

CHRISTINA MASLACH

General:

1971 to present Professor of Psychology, University of California, Berkeley
Birthdate: January 21, 1946
Family: Married, two children

University Address:

Department of Psychology
University of California, Berkeley
Berkeley, CA 94720-1650
email: maslach@berkeley.edu

Degrees:

A.B., Social Relations, *magna cum laude*, Harvard-Radcliffe College, 1967
Ph.D., Social Psychology, Stanford University, 1971

Principal Research Interests:

Job burnout and engagement
Individuation and social influence
Health psychology

Honors and Awards:

- 2012 Citation of Excellence Award for one of the 50 most outstanding articles published by the top 300 management journals in the world (JAP, 2008), Emerald Management Review.
- 2011 Distinguished Service Award in Industrial/Organizational Psychology, California Psychological Association
- 2010 Berkeley Faculty Service Award, University of California, Berkeley
- 2009 Berkeley Citation (the University's highest award for achievement and service), University of California, Berkeley
- 2009 Journal of Organizational Behavior award for two (of the eight) most influential articles in its 30-year history
- 2008 Distinguished Teaching Award, Western Psychological Association
- 2001 Faculty Award for Outstanding Mentorship of GSIs, University of California, Berkeley
- 1997 Professor of the Year (research and doctoral university), Council for the Advancement and Support of Education (CASE) and the Carnegie Foundation for the Advancement of Teaching
- 1997 Distinguished Service Award, Social Sciences, University of California, Berkeley
- 1995 Journal of Organizational Behavior best paper award for 1994
- 1991 Fellow, American Association for the Advancement of Science ("For groundbreaking work on the application of social psychology to contemporary problems")
- 1987 Distinguished Teaching Award, University of California, Berkeley
- 1980 Henry Guze award for best research paper in 1979, Society for Clinical and Experimental Hypnosis

Professional Service:

Chair, Academic Senate, University of California, Berkeley, 2000; 2012-2013.
Vice-Chair, Academic Senate, University of California, Berkeley, 1999-2000; 2011-2012.
Vice Provost, Teaching and Learning, University of California, Berkeley, 2008-2009
Interim Dean of the Undergraduate Division, College of Letters & Science, University of California, Berkeley, 2006-2008
Commissioner, Western Association of Schools and Colleges (WASC), 2003 – 2008
Vice Provost, Undergraduate Education and Instructional Technology, University of California, Berkeley, 2001-2008
Editorial Board, Psychology, Health & Medicine, 1995 - 2005
Scientific Advisor, Center for AIDS Prevention Studies, University of California, San Francisco, 1995 – 1999
Faculty Assistant on the Status of Women, University of California, Berkeley, 1994-1997
Vice-Chair, Psychology Department, University of California, Berkeley, 1993-1998
Chair, Commission on Responses to a Changing Student Body, University of California, Berkeley, 1988-91
President, Western Psychological Association, 1988-89

Association Memberships:

American Psychological Association (Fellow, Div. 8, 9, 38)
American Association for the Advancement of Science (Fellow)
Association for Psychological Science (Charter Member, Fellow)
American Association of University Professors
American Association of University Women
International Association of Applied Psychology (Fellow)
Sigma Xi
Society for Clinical and Experimental Hypnosis (Fellow)
Western Psychological Association (Fellow)

Publications:

a. Papers in journals and chapters in books

- Maslach, C. (1971). The "truth" about false confessions. Journal of Personality and Social Psychology, 20, 141-146.
- Zimbardo, P. G., Marshall, G., & Maslach, C. (1971). Liberating behavior from time-bound control: Expanding the present through hypnosis. Journal of Applied Psychology, 1, 305-323.
- Maslach, C., Marshall, G., & Zimbardo, P. G. (1972). Hypnotic control of peripheral skin temperature: A case report. Psychophysiology, 9, 600-605.
- Zimbardo, P. G., Maslach, C., & Marshall, G. (1972). Hypnosis and the psychology of cognitive and behavioral control. In E. Fromm & R. Shor (Eds.), Hypnosis: Research developments and perspectives (539-571). Chicago: Aldine-Atherton.
- Maslach, C., Tashiro, C., & Gergen, K. J. (1972). A cultural analysis of the role of reciprocity in social attraction. Proceedings of the XXth International Congress of Psychology, Tokyo, 652.
- Zimbardo, P. G., Marshall, G., White, G., & Maslach, C. (1973). Objective assessment of hypnotically induced time distortion. Science, 181, 282-284.
- Maslach, C. (1974). Social and personal bases of individuation. Journal of Personality and Social Psychology, 29, 411-425.
- Gergen, K. J., Ellsworth, P. C., Maslach, C., & Seipel, M. (1975). Obligation, donor resources, and reactions to aid in three cultures. Journal of Personality and Social Psychology, 31, 390-400.
- Maslach, C. (1975). The social psychologist as an agent of change: An identity crisis. In M. Deutsch & H. A. Hornstein (Eds.), Applying social psychology: Implications for research, practice, and training (237-246). Hillsdale, NJ: Erlbaum.
- Maslach, C. (1976, September). Burned-out. Human Behavior, 9 (5), 16-22.
- Maslach, C., & Pines, A. (1977). The burn-out syndrome in the day care setting. Child Care Quarterly, 6, 100-113.
- Garber, R. M., & Maslach, C. (1977). The parole hearing: Decision or justification? Law and Human Behavior, 1, 261-281.
- Pines, A., & Maslach, C. (1978). Characteristics of staff burn-out in mental health settings. Hospital & Community Psychiatry, 29, 233-237.

- Maslach, C., & Jackson, S. E. (1978, Spring). Lawyer burn-out. Barrister, 5 (2), 52-54.
- Maslach, C. (1978, Spring). Job burn-out: How people cope. Public Welfare, 36, 56-58.
- Maslach, C. (1978). The client role in staff burn-out. Journal of Social Issues, 34, (4), 111-124.
- Maslach, C. (1979). The emotional consequences of arousal without reason. In C. E. Izard (Ed.), Emotions in personality and psychopathology (pp. 565-590). New York: Plenum.
- Maslach, C., Zimbardo, P. G., & Marshall, G. (1979). Hypnosis as a means of studying cognitive and behavioral control. In E. Fromm & R. Shor (Eds.), Hypnosis: Developments in research and new perspectives (649-683). (2nd ed.) Hawthorne, NY: Aldine.
- Maslach, C., & Pines, A. (1979). Burn-out: The loss of human caring. In A. Pines & C. Maslach (Eds.), Experiencing social psychology: Readings and projects (246-252). New York: A. A. Knopf.
- Maslach, C. (1979). Negative emotional biasing of unexplained arousal. Journal of Personality and Social Psychology, 37, 953-969.
- Maslach, C. (1979). The burn-out syndrome and patient care. In C. Garfield (Ed.), Stress and survival: The emotional realities of life-threatening illness (111-120). St. Louis: Mosby.
- Maslach, C., & Jackson, S. E. (1979, May). Burned-out cops and their families. Psychology Today, 12 (12), 59-62.
- Pines, A., & Maslach, C. (1980). Combatting staff-burn-out in a day care center: A case study. Child Care Quarterly, 9, 5-16.
- Maslach, C., & Jackson, S. E. (1981). The measurement of experienced burnout. Journal of Occupational Behavior, 2, 99-113.
- Maslach, C. (1981). Burnout: A social psychological analysis. In J. W. Jones (Ed.), The burnout syndrome (30-53). Park Ridge, IL: London House.
- Maslach, C., & Garber, R. M. (1982). Decision-making processes in parole hearings. In V. J. Konecni & E. B. Ebbesen (Eds.), The criminal justice system: A social psychological analysis (337-366). San Francisco: W. H. Freeman.
- Jackson, S. E., & Maslach, C. (1982). After-effects of job-related stress: Families as victims. Journal of Occupational Behavior, 3, 63-77.
- Santee, R. T., & Maslach, C. (1982). To agree or not to agree: Personal dissent amid social pressure to conform. Journal of Personality and Social Psychology, 42, 690-700.

- Maslach, C. (1982). Understanding burnout: Definitional issues in analyzing a complex phenomenon. In W. S. Paine (Ed.), Job stress and burnout (pp. 29-40). Beverly Hills, CA: Sage.
- Maslach, C., & Jackson, S. E. (1982). Burnout in the health professions: A social psychological analysis. In G. Sanders & J. Suls (Eds.), Social psychology of health and illness (227-251). Hillsdale, NJ: Erlbaum.
- Maslach, C. (1984). Personal strategies for managing burnout. In R. W. Thoreson & E. P. Hosokawa (Eds.), Employee assistance programs in higher education (159-168). Springfield, IL: Charles C. Thomas.
- Maslach, C., & Jackson, S. E. (1984). Burnout in organizational settings. Applied Social Psychology Annual, 5, 133-153.
- Maslach, C., & Jackson, S. E. (1984). Patterns of burnout among a national sample of public contact workers. Journal of Health and Human Resources Administration, 7, 189-212.
- Maslach, C. (1984). Das problem des "Ausbrennens" bei professionellen belfern. In E. Wacker & J. Neumann (Eds.), Geistige behinderung und soziales leben (249-265). Frankfurt: Campus Verlag.
- Maslach, C., & Jackson, S. E. (1985). The role of sex and family variables in burnout. Sex Roles, 12, 837-851.
- Maslach, C., Stapp, J., & Santee, R. T. (1985). Individuation: Conceptual analysis and assessment. Journal of Personality and Social Psychology, 49, 729-738.
- Maslach, C. (1986). Burnout research in the social services: A critique. Journal of Social Service Research, 10, 95-105.
- Maslach, C. (1986). Stress, burnout, and the workaholic syndrome. In R. Kilburg, R. Thoreson, & P. Nathan (Eds.), Professionals in distress: Issues, syndromes and solutions in psychology (53-75). Washington, DC: American Psychological Association.
- Maslach, C., Santee, R. T., & Wade, C. (1987). Individuation, gender role, and dissent: Personality mediators of situational forces. Journal of Personality and Social Psychology, 53(6), 1088-1093.
- Maslach, C., & Florian, V. (1988). Burnout, job setting, and self-evaluation among rehabilitation counselors. Rehabilitation Psychology, 33(2), 85-93.
- Leiter, M. P., & Maslach, C. (1988). The impact of interpersonal environment on burnout and organizational commitment. Journal of Organizational Behavior, 9, 297-308.

- Zedeck, S., Maslach, C., Mosier, K., & Skitka, L. (1988). Affective response to work and quality of family life: Employee and spouse perspectives. Journal of Social Behavior and Personality, 3, 135-157.
- Carlson, H. M., Fellows, M. A., & Maslach, C. (1989). Unemployment in Ireland: A review of psychological research. The Irish Journal of Psychology, 10, 394-410.
- Skitka, L. J., & Maslach, C. (1990). Gender roles and the categorization of gender-relevant behavior. Sex Roles, 22, 133-149.
- Maslach, C. (1993). Burnout: A multidimensional perspective. In W. B. Schaufeli, C. Maslach, & T. Marek (Eds.), Professional burnout: Recent developments in theory and research (19-32). Washington, DC: Taylor & Francis.
- Maslach, C., & Schaufeli, W. B. (1993). Historical and conceptual development of burnout. In W. B. Schaufeli, C. Maslach, & T. Marek (Eds.), Professional burnout: Recent developments in theory and research (1-16). Washington, DC: Taylor & Francis.
- Schaufeli, W. B., Maslach, C., & Marek, T. (1993). The future of burnout. In W. B. Schaufeli, C. Maslach, & T. Marek (Eds.), Professional burnout: Recent developments in theory and research (253-259). Washington, DC: Taylor & Francis.
- Jenkins, S. R., & Maslach, C. (1994). Psychological health and involvement in interpersonally demanding occupations: A longitudinal perspective. Journal of Organizational Behavior, 15, 101-127.
- Whitney, K., Sagrestano, L. M., & Maslach, C. (1994). Establishing the social impact of individuation. Journal of Personality and Social Psychology, 66, 1140-1153.
- Caprara, G. V., Barbaranelli, C., Conrado, M. R., & Maslach, C. (1994). Individuazione: Validazione e correlati personologici: Indagine su un campione Italiano. [Individuation: Validation and personality correlates: Research on an Italian sample] Ricerche di Psicologia, 18 (4), 33-48.
- Maslach, C. (1995). Burnout. In A. S. R. Manstead & M. Hewstone (Eds.), The Blackwell Dictionary of Social Psychology. Oxford, England: Blackwell Publishers.
- Maslach, C., & Ozer, E. (1995). Theoretical issues related to burnout in health workers. In L. Bennett, D. Miller, & M. Ross (Eds.), Health workers and AIDS: Research, intervention and current issues in burnout and response (1-14). London: Harwood Academic Publishers.
- Skitka, L. J., & Maslach, C. (1996). Gender as schematic category: A role construct approach. Social Behavior and Personality, 24, 53-74.

- Maslach, C. (1997). Burnout in health professionals. In A. Baum, S. Newman, J. Weinman, R. West, & C. McManus (Eds.), Cambridge Handbook of Psychology, Health, and Medicine (275-278). Cambridge, England: Cambridge University Press.
- Barbaranelli, C., Caprara, G. V., & Maslach, C. (1997). Individuation and the Five Factor model of personality traits. European Journal of Psychological Assessment, 13, 75-84.
- Ozer, E. J., Weinstein, R. S., Maslach, C., & Siegel, D. (1997). Adolescent AIDS prevention in context: The impact of peer educator qualities and classroom environments on intervention efficacy. American Journal of Community Psychology, 25, 289-323.
- Maslach, C., Jackson, S. E., & Leiter, M. P. (1997). Maslach Burnout Inventory. In C. P. Zalaquett & R. J. Wood (Eds.), Evaluating stress: A book of resources (191-218). Lanhan, MD: The Scarecrow Press.
- Maslach, C., & Goldberg, J. (1998). Prevention of burnout: New perspectives. Applied and Preventive Psychology, 7, 63-74.
- Maslach, C. (1998). Chronic outcomes: Burnout. In J. M. Stellman (Ed.), Encyclopedia of Occupational Health and Safety, Vol. 2 (34.64). Fourth edition. Geneva: International Labour Office.
- Leiter, M. P., & Maslach, C. (1998). Burnout. In H. Friedman (Ed.), Encyclopedia of Mental Health (347-357). San Diego, CA: Academic Press.
- Maslach, C. (1998). A multidimensional theory of burnout. In C. L. Cooper (Ed.), Theories of organizational stress (68-85). Oxford, England: Oxford University Press.
- Maslach, C. (1999). Progress in understanding teacher burnout. In R. Vandenberghe & A. M. Huberman (Eds.), Understanding and preventing teacher burnout: A sourcebook of international research and practice (211-222). Cambridge: Cambridge University Press.
- Maslach, C., & Leiter, M. P. (1999). Teacher burnout: A research agenda. In R. Vandenberghe & A. M. Huberman (Eds.), Understanding and preventing teacher burnout: A sourcebook of international research and practice (295-303). Cambridge: Cambridge University Press.
- Maslach, C., & Leiter, M. P. (1999, October). Take this job and love it!: Six ways to beat burnout. Psychology Today, 32 (5), 50-53, 78, 80.
- Maslach, C., & Leiter, M. P. (1999). Burnout and engagement in the workplace: A contextual analysis. In T. Urdan (Ed.), Advances in motivation and achievement (Vol. 11, 275-302). Stamford, CT: JAI Press.
- Leiter, M. P., & Maslach, C. (1999). Six areas of worklife: A model of the organizational context of burnout. Journal of Health and Human Resources Administration, 21, 472-489.

- Zimbardo, P. G., Maslach, C., & Haney, C. (2000). Reflections on the Stanford Prison Experiment: Genesis, transformations, consequences. In T. Blass (Ed.), Obedience to authority: Current perspectives on the Milgram paradigm (193-237). Mahwah, NJ: Lawrence Erlbaum.
- Maslach, C., & Leiter, M. P. (2000). Burnout. In G. Fink (Ed.), Encyclopedia of stress. Vol. 1 (358-362). San Diego, CA: Academic Press.
- Caprara, G. V., Barbaranelli, C., Bermudez, J., Maslach, C., and Ruch, W. (2000). Multivariate methods for the comparison of factor structures in cross-cultural research: An illustration with the Big Five Questionnaire. Journal of Cross-Cultural Psychology, *31*, 437-464.
- Leiter, M. P., & Maslach, C. (2000). Burnout and health. In A. Baum, T. Revenson, & J. Singer (Eds.), Handbook of health psychology (pp. 415-426). Hillsdale, NJ: Lawrence Erlbaum.
- Maslach, C., Silver, L., Pole, N., & Ozer, E. (2001). Making the first time a good time: Microteaching for new TAs. In L. R. Prieto & S. A. Meyers (Eds.), The teaching assistant handbook: How to prepare TAs for their responsibilities (71-86). Stillwater, OK: New Forums Press.
- Maslach, C., Schaufeli, W. B., & Leiter, M. P. (2001). Job burnout. In S. T. Fiske, D. L. Schacter, & C. Zahn-Waxler (Eds.), Annual Review of Psychology (Vol. 52, 397-422).
- Maslach, C. (2001). What have we learned about burnout and health? Psychology and Health, *16* (5), 607-611.
- Reevy, G. M., & Maslach, C. (2001). People's use of social support: Gender and personality differences. Sex Roles, *44*, 437-459.
- Maslach, C. (2001). Psychology of burnout. In N. J. Smelser & P. B. Baltes (Eds.), International encyclopedia of the social and behavioral sciences (Vol. 2, 1415-18). Oxford: Elsevier.
- Kwan, V. S. Y., Bond, M. H., Boucher, H., Maslach, C., & Gan, Y. (2002). The construct of individuation: More complex in collectivist than in individualist cultures. Personality and Social Psychology Bulletin, *28*, 300-310.
- Maslach, C. (2002). Burnout assessment. In R. Fernandez-Ballesteros (Ed.), Encyclopedia of psychological assessment. London: Sage.
- Maslach, C. (2003). Job burnout: New directions in research and intervention. Current Directions in Psychological Science, *12*, 189-192.
- Leiter, M. P., & Maslach, C. (2004). Areas of worklife: A structured approach to organizational predictors of job burnout. In P. L. Perrewe & D. C. Ganster (Eds.), Research in occupational stress and well-being (Vol. 3, 91-134). Oxford: Elsevier.

- Paletz, S. B. F., Peng, K., Erez, M., & Maslach, C. (2004). Ethnic composition and its differential impact on group processes in diverse teams. Small Group Research, *35*, 128-157.
- Maslach, C. (2005). Understanding burnout: Work and family issues. In D. F. Halpern & S. E. Murphy (Eds.), From work-family balance to work-family interaction: Changing the metaphor (99-114). Mahwah, NJ: Lawrence Erlbaum.
- Leiter, M. P., & Maslach, C. (2005). A mediation model of job burnout. In Antoniou, A. S. G., & Cooper, C. L. (Eds.), Research companion to organizational health psychology (pp. 544-564). Cheltenham, UK: Edward Elgar.
- Maslach, C. (2005). Entendendo o burnout (Understanding burnout). In A. M. Rossi, P. M. Perrewe, and S. Sauter (Eds.), Stress e qualidade de vida no trabalho - Perspectivas atuais da saúde ocupacional (41-55). Sao Paulo, Brazil: Editora Atlas.
- The English translation of this volume is:
 Maslach, C. (2006). Understanding job burnout. In A. M. Rossi, P. Perrewe, and S. Sauter (Eds.), Stress and quality of working life: Current perspectives in occupational health (37-51). Greenwich, CT: Information Age Publishing.
- Maslach, C., & Leiter, M. P. (2005). Stress and burnout: The critical research. In C. L. Cooper (Ed.), Handbook of stress medicine and health, 2nd ed. (153-170). Boca Raton, FL: CRC Press LLC.
- Leiter, M. P., & Maslach, C. (2005). Organizational interventions to alleviate burnout and build engagement with work. In C. L. Cooper (Ed.), Handbook of stress medicine and health, 2nd ed. (171-189). Boca Raton, FL: CRC Press LLC.
- Maslach, C., & Leiter, M. P. (2005). Reversing burnout: How to rekindle your passion for your work. Stanford Social Innovation Review, *3* (4), 42-49.
- Maslach, C., & Gomes, M. E. (2006). Overcoming burnout. In R. MacNair (Ed.), Working for peace: A handbook of practical psychology and other tools (43-49). Atascadero, CA: Impact Publishers.
- Maslach, C., & Leiter, M. P. (2007). Burnout. In G. Fink (Ed.), Encyclopedia of stress, 2nd ed. (358-362). Oxford, UK: Elsevier.
- Maslach, C. (2007). Burnout in health professionals. In S. Ayers, A. Baum, C. McManus, S. Newman, K. Wallston, J. Weinman & R. West (Eds.) Cambridge handbook of psychology, health and medicine, 2nd ed. (427-430). Cambridge UK: Cambridge University Press.

- Dupuis, E. A., Maslach, C., Schrage, C. D., & McDaniel, S. (2007). Information literacy and undergraduate research: Meeting the challenge at a large research university. In T. E. Jacobson & T. P. Mackey (Eds.), Information literacy collaborations that work (5-18). Neal-Schuman Publishers.
- Maslach, C., & Leiter, M. P. (2008). Early predictors of job burnout and engagement. Journal of Applied Psychology, *93*, 498-512.
- Maslach, C., Leiter, M. P., & Schaufeli, W. B. (2009). Measuring burnout. In C. L. Cooper & S. Cartwright (Eds.), The Oxford handbook of organizational well-being (86-108). Oxford UK: Oxford University Press.
- Maslach, C., & Courtois, C. (2009). Burnout. In G. Reyes, J. Elhai, & J. Ford (Eds.). Encyclopedia of psychological trauma (103-107). Hoboken, NJ: Wiley.
- Schaufeli, W. B., Leiter, M. P., & Maslach, C. (2009). Burnout: Thirty-five years of research and practice. Career Development International, *14* (3), 204-220.
- Leiter, M. P., & Maslach, C. (2009). Nurse turnover: The mediating role of burnout. Journal of Nursing Management, *17*, 331-339.
- Leiter, M. P., & Maslach, C. (2009). Burnout and workplace injuries: A longitudinal analysis. In A. M. Rossi, J. C. Quick, & P. L. Perrewe (Eds.), Stress e qualidade de vida no trabalho: O positivo e o negativo (3-17). Sao Paulo, Brazil: Editora Atlas S.A. [published in Portuguese].
- The English translation of this volume is:
 Leiter, M. P., & Maslach, C. (2009). Burnout and workplace injuries: A longitudinal analysis. In A. M. Rossi, J. C. Quick, & P. L. Perrewe (Eds.), Stress and quality of working life: The positive and the negative (3-18). Greenwich, CT: Information Age.
- Krause, N., Rugulies, R., & Maslach, C. (2009). Effort-reward imbalance at work and health status among Las Vegas hotel room cleaners. American Journal of Industrial Medicine, DOI 10.1002/ajim.20728.
- Boucher, H. C., & Maslach, C. (2009). Culture and individuation: The role of norms and self-construals. Journal of Social Psychology, *149*, 677-693.
- Maslach, C. (2010). An outsider's view of the underside of the Stanford Prison Experiment. Psychology Review [UK magazine for psychology students], *15* (3), 2-5.
- Leiter, M. P., & Maslach, C. (2010). Building engagement: The design and evaluation of interventions. In A. B. Bakker and M. P. Leiter (Eds.), Work engagement: A handbook of essential theory and research (164-180). New York, NY: Psychology Press.

- Davidson, O. B., Eden, D., Westman, M., Cohen-Charash, Y., Hammer, L. B., Kluger, A. N., Krausz, M., Maslach, C., O'Driscoll, M., Perrewé, P. L., Quick, J. C., Rosenblatt, Z., Spector, P. E. (2010). Sabbatical leave: Who gains and how much? Journal of Applied Psychology, 95, 953-964.
- Goncalo, J. A., Polman, E., & Maslach, C. (2010). Can confidence come too soon? Collective efficacy, conflict and group performance over time. Organizational Behavior and Human Decision Processes, 113, 13-24.
- Maslach, C. (2011). Engagement research: Some thoughts from a burnout perspective. European Journal of Work and Organizational Psychology, 20, 47-52.
- Maslach, C. (2011). Burnout and engagement in the workplace: New perspectives. European Health Psychologist, 13 (3), 44-47.
- Maslach, C., Leiter, M. P., & Jackson, S. E. (2012). Making a significant difference with burnout interventions: Researcher and practitioner collaboration. Journal of Organizational Behavior, 33, 296-300. [published online 12 October 2011, DOI: 10.1002/job.784]
- Perrewé, P. L., Rosen, C. C., & Maslach, C. (2012). Organizational politics and stress: The development of a process model. In G. R. Ferris and D. C. Treadway (Eds.). Politics in organizations: Theory and research considerations (213-255). Taylor & Francis.
- Leiter, M. P., Maslach, C., & Frame, K. (in press). Job burnout. In R. Cautin & S. Lilienfeld (Eds.), The encyclopedia of clinical psychology. Hoboken, NJ: Wiley.

b. Books and monographs

- Zimbardo, P. G., Ebbesen, E. B., & Maslach, C. (1977). Influencing attitudes and changing behavior. Reading, MA: Addison-Wesley.
- Zimbardo, P. G., & Maslach, C. (Eds.). (1973). Psychology for our times: Readings. Glenview, IL: Scott, Foresman.
Second edition (1977).
- Pines, A., & Maslach, C. (Eds.). (1979). Experiencing social psychology: Readings and projects. New York: A. A. Knopf.
Second edition (1984).
Third edition (1993): McGraw-Hill
Fourth edition (2001): McGraw-Hill
- Maslach, C., & Jackson, S. E. (1981). The Maslach Burnout Inventory. Palo Alto, CA: Consulting Psychologists Press.
Second edition (1986).

- Maslach, C. (1982). Burnout: The cost of caring. Englewood Cliffs, NJ: Prentice-Hall.
[Translated into Swedish and Danish]
Reprinted in 2003; Cambridge, MA: Malor Books.
- Maslach C. (1991). Promoting student success at Berkeley: Guidelines for the future. Report of the Commission on Responses to a Changing Student Body (C. Maslach, Chair), University of California at Berkeley.
- Schaufeli, W. B., Maslach, C., & Marek, T. (Eds.). (1993). Professional burnout: Recent developments in theory and research. Washington, DC: Taylor & Francis.
- Maslach, C., Jackson, S. E., & Leiter, M. P. (1996). The Maslach Burnout Inventory. Third edition. Palo Alto, CA: Consulting Psychologists Press.
Now published with Mind Garden, as of 2010.
- Maslach, C., & Leiter, M. P. (1997). The truth about burnout. San Francisco, CA: Jossey-Bass.
[Translated into Dutch, Swedish, Japanese, Chinese, Portuguese, Italian, German, Slovenian, Greek, Estonian, Polish, French]
- Leiter, M. P., & Maslach, C. (2000). Preventing burnout and building engagement: A complete program for organizational renewal. San Francisco, CA: Jossey-Bass.
[Translated into Swedish]
- Leiter, M. P., & Maslach, C. (2005). Banishing burnout: Six strategies for improving your relationship with work. San Francisco, CA: Jossey-Bass.
[Translated into Japanese, German, Polish, Croatian]
- Leiter, M. P. & Maslach, C. (2006). Areas of Worklife Scale Manual. (4th Edition) Centre for Organizational Research & Development, Acadia University, Wolfville, NS, Canada.
Now published with Mind Garden, as of 2011.
- Leiter, M. P., Bakker, A. B., & Maslach, C. (Eds.) (in preparation). New perspectives on burnout. UK: Psychology Press.

Selected Professional Presentations for 2001-2012

Invited address, “Burnout in the workplace: A global problem in need of solutions,” International Congress of Psychology, Cape Town, South Africa, July 2012.

Keynote address, “Burnout and engagement in the workplace: New perspectives,” European Health Psychology Conference, Crete, Greece, September 2011.

Keynote address, “Burnout and engagement,” First International Conference on Occupational and Environmental Health, Cuzco, Peru, July 2011.

Keynote address, “Understanding job burnout,” Burnout Conference, Vienna, May 2011.

Workshop on burnout and engagement, Conference on Good and Evil, Graz, Austria, May 2011.

Keynote address, “Burnout and engagement in the workplace: New perspectives,” 20th Ramiro and Zoran Bujas Day Conference, Croatian Psychological Association and the University of Zagreb, April 2011.

Workshop on burnout and engagement, Zagreb School of Economics and Management, Croatia, April 2011.

Keynote address, “Prevention of burnout,” XV FeNaSTAC Congress on Occupational Health, Ixtapa, Mexico, September 2010.

Keynote address, “Research on burnout and engagement,” at conference on job burnout, Tsinghua University, Beijing, July 2010.

Keynote address, “The Berkeley model for undergraduate education,” Education Innovation Summit, Tsinghua University, Beijing, July 2010.

Keynote address, “Burnout: An important professional challenge for physicians,” at conference of the Portuguese Medical Association, Lisbon, March 2010.

“Cognitive factors in burnout: The role of rudeness rationales” (with Michael P. Leiter, Rebecca Toporek, & Sarah Hoffpauir), Work, Stress and Health conference, November 2009.

“Job burnout among physicians: An Italian – Canadian comparison” (with Michael P. Leiter), Italian-American Psychology Association conference, Palermo, June 2009.

Invited address, “Adventures in teaching psychology,” Western Psychological Association, April 2009.

Keynote address, “Understanding job burnout,” The Americas Second Conference on Occupational Psychosocial Factors, Stress, and Mental Health, Guadalajara, October 2008.

“The role of value congruence in the burnout process” (with Michael P. Leiter), International Congress of Psychology, Berlin, July 2008.

“Early signals of burnout or engagement” (with Michael P. Leiter), Work, Stress and Health conference, March 2008.

Invited address, “Discovering burnout: Lessons learned from research and practice,” Western Psychological Association, April 2008.

Invited address, "A significant difference: Reflections on a psychology career," American Psychological Association, August 2007.

Keynote address, "Understanding job burnout," International Burnout Congress in Vienna, October 2006.

Keynote address, "Job burnout: New directions in theory, research, and intervention"
University of St. Petersburg, September 2006
Moscow State University, October 2006

Keynote address and workshop, "Understanding job burnout," International Stress Management Association in Brazil, June 2006.

"Burnout and change," Work, Stress and Health conference, March 2006.

Keynote address and workshop, "The truth about burnout," Association of Learning Providers, April 2005.

"Predicting changes in burnout: A new approach to longitudinal analysis," Society for Industrial and Organizational Psychology, April 2004.

Keynote address for workshops on "The truth about burnout," Copenhagen, Helsinki, Oslo, and Stockholm, May 2003.

Invited address on "The burnout syndrome: Results of a research project with health care workers in the Piemonte region of Italy" (with Michael P. Leiter), conference on Medici: Profilo psicologico di una professione, Turin, Italy, November 2002.

Invited address, "Burnout research," Nordic Institute for Advanced Training in Occupational Health, Finland, September 2002.

Invited address, "New directions in burnout research and intervention", American Psychological Association convention, August 2002.

Invited address, "Burnout and health," International Association of Applied Psychology, Singapore, July 2002.

"Organizational interventions for job burnout and engagement" (with Michael P. Leiter), International Association of Applied Psychology, Singapore, July 2002.

Keynote addresses for workshops on "Stress, depression, and burnout", Stockholm and Gothenburg, Sweden, October 2001 and May 2002.

"Understanding job burnout." Keynote address at conference on the problem of burnout in Sweden, Karolinska Institute, Stockholm, January 2001.