Internship and Volunteering Opportunities: Week of March 27th, 2023

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Health Service Internship (HSI), April 2

Are you interested in public health, non-profits, a great internship, and earning units? Apply now to the **Health Service Internship (HSI) program** for a semester-long, 3 unit Pass/No Pass service learning opportunity!

HSI consists of two main components: a 10-12 week internship with a local Bay Area non-profit organization focused on supporting underserved communities and a two-hours weekly discussion section on systemic health inequities and public health-oriented solutions.

APPLY NOW: tinyurl.com/HSIAppFall23 due on Sunday 4/2 at 11:59pm!

For more information, visit our website at https://tinyurl.com/HSIweb. Additionally, check out our Facebook (Health Service Internship - HSI at UC Berkeley) or Instagram (@cal_hsi) to stay updated!

Seeking Volunteers at Berkeley Free Clinic, April 16

The Information Resource Collective (IRC) at the Berkeley Free Clinic is currently recruiting for new volunteers! We would especially love to recruit folks from the many communities that we serve, including people of color; LGBTQIA+ folks; formerly incarcerated folks; asylees, refugees, and immigrants - people with diverse lived experiences in general, especially folks who have been marginalized by the healthcare system.

The IRC works with the clinic to answer the front door, answer the phones, provide referrals for requests outside of the Berkeley Free Clinic's scope, distribute essential resources like hygiene kits and harm reduction supplies, and keep our lobby space safe for all while medical services are being rendered. It's a great role for people that like working with other people, multi-taskers, and those that enjoy being an advocate.



NAMI Contra Costa: Open Board Position

NAMI Contra Costa, a mental health non-profit, is currently looking to fill a board position. Though it is unpaid, a board position at NAMI offers great experiences and connections. Interested individuals can send a resume and cover letter to Gigi, the Executive Director, at gigi@naimcontracosta.org. Preferred criteria is below:

- Young adult (aged 18-26)
- Direct experience with mental illness (personal experience or experience of a loved one)
- Familiar with Contra Costa Country

Summer Training/Intern Opportunity

<u>WestCoast Therapy and Wellness</u> is running our Selective Mutism Anxiety Program in June 2023!

We are looking for professionals, grad students or educators who are interested in developing therapy skills to work with young kids with anxiety and selective mutism.

If you are an undergrad or grad student or intern, this is an incredible training opportunity and also a way to **get 40 clinical hours in a week!**

We will only accept 15 participants this year and still have a few spots open. All the information and application to apply can be found here: <u>Link to Learn More and Apply</u>

Please email <u>Info@therapyandwellness.com</u> with any questions.

Volunteers for a UCSF Study

Volunteer Research Assistants Needed for a study of opioid use disorder.

Volunteer research assistants are needed for a study funded by the National Institute on Drug Abuse (Grant R21DA050038), which is titled "Expanding Access to Buprenorphine Treatment among Homeless Persons with Opioid Use Disorder." The principal investigator of the study is Carmen L, Masson, Ph.D., a clinical psychologist and Professor, Department of Psychiatry and Behavioral Sciences, University of California, San Francisco.

In this volunteer position, volunteer research assistants work with a study Clinical Research Coordinator and Principal Investigator to recruit, interview, and collect survey data for a study of people who are both homeless and have opioid use disorders.

The research position entails going out into the homeless community in San Francisco and recruiting participants from places, such as homeless shelters and syringe exchange programs. Buprenorphine is a partial mu agonist medication used for the treatment of opioid use disorder. People who are homeless may not have the personal resources, such as a stable place to store medications, to use buprenorphine effectively, and one of the main aims of the study is to find ways that people who are homeless and use opioids can fit buprenorphine treatment into their lifestyle.

Research assistants will be given volunteer positions at the University of California, San Francisco. To apply, contact Dr. Michael Shopshire at Michael.shopshire@ucsf.edu.

Health Worker Program Application Now Open

The Health Worker Program application is now open! This is a peer health education program dedicated to promoting healthy personal and residential community practices, including self-care, risk management, and use of UHS health care services. Health Workers work individually and as part of a team, and typically serve for 1-2 years in their residential or academic community. Make sure whoever is applying reads the 2023-24 Role & Responsibilities for Coordinator (http://bit.ly/38CpMoA) and/or Health Worker (http://bit.ly/3i5zUcs) and our HWP Professional Standards (https://bit.ly/2GU6MpM) before filling out this application. Feel free to take a look and learn more about this program!

Volunteer for Power In Community Day - April 8th 2023

The Educational Opportunity Program and Office of Undergraduate Admissions invites you to join us in welcoming our newly admitted EOP students and their families at our second annual *Power in Community Day* on Saturday, April 8th from 9am - 4:30pm at Pauley Ballroom.

This event invites over 200 newly admitted frosh students, their families, and guests to join us in a day of community, celebration, and joy. This is sure to be a fun-filled event consisting of various exciting activities, identity-based breakout sessions, and workshops for newly admitted students and their families. You don't want to miss out on the fun!

Follow the link below to register as a volunteer. Your time and assistance is greatly appreciated in helping plan and make this event happen!

Volunteer Registration!

VOLUNTEER SIGN UPS WILL CLOSE: March 17th, 2023

Please note - a virtual Volunteer Orientation will be held on Tuesday, April 4th, from 2-3pm via zoom. The session will be recorded.

Please direct all questions to Diego Holguin dholguin@berkeley.edu

We look forward to welcoming new admits alongside you!