

**Psychology 150: Personality Psychology  
Spring 2004**

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<b>Time &amp; Location</b>	Tuesday, Thursday 11 am - 12 pm. Lewis 100.	
<b>Overview</b>	This course is a survey of the contemporary study of personality considered in its historical setting. The focus will be on personality psychology as an empirical field, thus, theoretical perspectives will be evaluated in the context of current empirical data. We will approach the study of personality at multiple levels of analysis (e.g., biological, trait, social-cognitive) and to ultimately integrate these levels for a better understanding of the person as a whole.	
<b>Textbook*</b>	Mischel, W., Shoda, Y., Smith, R. E. (2003). <i>Introduction to personality: Toward an integration</i> , 7th Edition. Wiley.  * There will be several additional readings (theory, review or research articles) which you will be able to download from the course website.	
<b>Grading</b>	Best of two exams (30% each): Exam 1: Tuesday, Feb 24 Exam 2: Tuesday, April 6 Exam 3: Tuesday, May 11 RPP and section participation: 10% Final paper (30%): Wednesday, May 19	

**CALENDAR AT A GLANCE (subject to change)**

<b>Week</b>	<b>Date</b>	<b>Topic</b>	<b>Readings</b>
<b>Week 1</b>	Jan 20, Tuesday	Introduction	Ch. 1
	Jan 22, Thursday	Methods & analyses	Ch. 2
<b>Week 2</b>	Jan 27, Tuesday	Personality traits	Ch. 3
	Jan 29, Thursday		
<b>Week 3</b>	Feb 3, Tuesday		
<b>Week 4</b>	Feb 5, Thursday	Biological level	Ch. 15, 14
	Feb 10, Tuesday		
<b>Week 5</b>	Feb 12, Thursday	Psychodynamics	Ch 5, 7
	Feb 17, Tuesday		
<b>Week 6</b>	Feb 19, Thursday	<b>Exam 1</b>	
	<b>Feb 24, Tuesday</b>	Post-Freudian psychodynamics	<b>Ch 6, Article 3</b>
<b>Week 7</b>	Feb 26, Thursday	Behavioral conditioning	Ch. 10, 11
	March 2, Tuesday		
<b>Week 8</b>	March 4, Thursday	Phenomenological (self) level	Ch 8.
	March 9, Tuesday		
<b>Week 9</b>	March 11, Thursday	Intro to principles in social cognition	<b>Article 4</b>
	March 16, Tuesday	Social cognitive view	Ch 12
<b>Week 10</b>	March 18, Thursday	<b>SPRING BREAK</b>	
	March 23, Tuesday		
<b>Week 11</b>	March 25, Thursday	Social cognitive view	Ch. 13
	March 30, Tuesday	Revisiting traits & dispositions	Ch. 4
<b>Week 12</b>	April 1, Thursday	Revisiting psychodynamics	<b>Articles 5, 6</b>
	<b>April 6, Tuesday</b>		
<b>Week 13</b>	April 8, Thursday	Revisiting interpersonal schemas	Ch 6 (pp. 128-133)
	April 13, Tuesday		
<b>Week 14</b>	April 15, Thursday	Self-regulation & goal pursuit	Ch. 16, 17
	April 20, Tuesday		
<b>Week 15</b>	April 22, Thursday	Social cognition & the self	Ch. 9
	April 27, Tuesday		
<b>Week 16</b>	April 29, Thursday	Personality change over the life span	<b>Article 7</b>
	May 4, Tuesday	Culture & Gender	Ch. 18
<b>Week 17</b>	May 6, Thursday	<b>Exam 3</b>	

*Final paper is due Wednesday, May 19 by 5 pm*

## READINGS

### ***Textbook***

The main reading for the course is the textbook by Mischel, Shoda, & Smith (2003). Two copies of the textbook are on reserve at the Moffitt Undergraduate Library.

You are expected to read the assigned chapters for each class as indicated in the calendar above BEFORE coming to class. The lectures will build from these readings but will not overlap with them completely. Thus, to benefit from the lectures, you need to do the assigned readings beforehand.

### ***Additional readings***

There will be several additional readings as indicated in the calendar above.

1. Derryberry, D., & Rothbart, M. (1997). Reactive and effortful processes in the organization of temperament. *Development and Psychopathology*, 9, 633-652.
2. Eagly, A. H., & Wood, W. (1999). The origins of sex differences in human behavior: Evolved dispositions versus social roles. *American Psychologist*, 54, 408-423.
3. Ainsworth, M. S. & Bowlby, J. (1991). An ethological approach to personality development. *American Psychologist*, 46, 333-341.
4. Taylor, S., Peplau, L. A., & Sears, D. O. (2000). Social Cognition: Understanding the social world (Chapter 2, pp. 30-61). In *Social Psychology (10<sup>th</sup> edition)*. NJ: Prentice Hall.
5. Westen, D. (1998). The scientific legacy of Sigmund Freud: Toward a psychodynamically informed psychological science. *Psychological Bulletin*, 124, 333-371.
- 6a. Weinberger, J. (2003). Freud's influence on psychology is alive and vibrant. In Smith, E. E., Nolen-Hoeksama, S., & Frederickson, B. L. (Eds.), *Introduction to Psychology, 14th Edition (p. 486)*. CA: Wadsworth/Thomson.
- 6b. Kihlstrom, J. F. (2003). Freud is a dead weight on psychology. In Smith, E. E., Nolen-Hoeksama, S., & Frederickson, B. L. (Eds.), *Introduction to Psychology, 14th Edition (p. 487)*. CA: Wadsworth/Thomson.
7. Helson, R., Kwan, V. S. Y., John, O. P., & Jones, C. (2002). The growing evidence for personality change in adulthood: Findings from research with personality inventories. *Journal of Research in Personality*, 36, 287-306.

To download these readings, follow the following steps:

- Step 1:** Go to → <http://eres.berkeley.edu/courseindex.asp>
- Step 2:** Enter the course number (150) in the Eres QuickSearch box.
- Step 3:** Click on "psych 150" on the next screen and you will enter the course page.
- Step 4:** Click on the folder titled "Additional readings."
- Step 5:** Enter the password (which you will be given in class) to enter the folder.
- Step 6:** Click on the article you want to download (you will have to enter the same password again before it starts to download).

## GRADING

### *Exams*

There will be 3 multiple choice +short answer exams (Feb 19, Apr 6, and May 11). The two best scores out of three will count towards 60% of your final grade (Each exam is worth 30 points). Because your lowest test score is being dropped, there will be NO MAKE-UP exams given. Please make a clear note of this.

### *RPP & Sections*

10% of your final grade will come from your RPP and lab section participation. Each student needs to fulfill 3 RPP credits. You can get 1 RPP credit simply by completing the prescreening package of questionnaires. Your attendance to lab sections and participation in lab discussions will also be taken into account.

If you do not want to complete RPP credits, then you can write 2-page summaries of the research methods used in 3 empirical research articles from the Journal of Personality and Social Psychology or Journal of Personality. Either requirement (RPP or research summaries) must be completed by the last week of classes.

### *Final paper*

There will be a final paper worth 30% of your final grade. It is due on May 19th, by 5 pm, to be handed-in to your section GSIs. The paper should be 6 to 8 double-spaced pages of text (references extra) written following the American Psychological Association's publication guidelines. You will have a choice to write your paper on one of several predetermined topics. Although somewhat different, the common task underlying each would be to apply, discuss and contrast at least 2 levels of analysis or personality theories to a specific topic, or issue. In addition, each topic will require either some kind of field-work (e.g., interviews) or library-based research on your part (e.g., using PsycINFO to review the literature). There will be a more detailed handout about the paper towards the middle of the semester.

## PSYCH 150 SURVEY

There is a short survey that we'd like you to fill-out on the web for this course. It includes questions about demographics, moods states, and personality. The data collected will only be used for in-class demonstrations. You can also receive feedback about your personality should you choose to do so.

The survey is completely anonymous; there is no way of connecting the responses to your identity. It will take you approximately 15 minutes to do it.

Please complete the survey by the end of this week the latest (Jan 23rd). Here is what you have to do:

1. Go to → <http://www.surveymonkey.com/s.asp?u=4387349984>
2. Enter Password → 150students
3. Start the survey. ☺