences, University of California, San Francisco.

In this volunteer position, volunteer research assistants work with a study Clinical Research Coordinator and Principal Investigator to recruit, interview, and collect survey data for a study of people who are both homeless and have opioid use disorders.

The research position entails going out into the homeless community in San Francisco and recruiting participants from places, such as homeless shelters and syringe exchange programs. Buprenorphine is a partial mu agonist medication used for the treatment of opioid use disorder. People who are homeless may not have the personal resources, such as a stable place to store medications, to use buprenorphine effectively, and one of the main aims of the study is to find ways that people who are homeless and use opioids can fit buprenorphine treatment into their lifestyle.

Research assistants will be given volunteer positions at the University of California, San Francisco. To apply, contact Dr. Michael Shopshire at Michael.shopshire@ucsf.edu.

Health Worker Program Application Now Open

The Health Worker Program application is now open! This is a peer health education program dedicated to promoting healthy personal and residential community practices, including self-care, risk management, and use of UHS health care services. Health Workers work individually and as part of a team, and typically serve for 1-2 years in their residential or academic community. Make sure whoever is applying reads the 2023-24 Role & Responsibilities for Coordinator (<http://bit.ly/38CpMoA>) and/or Health Worker (<http://bit.ly/3i5zUcs>) and our HWP Professional Standards (<https://bit.ly/2GU6MpM>) before filling out [this application](#). Feel free to take a look and learn more about this program!