Using Imaginal Resources to Heal Shame - Nov 4 & % in Berkeley

Through the Looking Glass: Using Imaginal Resources to Heal Shame –
A Workshop for Therapists and Other Helping Professionals
with Sheila Rubin, LMFT, RDT/BCT and Bret Lyon, PhD, SEP, BCC

Saturday, November 4, 10am - 6pm & Sunday, November 5, 10:30am – 5:30pm

In Berkeley, just off the I-80

$350 full price  $285 Student/Intern rate
Special price for interns
13 CEUs for MFTs and LCSWs
CAMFT Approved CE Provider #134393

When clients get stuck in shame, the most powerful way to help them get unstuck may be to activate their imagination. In the Imaginal Realm, logic and time are fluid and flexible. What actually happened can be explored and changed. What was stuck in the cognitive realm can be reexamined and shifted. Shaming situations from the past can be revisited and resolved. In this workshop, we will utilize techniques from Drama Therapy, Focusing, Expressive Arts Therapy, Jungian creative imagination and Hakomi. We will explore the critical voices and/or the childhood scenes that are still driving the internal shame dynamic in the client. Once the shame is worked through in the Imaginal Realm the client can interact with the world differently.

TO REGISTER, please send full payment or a $100 deposit to:
Bret Lyon
830 Bancroft Way, Suite 102, Berkeley, CA 94710

Please include your email and phone number.
We accept PayPal. For details, email Bret at Bret@HealingShame.com.
Space is limited.
For details about our complete training program in Healing Shame, visit our website.
Register and pay for the full program for greatly discounted workshop registration.

For more information, call Bret at 510-420-1441 or email Bret@HealingShame.com.

You can also check out our articles and free Healing Shame webinars available on the Resources page of our website.
www.HealingShame.com

Healing Shame Workshops is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for therapists and other helping professionals. Healing Shame Workshops maintains responsibility for this program/course and its content.

STEM scholarships, fellowships, and postdoc positions


30+ graduate fellowships: http://pathwaystoscience.org/Grad.aspx

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Liv Detrick, Senior Advisor
The Institute for Broadening Participation (IBP) www.PathwaysToScience.org

The mission of the Institute for Broadening Participation is to increase diversity in the Science, Technology, Engineering and Mathematics (STEM) workforce. We design and implement strategies to increase access to STEM education, funding, and careers, with special emphasis on reaching and supporting individuals from underserved communities and underrepresented groups, including underrepresented minorities, women, persons with disabilities, first-generation college students, and students from underserved communities. The Institute for Broadening Participation is a 501(c)(3) organization, tax ID #20-1891162. Your contribution is tax-deductible to the extent allowed by law.

http://pathwaystoscience.org/giving.aspx

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Avi Rosenzweig
Nanoscale Science & Engineering Graduate Group
UC Berkeley Nanosciences & Nanoengineering Institute
548 - 65 Sutardja Dai Hall MC 1726
I cannot praise a fugitive and cloistered virtue, unexercised and unbreathed, that never sallies out and sees her adversary.
-----John Milton

➢ **Career Center Networking Event for students: Government and Law alumni/professionals!**

Career Connections: Government and Law
Thursday, Oct. 26, 6-8pm
Career Center, Blue and Gold Rooms

**RSVP** is highly recommended

The work of government and law professional significantly impacts the lives of us all, both here and abroad. Join us for this casual networking event to meet Cal alumni & professionals who have dedicated their career to addressing pressing issues that face our country, states, and cities. Some of our participating professionals/alums include:

- Attorney at Orrick, Herrington & Sutcliffe LLP
- Foreign Service Officer at U.S. Department of State
- Policy Associate at NextGen America
- District Director at CA State Assembly
- Corporate Counsel at Google
- Senior Operations Analyst at City & County of San Francisco
- Senior Staff Counsel at CA Education Audit Appeals Panel
- Founder & Director at Alameda Island Cannabis Community
- Independent Government Relations and Compliance Consultant
- Clinician at Alameda County Behavioral Health
- General engineer at U.S. Department of Energy - Livermore Field Office
- Case Manager at City & County of San Francisco
- Planner 1 (City Planning) at Contra Costa County Conservation & Development

....and more listed on Handshake.

-----What are Career Connections?-----
Co-sponsored by the Cal Alumni Association, Career Connections are your opportunity to meet face-to-face with alumni and professionals representing a variety of roles within a career field. The format connects you to individuals & opportunities in a low-stress, approachable environment. Following a brief kick-off and introductions, the session will consist of open networking with alumni, professionals, and peers who share your career interests. Gain insider knowledge about hiring practices and create meaningful connections
that could lead to a future internship or job!

Read complete details and RSVP on Handshake!

➢ Next Week: Opportunity to learn about genetic counseling

Good Afternoon,

I hope you are having a great end to your week!

I would like to invite you, your colleagues, and students to the KGI Genetics Visit Day next week where guests will learn about a career in genetic counseling. In particular, your students may have an interest in the Master of Science in Human Genetics and Genetic Counseling (MSGC) program. The KGI admissions staff would love to connect with you during the Visit Day to discuss how the MSGC program is a great graduate opportunity for students interested in the social sciences.

More information about the Visit Day, including the link to register, can be found below.

For any questions regarding the Visit Day or the MSGC program, please feel free to reach out to the KGI Pharmacy Admissions office at 909-607-9145 or pharmacy.admissions@kgi.edu.

I hope you can make it and we look forward to communicating with you further.

Best Regards,

JASON HARTFIELD
Senior Admissions Counselor, School of Pharmacy
Direct: 909.607.9227

Register for our Upcoming Events:
Genetic Counseling and Genomic Data Analytics Visitation Day - October 25
PharmD Visitation Day - November 4
Dissertation research inquiry

Dear Berkeley Psychology Advisors,

I hope this message finds you well! I am a 5th-year student in the clinical psychology PhD program at Loyola University Chicago. I'm writing to ask for your thoughts on the possibility of recruiting Berkeley Psychology Department seniors as participants in my dissertation research.

My project is a study of emotion regulation skills and related outcomes among college seniors preparing to graduate and enter the "real world." Participation involves completing an anonymous online survey that takes 15-20 minutes, and participants are given the opportunity to enter a raffle to win one of several $50 gift cards upon completing the survey. The project has received approval from the IRB at my home institution, and I am in the process of recruiting participants from several Universities around the country.

A major recruitment strategy so far has involved reaching out to undergraduate advising departments to inquire about possibly forwarding the news of my study as one of the announcements that you send out to majors. Does this sound like something that might be possible? If you have any alternative suggestions for connecting with Berkeley Psychology seniors to offer the opportunity to participate, I would absolutely be open to any such ideas.

My sincere thanks for your time and attention to my inquiry,

Evan

--

Evan Zahniser, M.A.
Clinical Psychology Doctoral Candidate
Loyola University Chicago

Synapse National Outreach

Hello,

My name is Jennifer Lee and I am a senior at the Massachusetts Institute of Technology. These past few years, I have been involved in serving individuals with brain injury through a student group called MIT BrainTrust, which ultimately shaped my decision to pursue a career in medicine.

My experience with BrainTrust was so impactful and rewarding that I decided to help establish a national organization, Synapse, which serves individuals with brain injury. Our mission is to provide a support network for these individuals and to empower students to
become leaders in their communities. Through Synapse, undergraduates collaborate with local physicians and community partners with the goal of improving quality of life for individuals with brain injury.

Synapse currently has chapters at MIT, Stanford, Oregon State University, the University of Pennsylvania, UCLA, and the University of Washington and is planning to expand this year.

I am thus writing to share the opportunity for undergraduates at your university to get involved by founding their own Synapse chapter (application here: tinyurl.com/applysynapse)! We are accepting applications for new chapter founders, with a deadline of November 17.

I was wondering if you would be willing to help spread the word by sharing this opportunity with your students. I have attached our flier below, which contains additional details about our organization and the application process.

Since we are only able to accept a limited number of new chapters each year, the application process tends to be fairly competitive. We encourage students to be thoughtful in their responses, and to draft their answers in a separate document before entering them into the application form.

Thank you so much for help - please let me know if you have any questions or if there is any additional information I can provide!

Best,
--
Jennifer J. Lee
Massachusetts Institute of Technology | Class of 2018
SB Candidate in Computer Science & Molecular Biology; Music
jjslee@mit.edu  |  (510) 919-9235

LSE Year Study Abroad Info Session

Dear Student:

The London School of Economics and Political Science has an exchange agreement exclusively with UC Berkeley, allowing Berkeley undergraduates the opportunity to study abroad at LSE for a YEAR through the LSE General Course. You will earn UC credit and your financial aid travels with you, as the program is offered through UCEAP - the University of California Education Abroad Program. Additional scholarships are available.
Interested in learning more about this unique and prestigious opportunity, and hearing directly from program alumni and LSE students?

Come to the
LSE Year Information Session
Wednesday, November 1
3:00 pm - 4:30 pm
223 Moses Hall

Note: This information session is for the *yearlong* LSE program ONLY. This session WILL NOT offer information for students interested in the LSE Summer School.

For more program information on the LSE Year program, including eligibility, please visit: [http://eap.ucop.edu/OurPrograms/United_Kingdom_England/Pages/london-school-econ.aspx](http://eap.ucop.edu/OurPrograms/United_Kingdom_England/Pages/london-school-econ.aspx)

Here's the link to the event on Facebook: [https://www.facebook.com/events/1089239957880257/](https://www.facebook.com/events/1089239957880257/)

Questions? Please contact Michelle Ayazi in Berkeley Study Abroad Office at mayazi@berkeley.edu

➢ **3 WEEKS UNTIL DEADLINE: IIS Undergraduate Merit Scholarship**

**INSTITUTE OF INTERNATIONAL STUDIES**
**UNDERGRADUATE MERIT SCHOLARSHIP**

**Description:** The Institute of International Studies (IIS) Undergraduate Merit Scholarship supports undergraduate research in any area of international studies. Research may be conducted independently, in congruence with an honors thesis, or while studying abroad.

**Application Details:** Applicants must submit a one-page research proposal and unofficial transcript. A letter of recommendation from a GSI or faculty member must be emailed directly to iis.grants@berkeley.edu. Further application details can be found on the IIS website: [http://iis.berkeley.edu/funding-opportunities/undergraduate-merit-scholarship](http://iis.berkeley.edu/funding-opportunities/undergraduate-merit-scholarship).

**Eligibility:** Open to any UC Berkeley junior or senior with a minimum 3.5 GPA who has completed at least one semester of study in residence at Berkeley. **All majors are eligible and encouraged to apply.** (Note: concurrent enrollment students are not eligible to apply.)

**Award Amount:** Merit scholarships will be up to $2000 each.

**Application Deadline: Monday, November 13, 2017.**
Please email iis.grants@berkeley.edu with any questions.

- **IIS undergrad $2K scholarship available to all majors**

  IIS Undergraduate Merit Scholarship

  Receive up to $2000 for undergraduate research in any area of international studies. Research may be conducted independently, in congruence with an honors thesis, or while studying abroad. **All majors** are eligible to apply.

  **Due Date: Monday, November 13, 2017**

  For more information, including details on how to apply, email iis.grants@berkeley.edu or visit the IIS website:

  https://iis.berkeley.edu/funding-opportunities/undergraduate-merit-scholarship

- **PhD in Developmental Psychology, Pittsburgh**

  **Apply for doctoral training at Pitt**

  The University of Pittsburgh's Developmental Psychology Faculty invite applications from talented students interested in doctoral study. Women and members of minority groups under-represented in academia are especially encouraged to apply.

  **Our students receive world-class training in Developmental Psychology because:**

  - **Our faculty anchor their work in multiple perspectives on development.** We conduct cutting-edge research in motor, language, social, cognitive, and emotional development. Collaborative research and cross-disciplinary training are at the heart of our department. This includes our joint Clinical Developmental Program, as well as cross-training with the Applied Developmental Psychology Program in Pitt’s School of Education.

  - **We use methods from multiple levels of analysis.** From observations with parents and in classrooms, to eye-tracking & psychophysiological methods, to assessments of neurobiology with EEG and fMRI, our research delves into the biological, psychological, and social factors that shape development. This allows for a fuller view of development, with the potential to focus on typical or atypical development, prevention and intervention, as well as understanding larger sociocultural influences on behavior. We also offer advanced quantitative training.

  - There is a large city-wide developmental psychology presence. In addition to our productive and well-funded faculty group, we have strong connections with other faculty in Psychology, Psychiatry, Social Work, and Education at Pitt. Our department also collaborates extensively with scholars at Carnegie Mellon University (just down the road from Pitt) and others in the broader Pittsburgh community. For example, Pitt’s Office of Child Development conducts a variety of applied projects that bridge university and community.

  - Graduate students are fully funded. The department provides up to six years of funding for students in good standing, through a mix of University and Departmental fellowships, grants, and teaching support. Additional resources are available to cover conference travel and professional development workshops. We offer merit-based first-year fellowships for outstanding students, including those from under-represented groups.